



In new shoes

Visualized me

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In new shoes

Introduction:



Changes in working life and the challenges in multicultural world are worked out by customing a new pair of shoes.

A self made pair of shoes is a new *concrete start* .Shoes can help - mentally- in stepping to new challenging situations as they work as a **mental power station of a new start**.

Giving meanings to different materials as well as group working and discussions are important parts of the process.

- **Goals:** To increase well being , making an inspiring pair of shoes, increasing self understanding and self support by means of artistic expression, getting new resources for life .Understanding and getting tools to personal and cultural differences.
- **Working methods:** Experiential learning methods, art therapy methods, understanding by doing, picture lectures, discussions, recycling and shoe making

Anatomy of the shoes; Main elements

Shoe heel



- Shoe heels are the supportive and main structural element of the shoe.
- It can work as a metaphora for your self ; what is your most supportive thing that on what you can always stand on?
- How to express it in shoe?



Tip of the shoe/ facade



- Tip of the shoe is the part that is visible *to all*. The most precious thing can be presented here.
- It can also be thought as a stage of most important happenings.



Shoe itself , "body"



- Bootleg
- Is it bound with ribbons?



The ebottom of the shoe



Details

Decorations



Energiasalminen.fi



Buckles



Shoe categories

slippers sneakers High heels Flip-flops boots Organic shoes
Traditional shoes Fantasy shoes



Sneakers



High heels





Traditional shoes based on culture heritage



Boots



Organic shoes



Fantasy shoes





Fantasy shoes



Funny shoes



Me ,myself and I exhibiton 2/2018 Aalto Arts Shoes







Harmony of Elements
Charles Hu



The Nature Shoes
Yusufi Xue



Imari Talvito
New American Society













Alices' Wonderland



