

# SYSTEMS THINKING

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# What is a system?

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(Meadows, 2008)

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## Components of a System

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elements

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relationships between elements

elements

Components of a System

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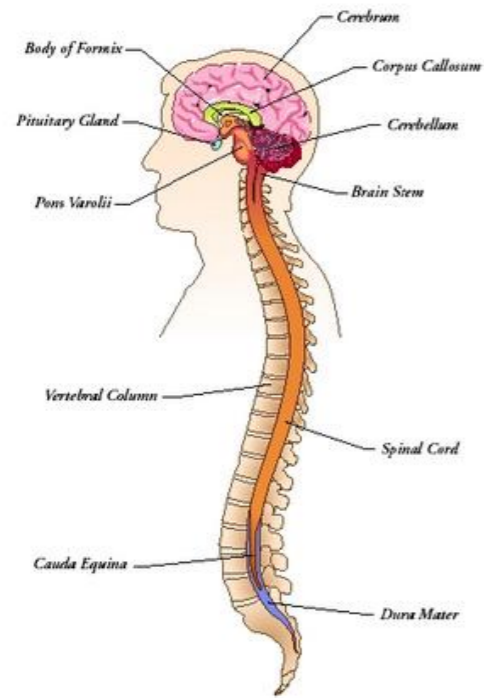
purpose

relationships between elements

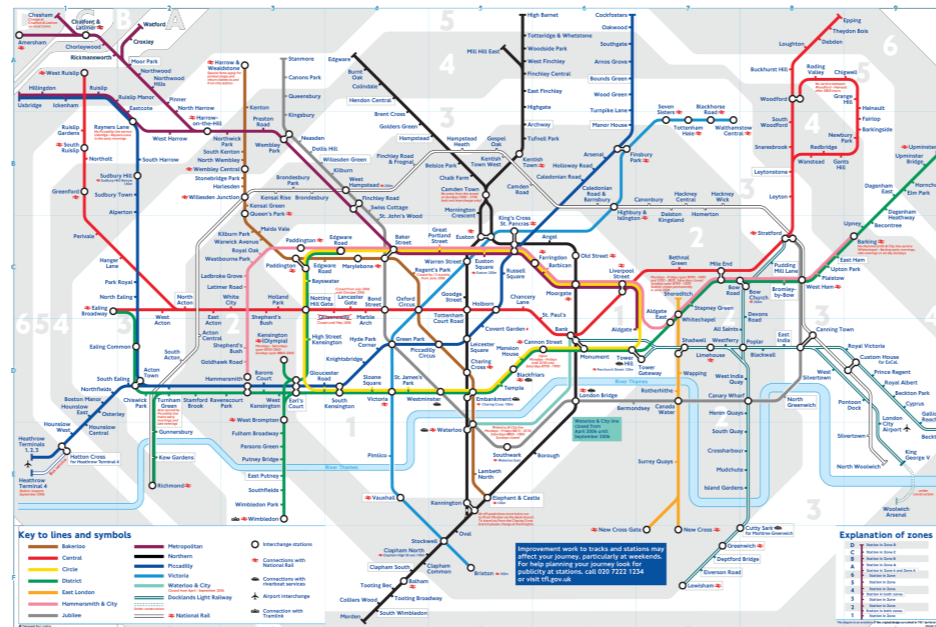
elements

Components of a System

# Examples of Systems



Nervous system



London metro



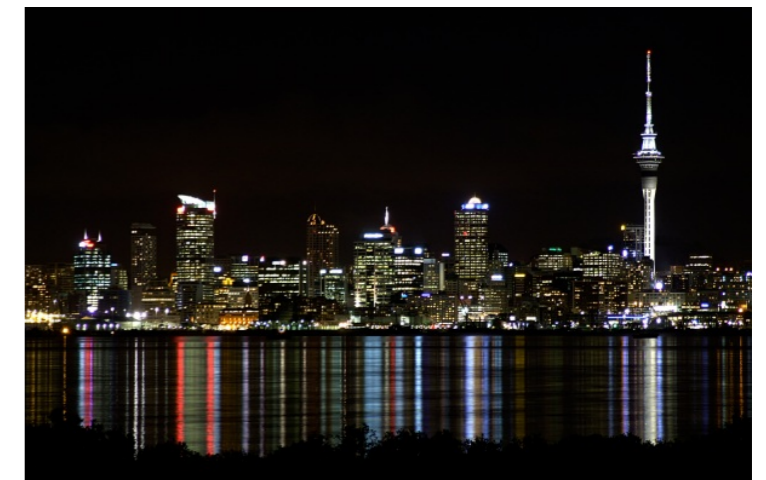
Andromeda galaxy



A Frog



A Bicycle



A City

# What is a system?

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purpose

relationships between elements

elements - **human and non-human**

Components of a System



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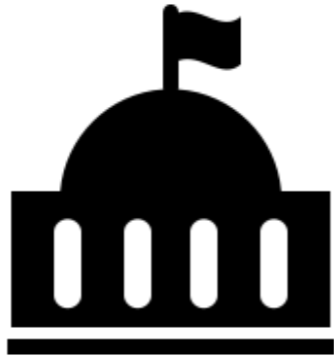
purpose - **differs based on perspective**

relationships between elements

elements - **human and non-human**

Components of a System

# Municipal Waste Collection



City Council



Households



Waste treatment facility

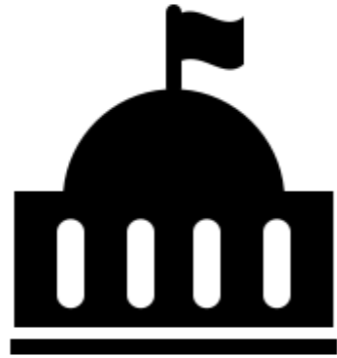


Waste bins



Waste collectors

# Municipal Waste Collection



City Council

A system that sorts, collects and treats municipal waste



Households

A system that takes away household waste



Waste treatment facility

A system that treats municipal waste



Waste collectors

A system that carries household waste to waste treatment plant

A system that creates low-skill jobs



Waste bins

A system that helps households sort their waste

A system that helps waste collectors to collect waste

# Types of Systems



# Types of Systems

A complex system



A simple system



# Types of Systems

A complex system



A simple system



In design we deal with both and mostly at the same time as components of larger (highly-complex) systems.

