

A large moose with impressive, dark brown antlers is the central focus of the image. The moose is positioned in the middle ground, facing slightly to the right. Its antlers are wide and have several sharp points. The background is a dense forest with green foliage, and the foreground is filled with dry, brownish vegetation. The overall scene is natural and serene.

A!

Aalto University
School of Chemical
Engineering

First days in Finland

*How to get started-
Practical information*

About the schedule

Today:

- First days in Finland-how to get started?
- Info on academic affairs & study culture for exchange students
- Lunch break
- Finland –cooler than you think
- Gaining global competence
- Coffee break
- IT-tools and Course registration, KE2 and IT-classrooms

Friday 4 January

- Common orientation for all new exchange students, 12-15
- Service Fair 15- approx. 16.30

Housing

If you *do not* have housing:

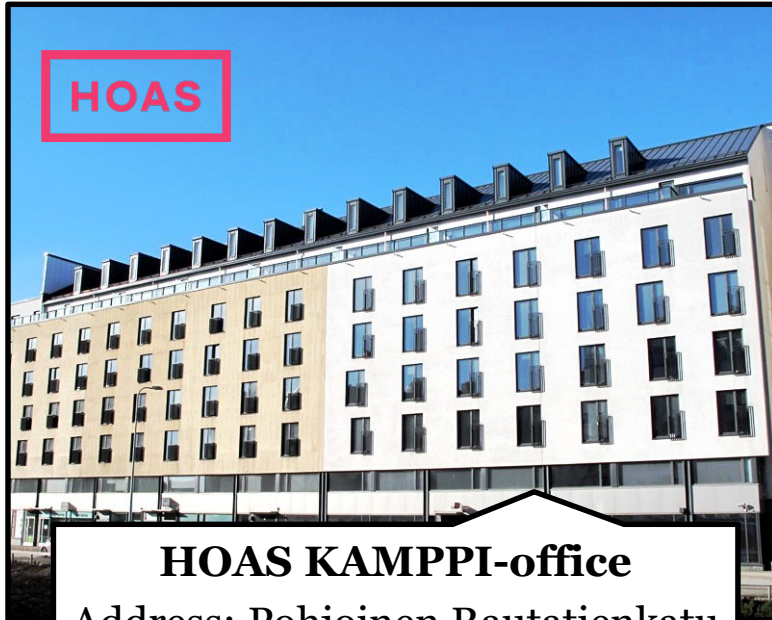
- Check INTO -pages for hints on how to find housing



HOAS & AYY main providers for students

- Contact the housing providers directly, University does not own the housing
- Remember: if your tenancy agreement is for fixed period of time, it CANNOT be terminated earlier





HOAS KAMPPI-office

Address: Pohjoinen Rautatienkatu
29, Helsinki

open 9-16 on weekdays

KAMPPI@HOAS.FI



Student Union (AYY)

Secretariat (Otakaari 11)

Open: 12.00–16.00 on weekdays.
9.00–16.00 on the first weekday of
every month.

asuntotoimisto@ayy.fi

Oh, behave! 1/2



Some rules/tips about living in shared housing in Finland:

- Pay the rent in time (monthly in advance)
- Respect your flat-mates (night-time peace)
- A key is for the use of tenant only
- Handing out the apartment or any part of it over another person, without permission, is not allowed
- You are responsible for the apartment and household equipment and liable for any damage (e.g. water damage)
- Smoking inside is forbidden (everywhere in Finland)
- Keep the place tidy! Sort and recycle



Oh, behave! 2/2



Some rules/tips about living in shared housing in Finland:

- Find out different tenant activities in your building
- Note from previous students: the keys can be wonky (the inside doors lock automatically in student housing. So keep your keys about.)
- Deposit will be returned after you move out and the landlord has checked the apartment
 - *The apartment will be inspected during the last month of the tenancy (checking the condition of the apartment)*
 - *The apartment must be emptied out from personal goods*
 - *Clean the apartment before moving out*
 - *Return your key on time*



Residence permit & Maistraatti (local register office), *exchange students*

Outside EU/EEA
countries

Residence permit
applied before
arrival
→ No need to do
anything upon
arrival

EU-citizens

Registering the
residence if staying in
Finland over 3 months:

At the Migri service desk
Note! Appointment required!
Helsinki: Käenkuja 3A2,
Mon-Fri 8-16.15
<https://e-asiointi.migri.fi>
Submit application
electronically!
**However, personal visit at
Migri is also required**

NO Maistraatti
registration necessarily
required from exchange
students

- No home municipality
- **Finnish personal id-code!** From Maistraatti or Migri (if not admitted with residence permit)
- Notification of move = muuttoilmoitus (Maistraatti/post office)

MIGRI, Maistraatti and Police 1/2



MAAHANMUUTTOVIRASTO
MIGRATIONSVERKET
FINNISH IMMIGRATION SERVICE

MIGRI = FINNISH IMMIGRATION SERVICES

- Residence permits (new permits and extensions)
- EU-citizens registration
- *Remember to choose to apply for Finnish personal ID-number in the application as well!*

