

Communication competence

What is communication?

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Verbal and nonverbal communication

Nonverb. comm. as argumentation (a bit complicated but interesting examples)

Challenges in argumentation

Arguments and identity, attitudes, prejudice

Check out: cognitive distortions

the danger of a single story by Chimamanda Ngozi Adichie

Listening skills: orientations / attitude / self-expression

Kate Murphy: You´re not listening

Self-expression: maxims of conversation

Communication accommodation

A!

What is empathy? - - cognitive skills (not necessarily being nice)

Is it possible to say what I think / what I want to say?

- ----- assertive communication

Invitational rhetoric

The right to assertiveness

- right to decide what are your objectives and priorities
- right to be treated with respect (no matter the status)
- right to express your needs
- right to change your mind
- right to say no / I don't know / I don't understand
- right to get angry / sad

Logical fallacies (yourlogicalfallacyis.com)

- 1. Choose 2-3 and come up with examples + context**
- 2. How could you respond in an assertive way?**