# Types of Systems

A complex system



A simple system



So, what are some of the differences between these two?

# Types of Systems

A complex system



unpredictable behaviour  
large number of components  
many interactions  
decentralised decision making  
limited or no reducibility

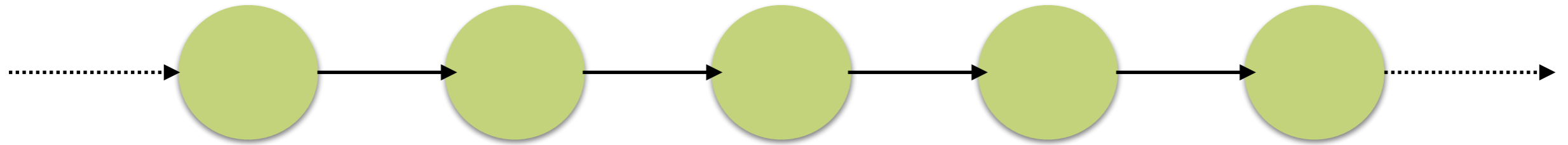
A simple system



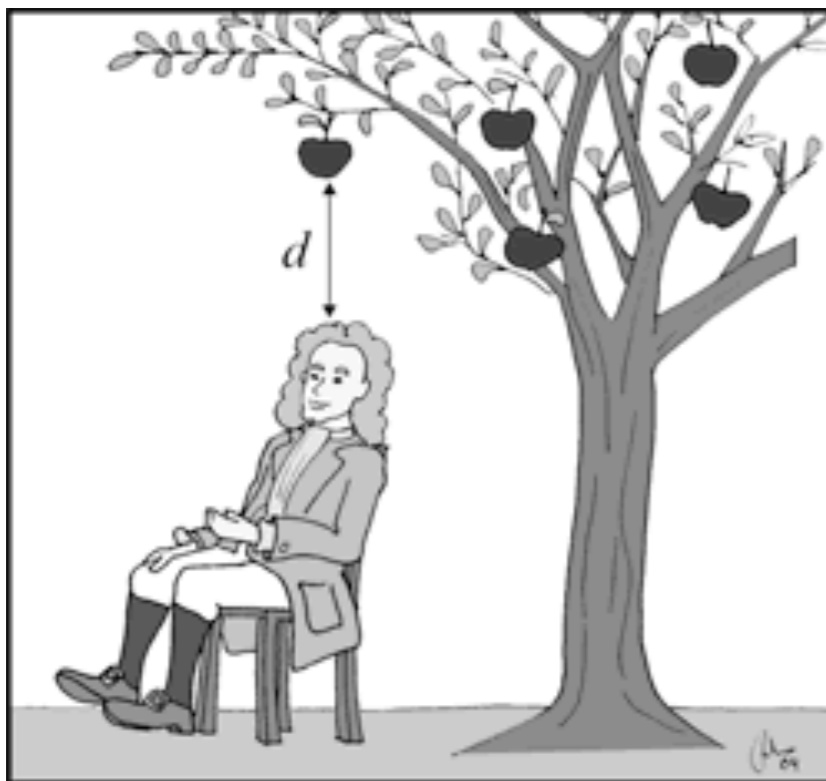
predictable behaviour  
small number of components  
few interactions  
centralised decision making  
reducibility



