

The task: Watch the Movie and reflect what lessons about good life it provided

The task, this time, is simply to watch the movie you have chosen before your gathering.

Then, after you have watched the movie, write a one-page reflection on the movie based on the following questions:

- What was the most important insight about life you gained from this movie?
- Scriptwriter Iiro Küttner has stated that every good movie is about one fundamental question about life. What was the fundamental question about life that this movie concentrated on? What were the key themes of the movie?
- What life-altering choices or challenges did the protagonists face?
- In the worldview and values of the main characters, was there something that you would want to be part of your own worldview?
- Did some of the main characters of the movie have beliefs/convictions/values/goals that were harmful for them?
- What was the most important/surprising choice that some of the main characters made? Why did they end up making that choice?

You don't have to answer all of these questions – all of them might not be applicable to the specific movie you watched. Use these questions rather as inspiration that can help you focus on what were the key lessons about good life, happiness and meaningfulness that this specific movie provided.

Return your 1 A4 page report about the lessons about good life that the movie provided to MyCourses before Friday 1st Feb at 13.00. Take a copy with you to the gathering.