POLIISI = LOCAL POLICE DEPARTMENT

- Finnish ID-card
- Driving licenses etc. (licenses and permits)

MIGRI, Maistraatti and Police 2/2

MAISTRAATTI = LOCAL REGISTER OFFICE



Students staying over 1 year in Finland are required to register

- Everyone must be registered in the Population Information System (Finns and foreigners alike)
- Finnish ID-code (if not applied from MIGRI)

You can apply for home municipality and Finnish ID-code

- Permanent home municipality is required from degree students before buying a travel card (discount prices)
- Note: EU-citizens must have their residence registered at MIGRI before decision on home municipality can be made

Offices

MIGRI SERVICE POINT in Helsinki

- Käenkuja 3A2, Mon-Fri 9-16.15 (online appointment booking!)

Helsinki Maistraatti

- Albertinkatu 25 (in the corner of Bulevardi)

Maistraatti / Post office: **Notification of Moving**

Embassy: check the nearest embassy of your country

Getting around the metropolitan area

HSL

- Helsinki Region Transport (HSL) organizes the public transport in the metropolitan area.
 - Produces bus, tram, metro, ferry and commuter train services

Journey Planner at <http://www.reittiopas.fi/en/> (also as an app)

Check hsl.fi for updated info!

- New zones to be introduced in 2018, and taken into use in 2019 - the prices will change!

Getting around the metropolitan area

Ticket types

Single ticket

- SMS ticket, mobile app ticket, from ticket machines and bus drivers
- internal or regional ticket
- no student discount available
- for the occasional user

Travel card

- personal or multiuser card
- value or period ticket
- internal or regional travelling
- **student discount available**
- for the frequent user

Day ticket

- internal or regional tickets
- travel time between 1-30 days
- available from the mobile app
- no student discount

Travel card & student discount

Exchange and double degree students

- HSL form for **exchange students** is required
 - From student services of your own school
- Discount is admitted with the form

Degree students

- HSL form for **degree students** is required
 - From student services of your own school
- Also home municipality must be registered at Maistraatti before full student discount is admitted
 - If, for some reason, permanent home municipality is not granted, student can buy a normal “adult prized” travel card

HSL service points

- Helsinki
 - Railway/metro station
- Espoo
 - Tapiola, Cultural Centre
 - Leppävaara, Sello Shopping Centre

Getting around Finland

Trains

- VR <https://www.vr.fi/cs/vr/en/frontpage>

Busses

- Matkahuolto <https://www.matkahuolto.fi/en/>
- Onnibus: <http://www.onnibus.com/en/index.htm>

Student discounts in long distance trains and busses

- official Finnish student card (Frank)
- VR: - 30% (general tickets), Matkahuolto -50%
- *A valid student card must be presented during ticket inspection*

Shopping

Furniture + household goods

- IKEA (free bus)

Groceries

- **Alepa and K-market** in A-block (Otaniemi metro station)
- **Lidl** (e.g. Leppävaara, Sello, Kamppi)
- Hypermarkets: **Prisma, Citymarket** (e.g. Sello, Iso-Omena, Ruoholahti)

Shopping centers:

- **Sello**
Leppävaarankatu 3-9, Leppävaara
- **Iso-Omena**
Piispansilta 11, Matinkylä
- **e.g. Kamppi, Forum, and Galleria**
Helsinki city center
- **Ainoa**
Tapionaukio 4, Tapiola

Recycling

Recycling centers in Espoo:

- Suomenoja
- Nihtisilta
- Otaniemi – Servin Maijan tie 6D
 - note: limited opening hours!

See also:

- Telegram Group “Annetaan tavaraa – Otaniemi”
 - <https://t.me/annetaantavaraa>
- Facebook group “Teekkari Village’s Market”
- AaltoShareTribe



Recycling events in Otaniemi

Follow AYY in Facebook for more info on the events!

A!

Aalto University
School of Chemical
Engineering

A photograph of the Aalto University Otaniemi Campus building, a long, curved structure with a dark, metallic facade and large windows. In the foreground, there are large, grey rocks and a prominent white sculpture resembling a lotus flower. A person in a blue jacket is walking on a path near the sculpture. The sky is overcast, and trees with autumn foliage are visible on the left.

First days at
Aalto University
Otaniemi Campus

Enrolling

First: pay the student union fee at AYY office (Otakaari 11) (if not paid before)

- Compulsory for degree students
- Highly recommended for exchange students (more benefits)

Enroll in person at the school's Student Services Desk

- Building of Chemical Engineering, room C208 (Kemistintie 1)
- You will get:
 - *IT account (if any problems, please contact IT Service Desk in Otakaari 1)*
 - *HSL form*
 - *Certificate of student status*

REMEMBER TO MAKE SURE THAT YOUR PERSONAL FINNISH ID-CODE IS UPDATED IN STUDENT REGISTER!