# Understanding Systems - Causality



Mechanistic (linear) thinking of cause and effect chains

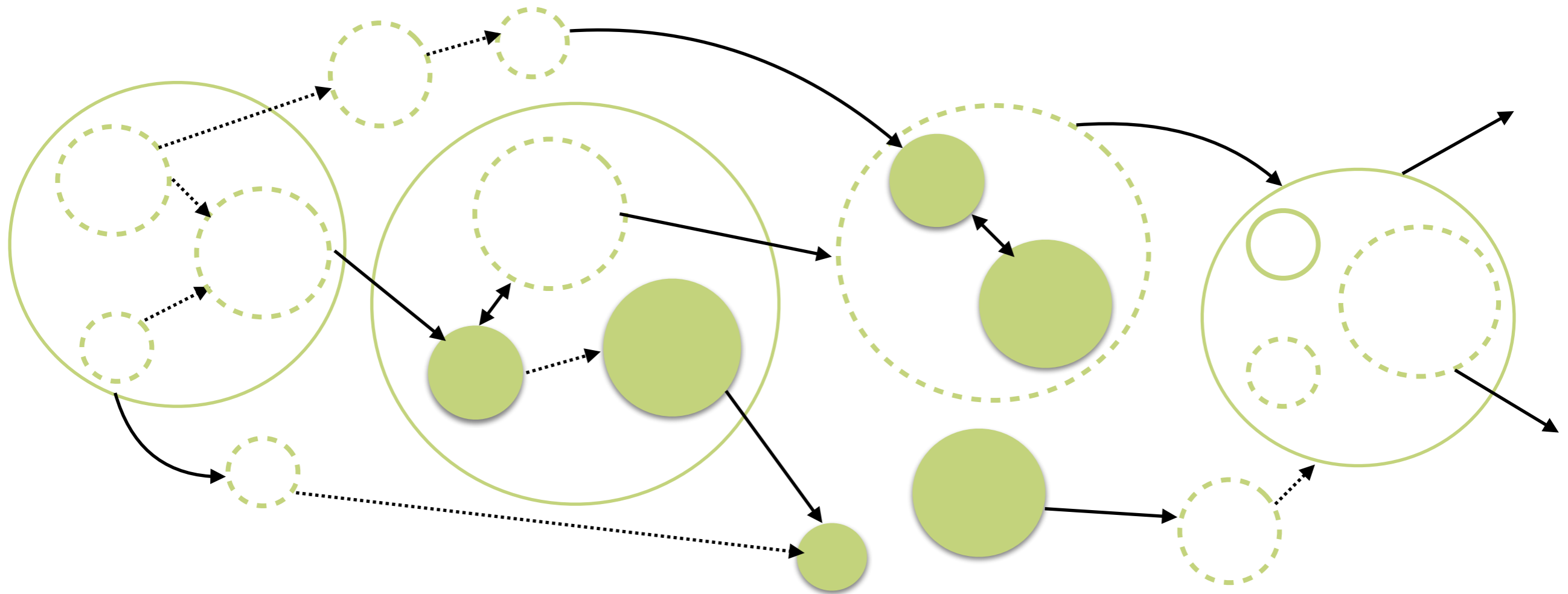


What did cause the apple to fall?

A causes B

“Gravitational force caused the apple to fall.”

Only partially true.



Systemic thinking of cause and effect chains

## Multiple Causes (or more precisely, Multiple Influences)

The apple is denser than air - The material cause

The apple broke apart from the branch - The formal cause

The gravitational force pulled the apple towards the centre of the earth - The efficient cause

The apple was ripe - The final cause

# Understanding Systems - Feedback Loops

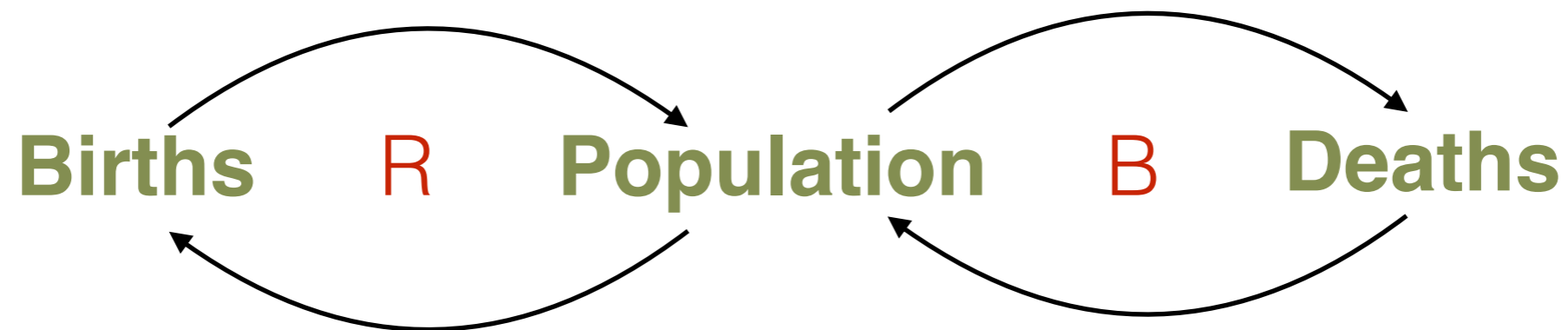
If A causes B, is it also possible that B causes A?



**Feedback** is the situation when output from an event in the past will influence an occurrence or occurrences of the same event in the present or future.

**Reinforcing** feedback loops – amplifies, increases, moves in the same direction

**Balancing** feedback loops – decreases, moves in the opposite direction



Depending on which loop dominates the population will either decline or increase. If neither of the loops dominate then the population will not change.

# Understanding Systems - Shifting the Burden

**Shifting the burden** arise when a solution to a systemic problem reduces (or disguises) the symptoms, but does nothing to solve the problem

Exporting waste  
Drug abuse for psychological relief  
Symptomatic relief medicines  
More roads to combat congestion  
ETC.

Shifting the burden is a result of either reductionism or short-termism or both

# Understanding Systems - Causal Layers



## Events

(who does what to whom?)

Reactive

What happened?

## Patterns

(reoccurring patterns over time)

Adaptive

What is happening over time?

## Structures

(how the parts of the system organised)

Creative

Why is this happening?

