Sustainability in Teaching -course

Session 1

F102, Väre-building, Otaniemi



Aalto-yliopisto Aalto-universitetet Aalto University 17.3.2023 12-15

Sessions and assignments



Α"

Aalto-yliopisto Aalto-universitetet Aalto University Deadline of *Reflective assignments* always on Tuesday at 12.00 before the next session

Session outline

1. Your expectations

- 2. Getting to know each other
- 3. Sustainability a short introduction

Break 10-15 min

- 4. Sustainability in your fields: First reflections
- 5. Sustainability education

Break 5 min

6. My starting point as a teacher -exercise



Your expectations

Learn how to bring sustainability in teaching in general

"How could we connect sustainability to teaching."

"To master my knowledge of integrating sustainability in teaching."

"To learn about different methods of integrating aspects of sustainability into courses."



Develop own course further / transforming own teaching

"To test, reiterate and develop the course together with its learning objectives etc. "

"How sustainability can be implemented so that it is practiced/lived also in teaching; so that teaching itself becomes sustainable and does not merely support the accumulation of shortterm knowledge."

"How to go from a keyword to a mindset?"

Sustainability and sustainability education in Aalto

"How we are expected to bind our teaching with Aalto's sustainability strategy. What should be the amount of sustainability subject matter outside the core knowledge of our own fields?

"To learn more, and to get to know what is the understanding of sustainability and sustainability teaching in Aalto at the moment."

Sharing experiences and building a teaching community

"To have collegial support, ideas and networking regarding these issues"

"Learn best practices of teaching sustainability to students."

"This is also an opportunity to hear from other fields what are the sustainability related topics they may cover."

Warm-up (5min)

Draft individually (in keywords / writing or drawing):

What does sustainability mean to you?



Aalto-yliopisto Aalto-universitetet Aalto University

Mocktail party

General guidelines:

- Find 1-2 colleagues you don't know in advance
- Discuss until bell rings (~5 min)



Change groups.

Discuss with a new group.

Topic of discussion:

• Tell your colleagues what you drafted about sustainability. Elaborate.

Round of spontaneous comments!





Introduction to sustainability



Anthropocene – the Epoch of Man (CRUTZEN 2002)



Indefinite growth on a finite planet?





Planetary Boundaries

- Earth system = life supporting processes
- Defining and quantifying a safe operating space for humanity
- Nine boundaries





PB origins: Rockström et al 2009, updated Steffen et al 2015b) Persson et al. (2022). Outside the Safe Operating Space of the Planetary Boundary for Novel Entities. *Environ. Sci. Technol.* 2022, 56, 3, 1510–1521

Safe and just operation space for humanityThe doughnut modelHow is it going?



Sustainability crisis

- Complex
- Interconnected + reinforcing
- Large scale global
- Long-term and pervasive
- Involving uncertainty
- Including contradiction and tradeoffs
- Including conflicts of values

"Era of chronic multicrises" (Hukkinen 2021)



Aral Sea, Unsplash



Sustainable Development is...

"...development that meets the needs of the present while safeguarding Earth's lifesupport system, on which the welfare of current and future generations depends." (Griggs et al 2013)

"Sustainable development is an oxymoron". (Brown 2015)

> Human centric Value laden Political Contested

Sustainable development is "constructively ambiguous". (Robinson 2004)

Aalto-yliopisto Aalto-universitetet Aalto University

What is being sustained?



World as a resourceInterconnectedRegenerativeAnthropocentricEcocentric



Comments?





Aalto-yliopisto Aalto-universitetet Aalto University

Break





Aalto University

Designated groups

Group 1: Sofia, Dina, Astrid

Group 2: Henriikka, Petra, Nina
Group 3: Tom B., Tom R., Hakan, Lena
Group 4: Neha, Tiia, Weiwei, Gerhard
Group 5: Donya, Anahita, Mika, Dandan
Group 6: Karin, Christine, Susa





Small group discussion

General guidelines:

Table groups: (15 min)

- Designated groups
- Team chair: last one to celebrate birthday this year
- Decide who will briefly report back to the whole group

Topic of discussion:

Based on your advance readings and previous discussions:

- What new (or surprising) did you learn about sustainability?
- Which sustainability dimension(s) are most pronounced in your field? Elaborate.