Student card "Frank"

- **Easiest way to prove your student status in Finland**
- **Available for members of the Student Union**
 - = Student Union fee must be paid
- **Online application (payment with credit card):**
 - <http://ayy.fi/en/students/membership-and-fees/studentcard/>
 - <https://www.frank.fi/en/studentcard/>
 - Different options: digital card (Frank app)
 - *Requires a Finnish personal ID-code*
 - plastic card with / without payment functionality (combination with Danske bank's debit card)
- **Before you have Frank, keep the certificate of student status**
- **Note: other benefits only with Frank**



Buildings

University buildings open 07:45-20:00 (generally)

School of Chemical Engineering buildings:

- Chemical Engineering/Chemistry building (Kemistintie 1)
- Material Sciences and Engineering building (Vuorimiehentie 2)
- Forest Products Technology 1 building = PUU1 (Vuorimiehentie 1)
- **Note! Electronically locked doors inside CHEM-building!**
- **Register your HSL travel card as “a key-card” at <https://idcard.aalto.fi>**

Computer classes

- In the buildings of Chemical Engineering and Otakaari 1
- Maarintalo (Sähkömiehentie 3) open 24/7
- Keep a valid student card with you, especially during the late hour

Note! Aalto Space campus app!

<http://aaltocre.fi/en/aaltospace/>



Cafeterias

Nothing more important than food!

Some student cafeterias:

- **Alvari** (Otakaari 1)
- **Täffä** (Otakaari 22)
- **Reima** (Otakaari 24)
- **Subway** (Computer science –building, Konemiehentie 2)

You can eat in any student cafeteria anywhere in Finland and get the discount with student card!



Other student services

More info during Otaniemi Orientation Day

- **Sports services**
- **IT services**
- **Library (= learning centre)**
 - To get library card, please fill in this form:
https://web.lib.aalto.fi/en/forms/asiakas_eng/
- **Language centre**
- **YTHS (Student health services)**





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During your stay

Bank account



If you are planning to open a bank account in Finland:

- Book an appointment
- Preferably, take care of residence registration (EU) / maistraatti first
- Personal Finnish id-code is usually required
- You will need: registration certificate (EU) / residence permit card (non- EU), admission letter, passport/official id-card
- Possibly some bank statements etc. from your bank in your home country
- Some banks: Nordea, OP, Danske bank, Handelsbanken, S-Pankki

Note: possibility to get Danske Bank account (Silver service package, no monthly fees) + master card debit with FRANK (student card with payment functionality)

More information: <https://www.frank.fi/en/studentcard/>

Bank account



Note: possibility to get Danske Bank account (Silver service package, no monthly fees) + master card debit with FRANK (student card with payment functionality)

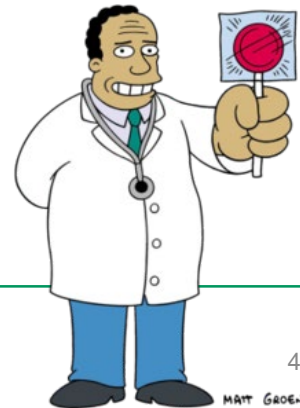
- More information: <https://www.frank.fi/en/studentcard/>
- *Note! You can order the card directly online only if you have:*
 - *Finnish personal id-code (address registered in Finnish Population register)*
 - *Finnish passport or Finnish id-card*
 - *Finnish online bank in use (any bank is ok)*
 - *Also some Finnish/Swedish language skills are required for using DanskeBank's website*

IF NOT; personal visit at DanskeBank is needed first!

Danske Bank's student customer service tel. 0200 25884 (Mon-Fri 8-20)

Health care 1/2

- **Student Health Care Services** (*YTHS* in Finnish)
- **European Health Insurance Card / Private health insurance**
 - Students are responsible of getting appropriate health insurances themselves.
 - University does not provide health insurances for students. However, all enrolled students are covered by an accident insurance at the University (if an accident takes place during class etc.)
- **Municipal health care stations / Private doctors**
- **Emergency service out of office hours:**
 - <https://into.aalto.fi/display/enopisk/Health+care>



- **The Finnish Student Health Services (FSHS)**
 - After paying the student union fee, students are entitled to FSHS services
 - Services are free of charge or chargeable
 - Check the opening hours: http://www.yths.fi/en/contact_details/units
 - *Closed on weekends and public holidays*
 - **Otaniemi FSHS visiting address: Otakaari 12**
 - *Appointments before by phone! FSHS is not an emergency service*

Safety

Finland is a very safe country, but keep your head with you

- Low levels of hierarchy and corruption, gender equality
- Finns normally follow rules and regulations

Program to your phone:

- The emergency number is 112
- ICE (in case of emergency) numbers

Safety measures

- Find out where the nearest embassy of your country is

A scenic view of a lake and forest from a rocky cliffside. The sun is shining brightly on the water, creating a shimmering reflection. The sky is blue with some clouds. The foreground shows a rocky cliffside with some trees and roots.

A!

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Get to know

people

and places

and have fun!