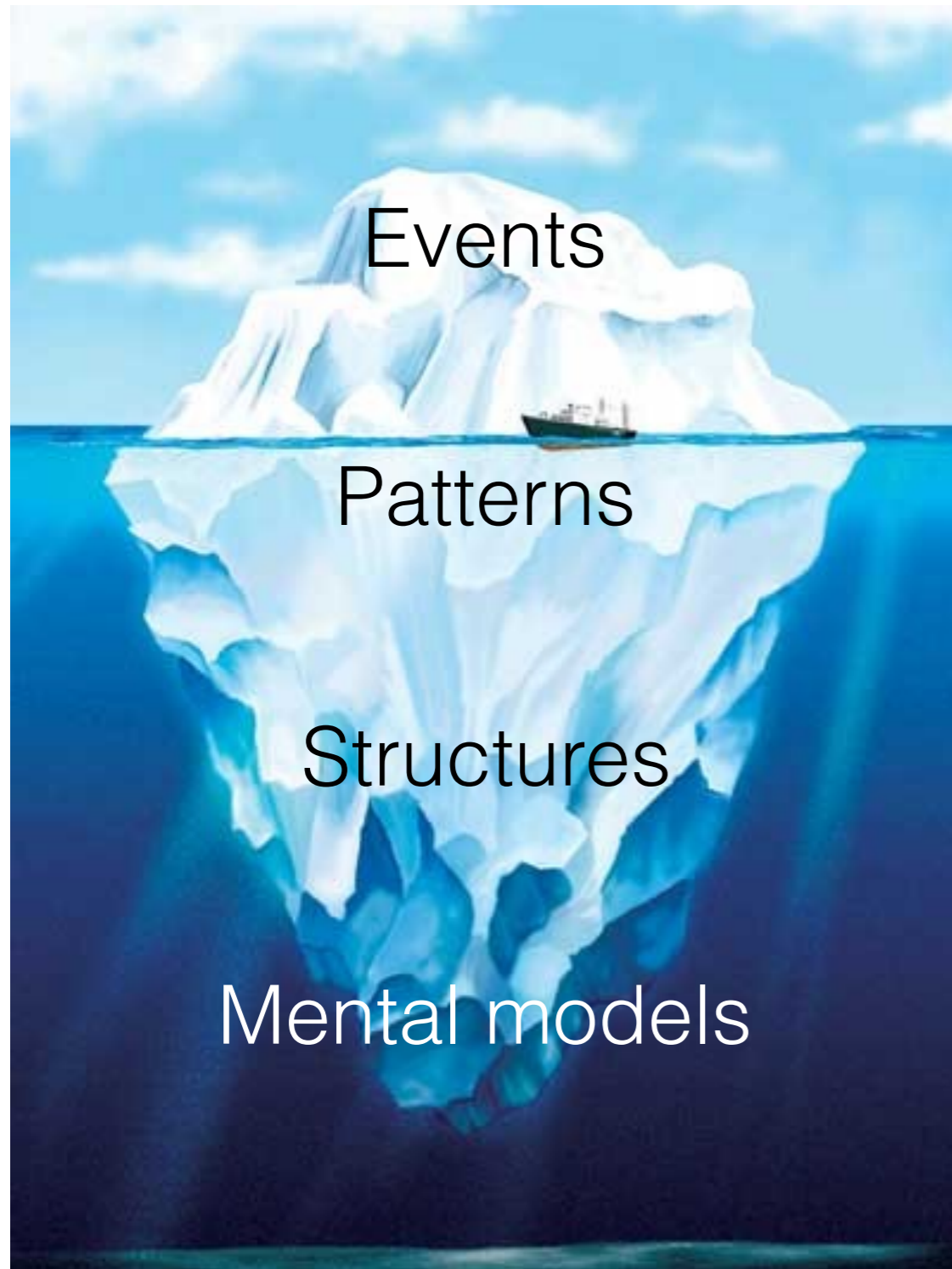
## Mental models

(mental models and assumptions)

Generative

In what ways our mental models  
created and sustained  
the structures in place?

# Understanding Systems - Causal Layers



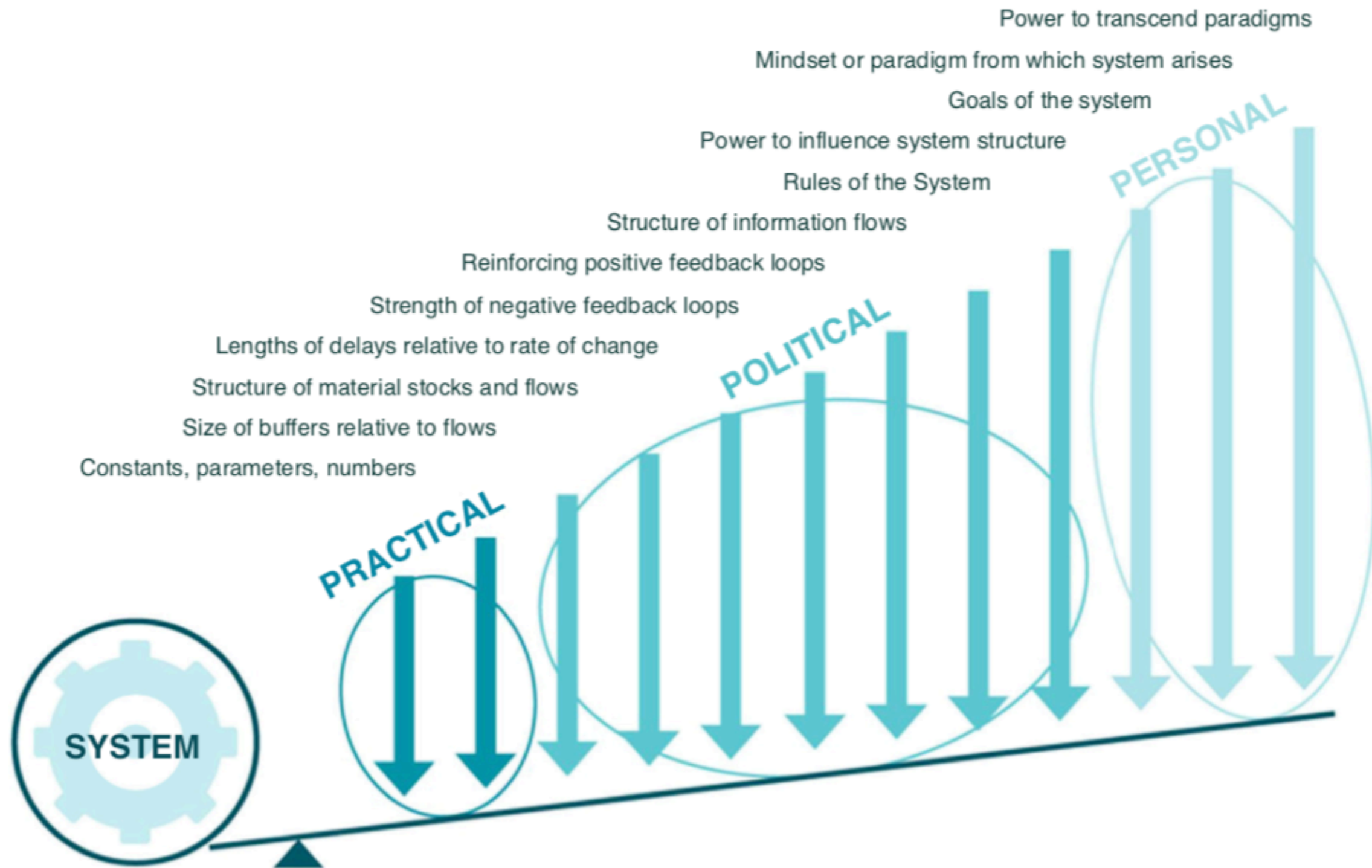
increasing poverty

rich gets richer, poor gets poorer

current economic paradigm  
results in assets to be  
accumulated in nodes

wealth=financial wealth; it's ok to  
have a lot of disposable income;  
inequality is ok; my wellbeing is  
independent from the wellbeing of  
others

