




FROM A COGNITIVE POINT OF VIEW 1

Anna-Mari Rusanen
Cognitive Science
Digital Humanities

HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI


Presentation Name / Firstname Lastname 29/09/2023 1




WHAT IS COGNITION?

- Information processing -> **intelligent behavior**
- Intelligent behavior:
 - Flexible, adaptive and purposeful action
 - In complex, partially predictable environment



Focus on action control, not in mind-as-a-mirror-of-the-world



(a)



(b)

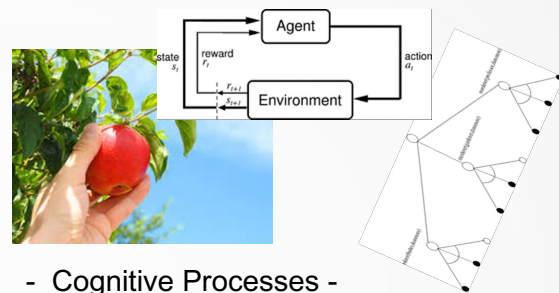
HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



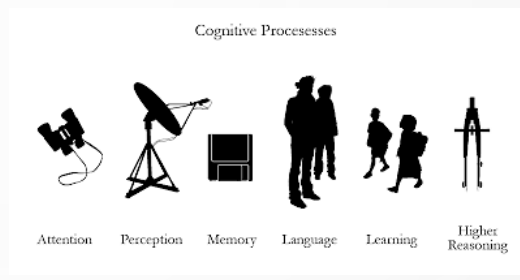
COGNITION

A cognitive agent: What should one do next in a changing environment?

- Focus: Cognitive control of action/interaction **in** an environment
- Framing: how the interaction impacts on cognitive processes/information processing tasks
- What information processing tasks?
- **Which processes/mechanisms?**
- By which principles? Why?



- Cognitive Processes -



BASIC PRINCIPLES: 1. SEEK FOR OPTIMAL STRATEGIE(S)

- Cognitive systems: the optimally efficient result with minimal costs
 - *Goal: optimal result ("effect") with minimal costs ("efforts")*
 - *Goal: good decision, succesful action, novel ideas...*
 - *Efforts: energy costs, memory load,...*
- **BUT**, biological brains computationally limited:
 - can process only **a small subset** of information available
 - *Pressure to reduce the amount of information*
 - *Evolutionary hard wiring*
 - *Learning, culture, social interaction*
 - "Starting point for cognition friendly design"

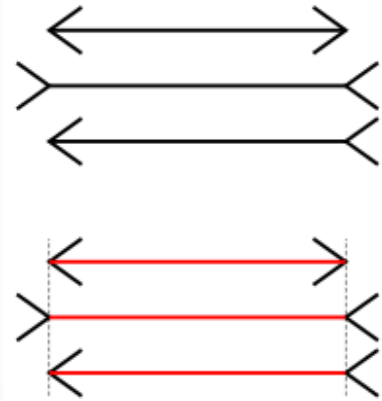
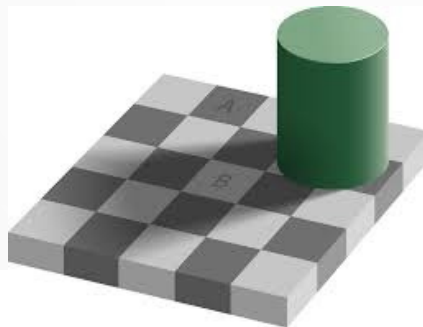
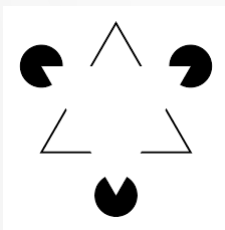




BIOLOGICAL BRAINS ARE COMPUTATIONALLY LIMITED:

Perception: We don't perceive world as it is

Both bottom up (sensory input) and top down (higher level control) guidance of perceptual processes



