CEMS Leadership and Self-development 42E01000 3 ects SYLLABUS

(12.09.2018)

Instructors' contact information	Course information
Name Rita Järventie-Thesleff & Jari Ylitalo E-mail <u>rita.jarventie-thesleff@aalto.fi</u> &	Status of the course Academic Year, Period
jari.ylitalo@aalto.fi	Location
Office	Language of Instruction English
Office Hours	Course Website
Intructor's Webpage	Teaching Assistants

1. OVERVIEW

This introductory course to the Global Management (incl. CEMS MIM) programme aims to provide a foundation for the GM/CEMS-students to analyze, identify and develop 'leadership' and 'leading' in organizations and in teams, and to plan and take ownership of their personal development, self-management and well-being.

During this unique, intensive and interactive seminar, organized in close corporate collaboration, the students will learn to challenge the traditional, heroic views on leadership. As an alternative, the participants will be invited to explore and discuss the relational and collaborative approaches to leadership. Furthermore, students will be acquainted with principles of self-coaching and they will learn how to make a personal plan for continuous learning and reflection.



Basically, personal development takes place over the course of a person's entire life. This course aims to sensitize the students to personal development and self-development issues. We will discuss Personal Development Planning and its three elements: reflection, self-awareness and action planning. Students will work on personal development plan based on individual tests.

The course will be organized as an intensive weekend course – from Friday to Sunday, including evening activities (28.-30.9.2018).

2. PREREQUISITES

You must be part of the GM/CEMS or CEMS MIM programme.

3. LEARNING OUTCOMES

After the course, you will be able to:

- Embrace the concepts of 'Leadership as practice' and 'Leading as practice'
- Set goals for your personal development
- Strengthen your Interest in continuous learning and reflections

4. ASSESSMENT AND GRADING

Pre-work: leadership narratives and insights from pre-readings Active participation Personal development plan

Pass / Fail

5. ASSIGNMENTS

- Leadership narratives: Familiarize yourself with the leadership articles and write a. your key takeaway of the articles (new aspects and possible questions that the articles provokes in you), length 4-6 pages and b. write a leadership narrative about a challenging situation of something that you have been part of or what you have observed in a 'real life' context. In the narrative, please describe the situation and analyze the role of different actors and elaborate what contributed to the success or failure of the situation, length 2-3 pages. Upload them to MyCourses by Wednesday 25. September at 13:00. Additionally, please, bring three (4) hard copies of your leadership narrative to the first day. It will be used in the afternoon group work!
- Please, complete the Hintsa wellbeing test (https://www.hintsa.com/better-life-pulse/)
- Have a look also at the Lean service creation -booklet
- Active participation: Be active both during the class discussions and in making your personal development plan.



6. READINGS

The reading list consists of the following:

- 1. Alvesson, Blom, Svenningson (2017) Perspectives on Leadership
- 2. Alvesson, Spicer, (2016) Leadership induced Stupidity
- 3. Raelin (2016), Imagine there are no leaders: Reframing leadership as collaborative agency, Leadership
- 4. Wilfred H. Drath and Charles J. Palus (1994) Making common sense, Leadership as meaning-making in a community of practice, *Center for Creative Leadership*
- 5. Brigid Carroll (2008) Leadership as Practice: Challenging the Competency Paradigm, *Leadership* 4(4):363-379
- 6. https://www.leanservicecreation.com/material/LSC%20Handbook%201.82.pdf

Additional suggestions:

- Raelin (2004), Don't bother putting leadership into people, Academy of Management Executive
- Cunliffe & Eriksen (2011), *Relational leadership, HR*

7. PRELIMINARY SCHEDULE

Session	Date	Topic	Readings	Assignment Due Date
Aalto BIZ – G-107	Friday 28.9.2017	Introductions, Leadership and Self- management	 9:00 Introducing the course, its objectives & actors 9:45 Setting the scene by discussing the Future CEO survey and current changes in leadership expectations & discussion, Rita 10:30 Coffee 10:45 Theory & discussion on prereadings, practice-based view, Jari 12:00 Lunch 13:00 Workshop on Leadership narratives – ask questions, construct interpretations based on LAP 14:30 Coffee 14:15 5 min presentations. Insights on leadership as practice. 16:00 Pause 16:15 Building organizational and cultural renewal with positive approach & mini-cases, Outi Sivonen / Finnair 18:00 Dinner at Chydenia 	Assignments due by 25. September
Futurice, Annankatu 34 B	Saturday 29.9.2017	Lean service creation, Leadership and Reflection	 9:00 The 'story of Futurice', Jori Mäkkeli 9:45 Coffee 	



Session	Date	Topic	Readings	Assignment Due Date
			 10:00 Lean service creation as an approach and as a support to LAP-culture / Futurice, Nelli Myllylä 11:00 Mini-cases, Sami Koskela 11:30 Lunch + working on the cases 13:30 Case presentations 14:30 Coffee 14:45 On Reflection, Jari 15:15 Reflection on the group work 16:15 Corporate cultures and leadership: Finnair and Futurice 18:00 Mix and Mingle @ Futurice 	
Fazer-hall	Sunday 30.9.2017	Leading as practice & development plans	 9:00 Challenges of managing yourself, Juha 9:30 Identity & purpose, Juha 10:30 Coffee 10:45 Individual & group work on personal development, roles & objectives 12:00 Lunch 13:00 How to manage your mental & physical energy, Juha 14:00 Coffee 14:15 Discussion on next steps 16:15 Recap & Feedback 17:00 End of the seminar 	

8. TEACHERS AND VISITORS

Jari Ylitalo

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Rita Järventie-Thesleff

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Juha Äkräs

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Jori Mäkkeli

https://www.linkedin.com/in/jorimakkeli/

Nelli Myllylä



https://www.linkedin.com/in/nellimyllyla/

Outi Sivonen

https://www.linkedin.com/in/outi-sivonen-1288744/

9. COURSE WORKLOAD

Classroom hours	30
Class preparation	25
Assignments	25
Total	80 h (3 op)

10. ETHICAL RULES

Aalto University Code of Academic Integrity and Handling Thereof> https://into.aalto.fi/pages/viewpage.action?pageId=3772443

11. OTHER ISSUES

- Registration to course
- Course Policies
- Retrieving Course Materials
- References
- Rubrics