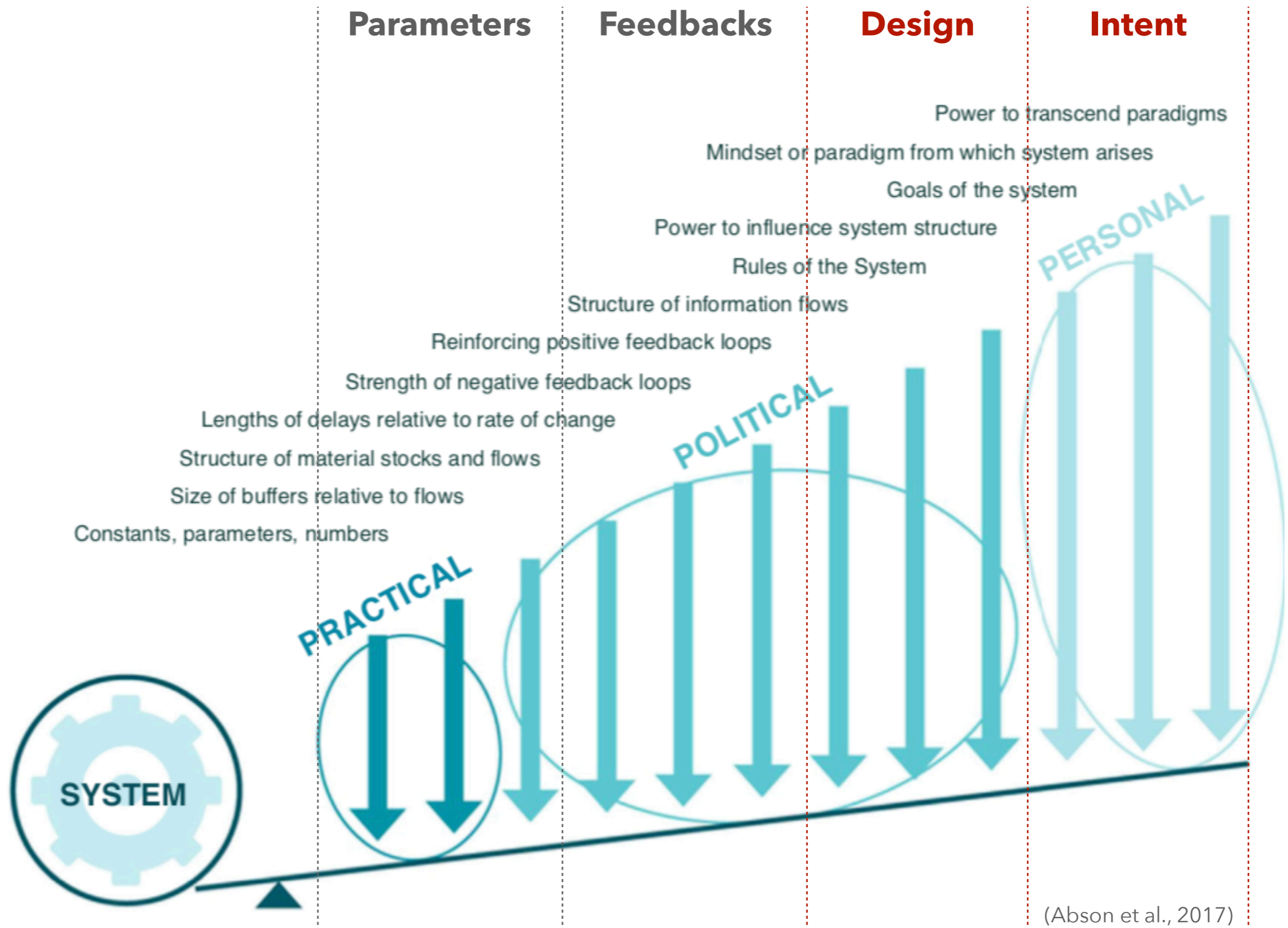
# Leverage Points



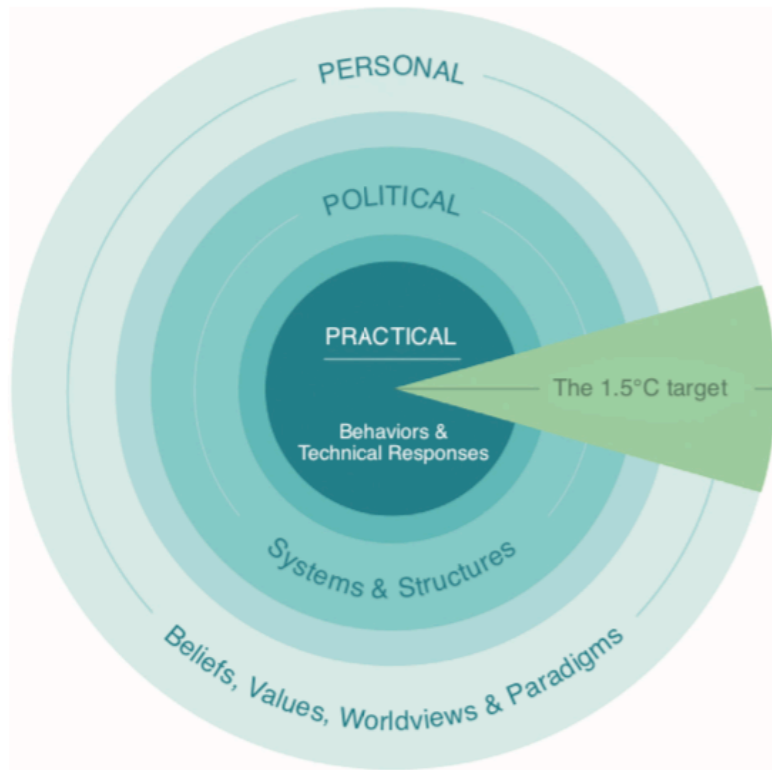
(Meadows, 1999)