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



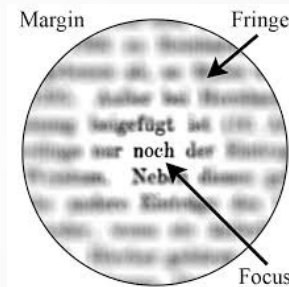
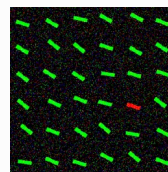
BIOLOGICAL BRAINS ARE COMPUTATIONALLY LIMITED:

Perception: We don't perceive world as it is

Both bottom up (sensory input) and top down (higher level control) guidance of perceptual processes

Attention: We can't focus on many things at same time

Selective attention: directs our awareness to relevant stimuli while ignoring irrelevant stimuli in the environment

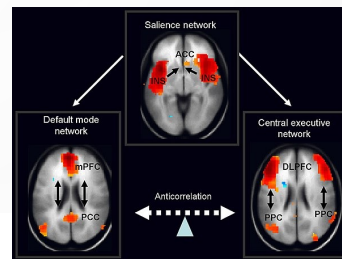
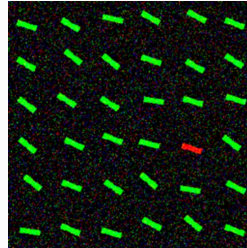


HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



SELECTIVE ATTENTION: MECHANISMS - EXAMPLE: SALIENCE (PERCEPTION)

- Early visual processing
- **A property of stimuli; how an item is different?**
 - Vision: color, brightness, shape...
- pop up- effect
- Directs attention



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



BIOLOGICAL BRAINS ARE COMPUTATIONALLY LIMITED:

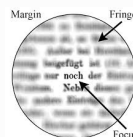
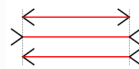
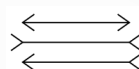
Perception: We don't perceive world as it is

Both bottom up (sensory input) and top down (higher level control) guidance of perceptual processes

Attention: We can't focus on many things at same time

Selective attention: directs our awareness to relevant stimuli while ignoring irrelevant stimuli in the environment

Memory: We can't remember everything



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



TAKE A LOOK AT THE PICTURE



WHAT WAS IN THE PICTURE? - MAKE A LIST



TAKE A LOOK AT THE PICTURE



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI

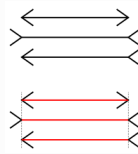
29.9.2023 11



BIOLOGICAL BRAINS ARE COMPUTATIONALLY LIMITED:

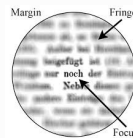
Perception: We don't perceive world as it is

Both bottom up (sensory input) and top down (higher level control) guidance of perceptual processes



Attention: We can't focus on many things at same time

Selective attention: directs our awareness to relevant stimuli while ignoring irrelevant stimuli in the environment



Memory: We can't remember everything

The capacity of working memory (+/- 4 items)

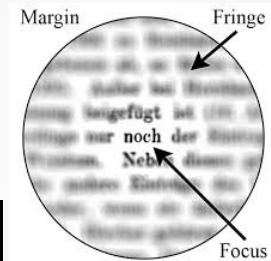
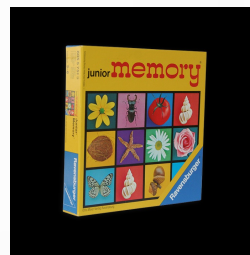
The structure of long term memory (schemes, narratives, etc)

HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



BIOLOGICAL BRAINS ARE COMPUTATIONALLY LIMITED:

- The world is too complicated for us...
- 1. Perception: We don't perceive world as it is
 - Both bottom up (sensory input) and top down (higher level control) guidance of perceptual processes
- 2. Attention: We can't focus on many things at same time
 - Selective attention: directs our awareness to relevant stimuli while ignoring irrelevant stimuli in the environment
- 3. Memory: We can't remember everything
 - The capacity of working memory (+/- 4 items)
 - The structure of long term memory (schemes, narratives, etc)



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI

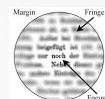


BIOLOGICAL BRAINS ARE COMPUTATIONALLY LIMITED:

- The world is too complicated for us...
- **4. Reasoning, decision making, problem solving:**
 - require a lot of processing
 - **To reduce the amount of cognitive "load" we rely on heuristics, familiar narratives, cultural codes etc...**
 - **Support for memory**
- 5. Communication;
 - language + other publicly shareable symbol systems tools for (i) transmitting information ("communication") and (ii) extending our cognitive capacities
 - Abstract concepts, conceptual systems, narratives, familiar frames, external tools (visualizations, books, displays...)