Sustainability (in) education



Vocabulary and concepts

Terminology: (Higher) Education for sustainable development (H)ESD *(EESD in engineering);* Sustainability in higher education SHE; Sustainability education; Education for sustainability EfS; Sustainable education

Education on sustainability (what)

- Add-on / Bolt-on: Separate courses / modules / programmes
- Awareness on sustainability

Education for sustainability (what & how)

Built-in / Integration: Brought to disciplinary courses, doing things better

Education as sustainability (what & how & why)

Re-building / Transformative: Doing better things

Aalto-yliopisto Aalto-universitetet Aalto University Education aiming to support students' abilities to contribute to a change towards sustainability



Goal: Students who are able to contribute to a more sustainable world

Sustainability related knowledge

Sustainability related skills/ competencies Knowledge about the connections between one's own field and sustainability challenges and solutions

Skills to participate in solving sustainability challenges from the perspective of one's own field

Motivation and courage to act

Field(s) specific knowledge Field(s)

specific skills

Academic knowledge and skills

E.g. critical thinking, research skills, interpersonal skills



Goal: Students who are able to contribute to a more sustainable world

Sustainability related knowledge

Sustainability related skills/ competencies Knowledge about the connections between one's own field and sustainability challenges and solutions

Skills to participate in solving sustainability challenges from the perspective of one's own field

Motivation and courage to act

Field(s) specific knowledge Field(s)

specific skills

Academic knowledge and skills

E.g. critical thinking, research skills, interpersonal skills



Types of knowledge for sustainability (Soini et al 2022)

System knowledge (What is?)

- Understanding socio-ecological systems, structures, developments and ways of working
- Descriptive, explanatory, sets frames for the context of the more specific problem
- Enables identification of leverage points for change, alternative pathways

Target knowledge (What should be?)

- Clarifies the desired target states, involves values, contradicting targets by different stakeholders
- Important for decision making

Transformative knowledge (How?)

- Solution oriented knowledge: examines status quo critically, contributes to change, renewing ways of thinking and acting
- Includes reflexivity, (meta)learning

Speculative knowledge (What if ..?)

- Identifying and dealing with uncertainties, unanticipated effects
- Understanding counter forces of sustainability transformations

Aalto-yliopisto Aalto-universitetet Aalto University

Goal: Students who are able to contribute to a more sustainable world

Sustainability related knowledge

Sustainability related skills/ competencies Knowledge about the connections between one's own field and sustainability challenges and solutions

Skills to participate in solving sustainability challenges from the perspective of one's own field

Motivation and courage to act

Field(s) specific knowledge Field(s)

specific skills

Academic knowledge and skills

E.g. critical thinking, research skills, interpersonal skills



Change towards sustainability

- Deliberate, unintended
- Incremental, disruptive

Spheres of sustainability transformation (O'Brien, 2018)

- Practical (technical, behaviours)
 - direct contribution to desired outcome, measurable
- Political (systems and structures)
 - facilitates or constrains practical
- Personal (beliefs, values, worldviews)
 - influence understanding of practical and political
- Personal and political generate conditions for practical transformations



Modified from O'Brien 2018.

Aalto-yliopisto Aalto-universitetet Aalto University

All spheres necessary and must be recognized!



Examples

Practical:

- New component increasing energy efficiency of industrial process
- Behavioral change: car -> bicycle

Political:

- + R&D funding for component development
- No bike lanes available or maintained

Personal:

- Belief that cycling is dangerous
- + Choosing study path for job in enhancing energy efficiency

Small group discussion

Topic of discussion:

General guidelines:

- 1. Individually (5 min)
- 2. In groups of 2-3 (15 min)
- Designated groups

Think of **your field** and the spheres of change

- What types of knowledge does your field contribute to?
- Which spheres of change does your field contribute to?



You get to continue these reflections in your home assignment

System knowledge (What is?)

- Understanding socio-ecological systems, structures, developments and ways of working
- Descriptive, explanatory, sets frames for the context of the more specific problem
- Enables identification of leverage points, alternative pathways

Target knowledge (What should be?)