# Deep Leverage Points

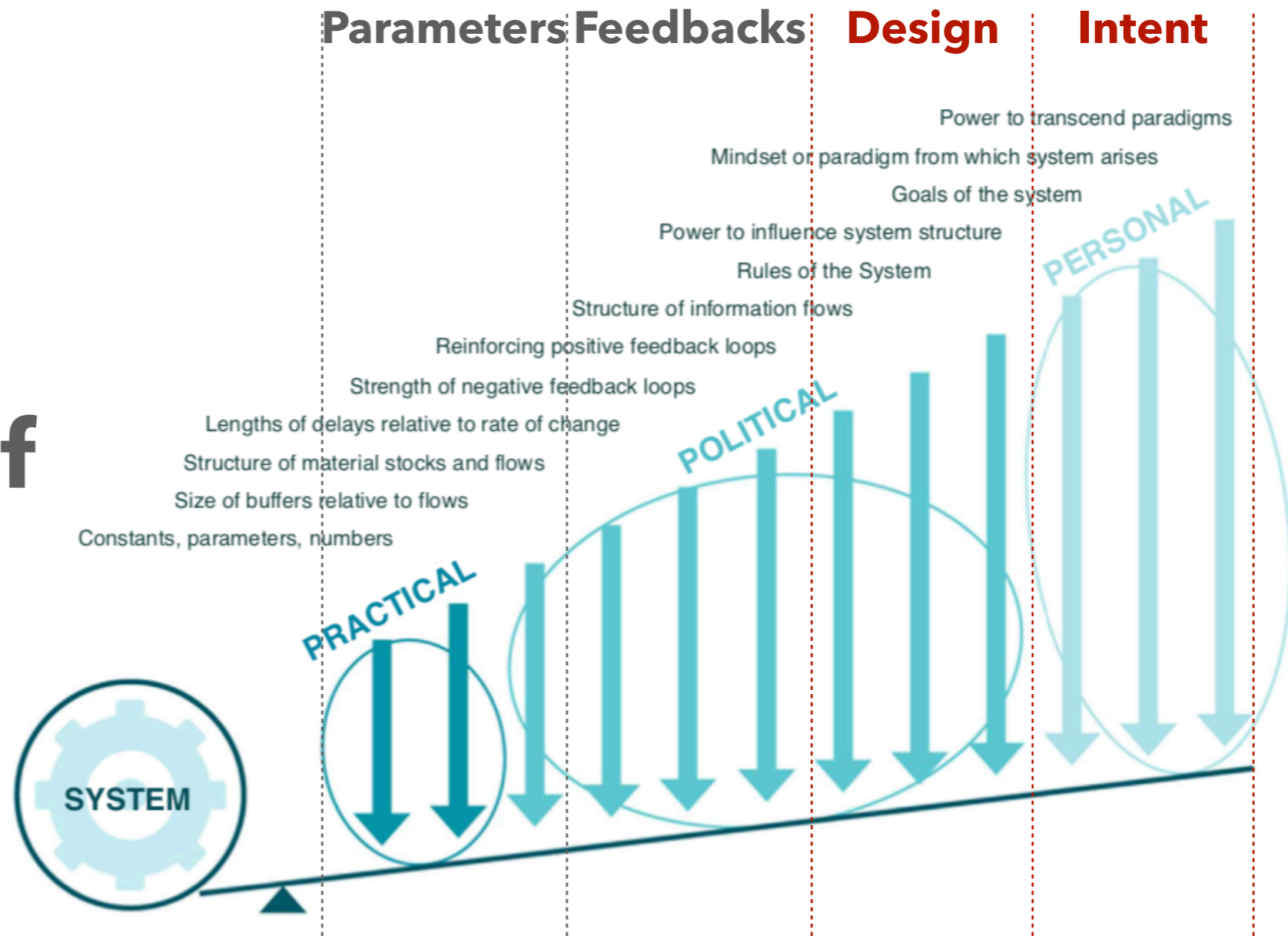


# System Change

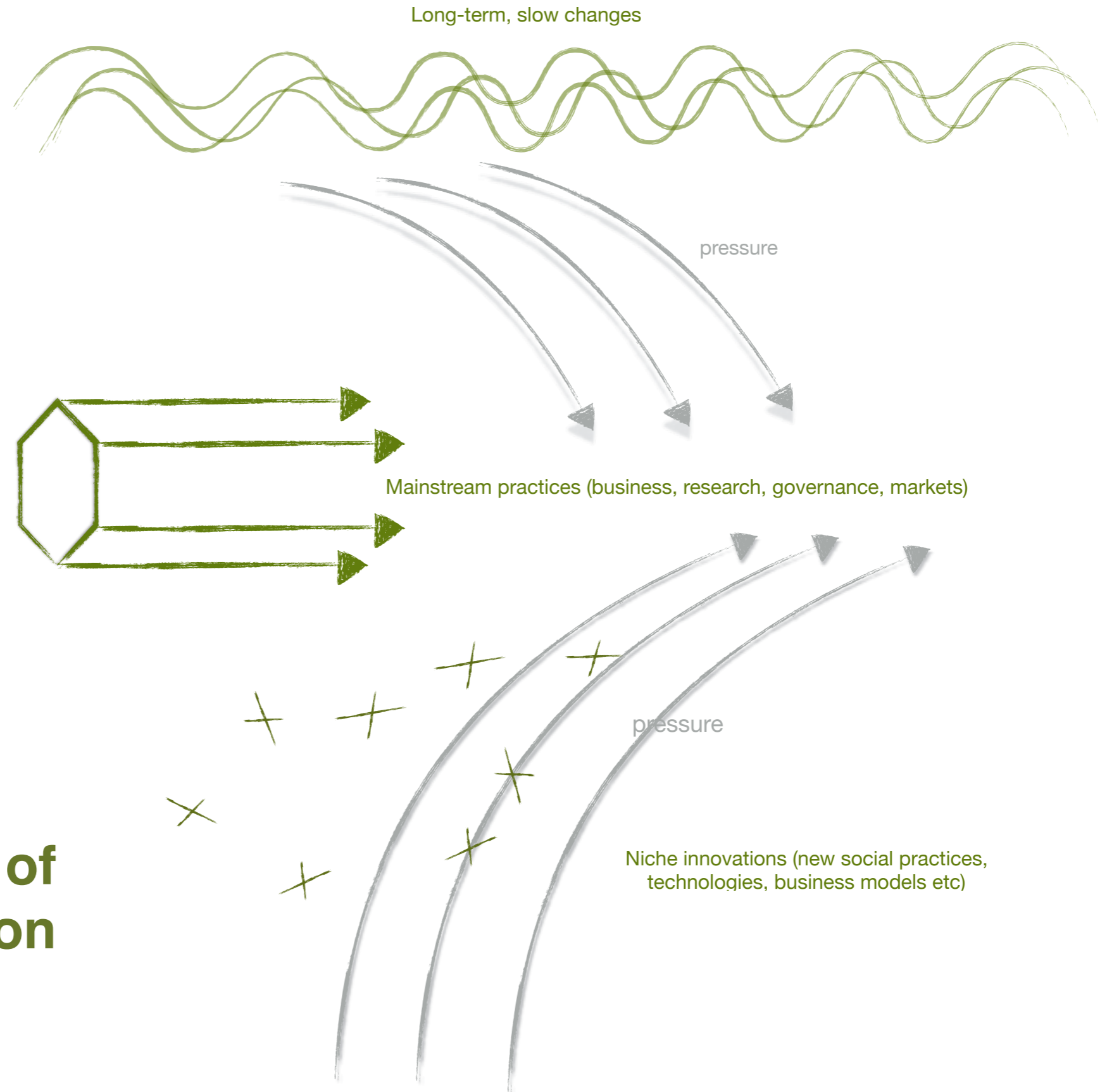


## Three spheres of transformation

(O'Brien., 2018)