- For example; which one is true?

1. I saw a ~~black~~ ~~cat~~ this morning
2. I saw a grey cat this morning

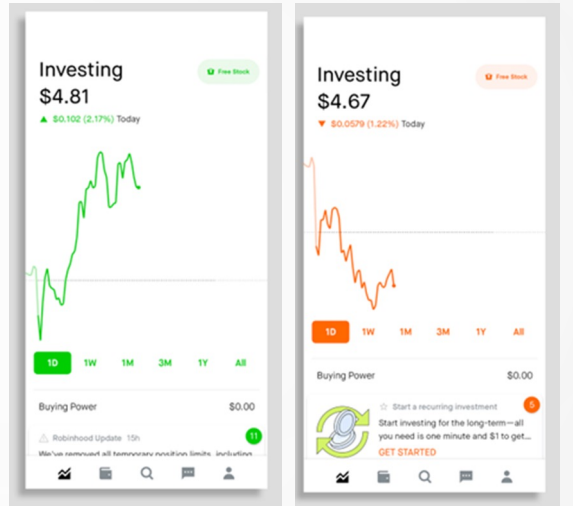


HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI

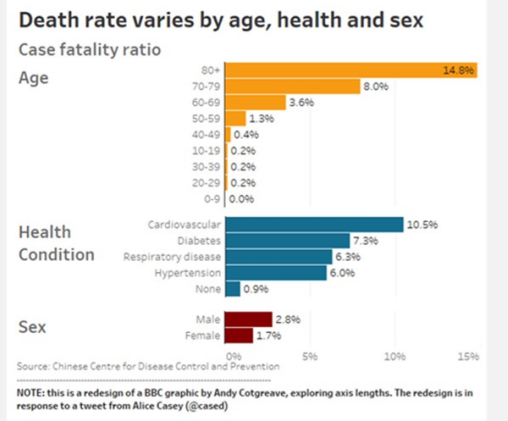
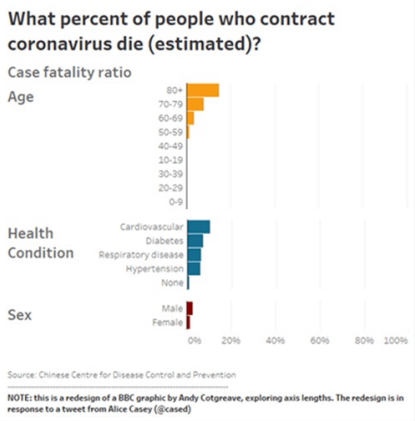


A GROUP WORK: - VISUALIZATIONS

- Select a visualization, for example a graphic display for investing
- How does this visualization utilise knowledge on human cognitive systems?
- Perception, attention (salience)
- Memory (decreasing memory load)
- Problem solving, decision making
 - Narratives, codes, symbols,...?



SOMETIMES THEY GO WRONG...





A GROUP WORK: TASK

Prepare a presentation, where you describe

- The selected visualization
- Analysis of it from a cognitive point of view
- Comments:
- Accessibility issues: is the content available to all, or some limitations?
- possible underlying "messages"?
- lessons to be learned?



SOME INFORMATION ON COGSCI COURSES

- Courses.helsinki.fi:
- Search by a code **LDA-C** for the **course list**
- Information about the courses, places, times...



60° 10 1.2 N, 24° 57 18 E

HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI

Presentation Name / Firstname Lastname 29/09/2023 19