- Clarifies the desired target states, involves values, contradicting targets by different stakeholders
- Important for decision making

Transformative knowledge (How?)

- Solution oriented knowledge: critical to status quo, contributes to change, renewing ways of thinking and acting
- Includes reflexivity, (meta)learning

Speculative knowledge (What if ..?)

- Identifying and dealing with uncertainties, unanticipated effects
- Understanding counter forces of sustainability transformations





Break





Aalto University

Towards integrating sustainability

- Identifying your starting point as teacher
 - Your unique situation in terms of course topics, practical limitations, leeway to do changes
- Refining your goals for this course?
 - Finding meaningful sustainability connections
 - Integrating specific themes and content
 - Developing teaching methods
 - ...



Looking for starting points for sustainability integration: I work on..



How did it go?



Aalto-yliopisto Aalto-universitetet Aalto University

Sessions and assignments



A"

Aalto-yliopisto Aalto-universitetet Aalto University Deadline of *Reflective assignments* always on Tuesday at 12.00 before the next session

Before next session...

- Home assignment: Instructions and assisting questions in MyCourses (dl 28.3. noon)
- Reading task: Wiek et al. 2011 (pdf in MyCourses).

Next session Fri 31.3.2023 (in Zoom)!

Save the date: 5.5. afterwork with sustainability board games – poll coming in the next session.



Questions, comments

f 🖸 У 🖻 🌲 in.

aalto.fi



Literature

Brundtland report: G. H. Brundtland et al, "Our common future", World Commission on Environment and Development (1987)

Crutzen PJ. 2002. Geology of Mankind. Nature 415(January):23

Griggs, D., Stafford-Smith, M., Gaffney, O. et al. Sustainable development goals for people and planet. Nature 495, 305–307 (2013). https://doi.org/10.1038/495305a

Hukkinen, Janne 2021: https://www.helsinki.fi/fi/uutiset/ilmasto-ja-luonnon-monimuotoisuus/ennen-seuraavaa-kriisia-tarvitsemme-jatkuvasti-paivitettavan-suunnitelman

James H. Brown, The Oxymoron of Sustainable Development, BioScience, Volume 65, Issue 10, 01 October 2015, Pages 1027–1029, https://doi.org/10.1093/biosci/biv117

Kolmos, A., Hadgraft, R.G, Holgaard, J.E., 2016. Response strategies for curriculum change in engineering. Int. J. Technol. Des. Educ. 26, 391–411, https://doi.org/10.1007/s10798-015-9319-y.

O'Brien, K. (2018) Is the 1.5°C target possible? Exploring the three spheres of transformation, Current Opinion in Environmental Sustainability, 31: 153-160 https://doi.org/10.1016/j.cosust.2018.04.010.

O'Neill, D.W., Fanning, A.L., Lamb, W.F. et al. A good life for all within planetary boundaries. Nat Sustain 1, 88–95 (2018). https://doi.org/10.1038/s41893-018-0021-4

Raworth, K., "A Safe and Just Space for Humanity: can we live within the doughnut", Oxfam Discussion Papers (2012)

Robinson, John. 2004. Squaring the circle? Some thoughts on the idea of sustainable development. Ecological Economics 48, no. 4:369-384.

Rockström, J., et al, "A safe operating space for humanity", Nature 461: p472-475, (2009)

Soini et al. (2022). Mitä on kestävyystiede? In: Halonen, T., Korhonen-Kurki, K., Niemelä, J., Pietikäinen, J (eds.) Kestävyyden avaimet: Kestävyystieteen keinoin ihmisen ja luonnon yhteiseloon. Helsinki: Gaudeamus (Nov, 2022).

Steffen, W. et al (2015a) The trajectory of the Anthropocene: The Great Acceleration. The Anthropocene Review 2 (1): 81-98. https://doi.org/10.1177/2053019614564785

Steffen et al. (2015b). Planetary Boundaries: Guiding human development on a changing planet. Science Vol. 347 no. 6223

Sterling, S., 2001. Sustainable education: Re-visioning learning and change. Schumacher Briefings. Schumacher UK.

Aalto-yliopisto Aalto-universitetet Aalto University