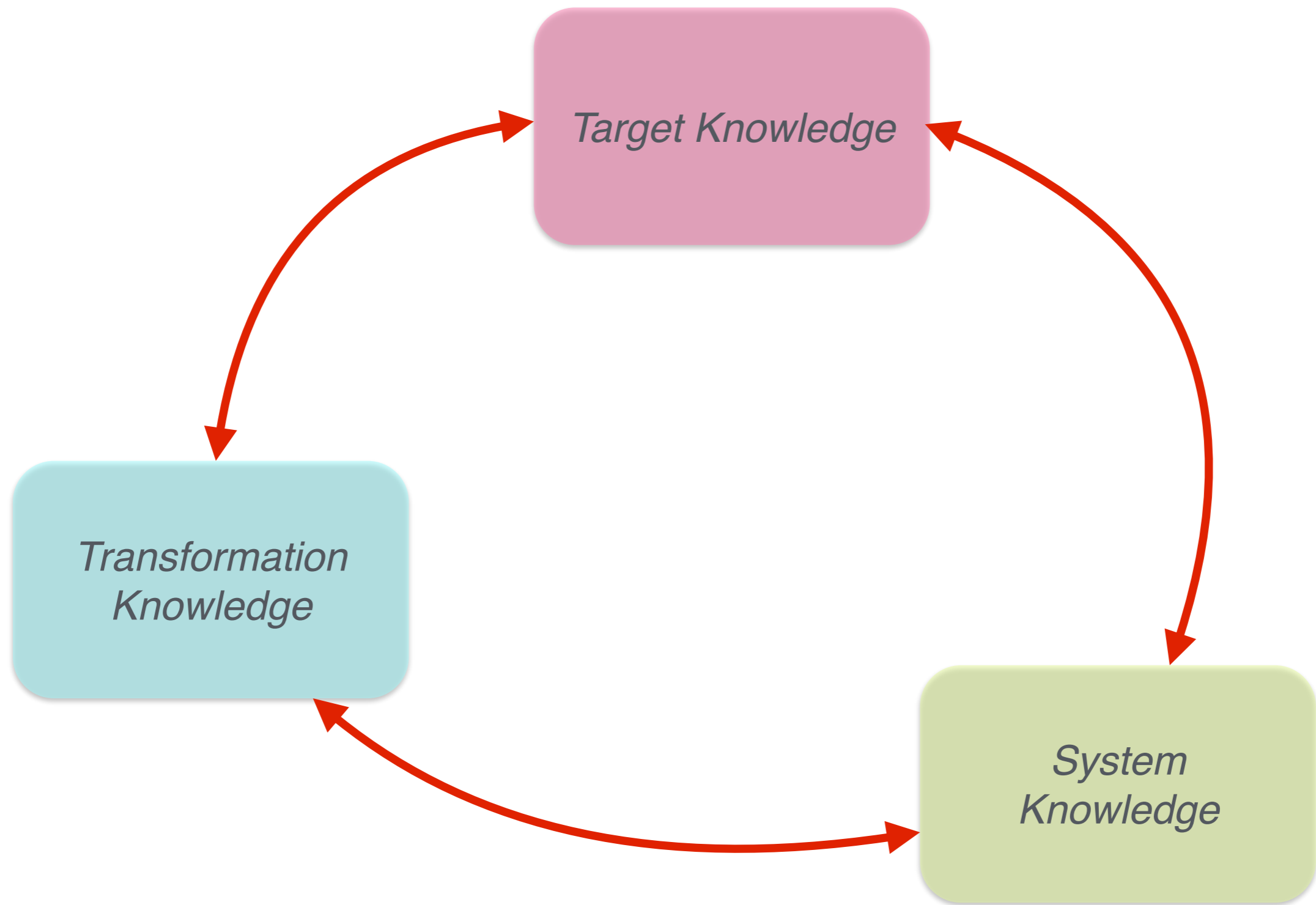
# Socio-technical System Change



## Multi-level Model of System Innovation

(Geels, 2005; Geels & Schot, 2007)

# Types of Knowledge To Transform Systems and Design



# Types of Knowledge To Transform Systems and Design

*Target Knowledge*

**Output:** New System Concepts & Visions

**Approach:** Design futures, design-led visioning

How does / should the future look / feel / be like?

*Transformation Knowledge*

**Output:** New concepts for products, services, social practices, policies, business models, etc.

**Approach:** Design practice

How do we change what needs to change?

*System Knowledge*

**Output:** Actionable Insights

**Approach:** Front-end (design) research

What needs to change now?

(Gaziulusoy, not yet published - copyrighted prototype idea :-)

# Exercise 1: Map Your System

How would you set the boundaries of “a system” to work on given the problem at hand?

What’s the purpose of the system? What does the system achieve?

What are the elements of the system?

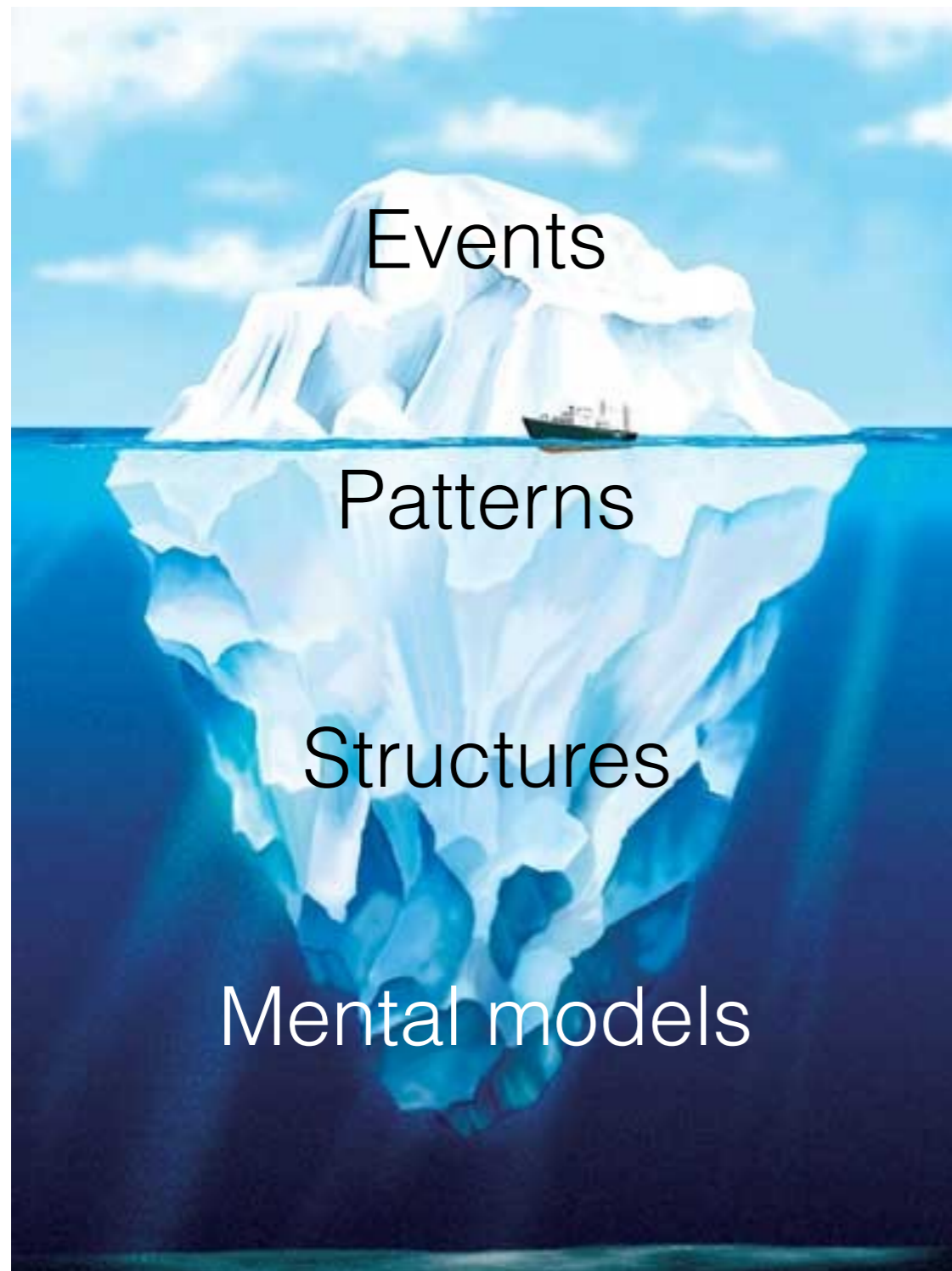
How are these elements related to one another?

**Make a map of your system showing elements and relationships.**

Think before you start!

How would you approach this task? What is a good way to show elements? What is a good way to show relationships?

# Exercise 2: 'Unpack' Your System



(who does what to whom?)

Reactive

What happened?

(reoccurring patterns over time)

Adaptive

What is happening over time?

(how the parts of the system organised)

Creative

Why is this happening?

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Thank You!