# Causality and Counterfactuals

Matti Sarvimäki

### Mini-Course on Causal Inference Lecture 1

• We often want to evaluate the **impact** of X on Y, e.g.

- education on earnings
- marketing campaing on sales
- carbon tax on emissions
- R&D subsidy on innovation
- fiscal stimulus on unemployment

• We often want to evaluate the **impact** of X on Y, e.g.

- education on earnings
- marketing campaing on sales
- carbon tax on emissions
- R&D subsidy on innovation
- fiscal stimulus on unemployment
- These are **causal** questions
  - requires evaluating counterfactual states of the world
  - "how would Y change if we changed X?"

• We often want to evaluate the **impact** of X on Y, e.g.

- education on earnings
- marketing campaing on sales
- carbon tax on emissions
- R&D subsidy on innovation
- fiscal stimulus on unemployment
- These are **causal** questions
  - requires evaluating counterfactual states of the world
  - "how would Y change if we changed X?"
- Compare to **descriptive** questions
  - requires measuring the actual state of the world
  - "what is joint distribution of X and Y?"

- The next four lectures will focus on answering causal questions using research designs based on **randomization** 
  - the simplest context for learning relevant statistical concepts
- The prime example is randomized controlled trials (RCT)
  - RCTs have become an important part of economits' toolkit
  - you might end up running them for living
  - you will definitely end up interpretting results from other people's RCTs

- The next four lectures will focus on answering causal questions using research designs based on **randomization** 
  - the simplest context for learning relevant statistical concepts
- The prime example is randomized controlled trials (RCT)
  - RCTs have become an important part of economits' toolkit
  - you might end up running them for living
  - you will definitely end up interpretting results from other people's RCTs
- Even when we can't run an experiment, it is often helpful to ask: what would be the **ideal experiment** for answering this question?
  - helpful benchmark for "naturally occurring" or "quasi" experiments
    - we'll discuss an example of a "natural experiment" involving actual randomization already in the next class
    - you'll see other types of quasi-experimental approaches Ciprian's and Kristiina's parts

- Good understanding of **why randomization eliminates selection bias** and the content and importance of the following concepts:
  - 1 causality
  - 2 counterfactual
  - **3** potential outcomes
  - 4 treatment effect
  - 5 selection bias

- Imagine that you have been asked to assist the government to evaluate a new type of integration program for immigrants
- How would you approach this task?

- Imagine that you have been asked to assist the government to evaluate a new type of integration program for immigrants
- How would you approach this task?
- My take: helpful to break this into two parts
  - what is the question one needs to answer?
  - how to answer it?

#### **1** Treatment

• impact of [...]

#### **2** Counterfactual

- impact in comparison to [...]
- **3 Outcome** and **population** 
  - impact on [...]

#### Treatment

• impact of [...]

### **2** Counterfactual

• impact in comparison to [...]

### **3 Outcome** and **population**

- impact on [...]
- What is a well-defined question for our case study?

#### Treatment

• impact of [...]

#### **2** Counterfactual

• impact in comparison to [...]

### **3 Outcome** and **population**

- impact *on* [...]
- What is a well-defined question for our case study?
  - my take: "what is the impact of the **new program** in comparison to **business-as-usual programs** on **participants' cumulative unemployment benefits during their first three years in Finland**?
- Next: formal definitions using the potential outcomes framework

• We focus on binary (0/1) treatments and denote treament status of individual *i* as

$$D_i = \begin{cases} 1 & \text{if she receives the treament} \\ 0 & \text{if she doesn't} \end{cases}$$

• We focus on binary (0/1) treatments and denote treament status of individual *i* as

$$D_i = \begin{cases} 1 & \text{if she receives the treament} \\ 0 & \text{if she doesn't} \end{cases}$$

• We denote **outcomes** by *y* and define

potential outcome = 
$$\begin{cases} y_{1i} & \text{if } D_i = 1 \\ y_{0i} & \text{if } D_i = 0 \end{cases}$$

• We focus on binary (0/1) treatments and denote treament status of individual *i* as

$$D_i = \begin{cases} 1 & \text{if she receives the treament} \\ 0 & \text{if she doesn't} \end{cases}$$

• We denote **outcomes** by *y* and define

potential outcome = 
$$\begin{cases} y_{1i} & \text{if } D_i = 1\\ y_{0i} & \text{if } D_i = 0 \end{cases}$$

in words:  $y_{1i}$  is the outcome of individual *i* in the state of the world where she is treated and  $y_{0i}$  is her outcome in the state of the world where she was *not* treated (note: only one state of the world occurs)

- The treatment effect for individual *i* is:
  - $y_{1i} y_{0i}$

in words: difference in the potential outcomes with and without the treatment

• The treatment effect for individual *i* is:

in words: difference in the potential outcomes with and without the treatment

 The fundamental challenge of causal inference is that we cannot observe both y<sub>1i</sub> and y<sub>0i</sub> for the same individual. Instead, we observe

$$y_i = \begin{cases} y_{1i} & \text{if } D_i = 1 \\ y_{0i} & \text{if } D_i = 0 \end{cases}$$

• We can never identify the treatment effect for an individual person, but sometimes we can estimate average treatment effects:

Average treatment effect (ATE) =  $\mathbb{E}[y_{i1} - y_{0i}]$ 

• We can never identify the treatment effect for an individual person, but sometimes we can estimate average treatment effects:

Average treatment effect (ATE) =  $\mathbb{E}[y_{i1} - y_{0i}]$ ATE for the treated (ATT) =  $\mathbb{E}[y_{i1} - y_{0i}|D_i = 1]$ 

where  $\mathbb{E}[a|b]$  is the expectation of *a* conditional on *b* 

• We can never identify the treatment effect for an individual person, but sometimes we can estimate average treatment effects:

Average treatment effect (ATE) =  $\mathbb{E}[y_{i1} - y_{0i}]$ ATE for the treated (ATT) =  $\mathbb{E}[y_{i1} - y_{0i}|D_i = 1]$ 

where  $\mathbb{E}[a|b]$  is the expectation of *a* conditional on *b* 

- Why ATE and ATT?
  - treatment effect may be different for those getting the treatment than it would be for those not getting it (e.g. specific integration policy)
  - internal validity: do we learn the true effect for the treated population?
  - external validity: can we extrapolate to other populations?

- We use a *comparison* or *control* group to approximate what would have happened to the treated in the absence of the treatment
  - that is, we *estimate* the counterfactual  $\mathbb{E}[y_{0i}|D_i = 1]$

- We use a *comparison* or *control* group to approximate what would have happened to the treated in the absence of the treatment
  - that is, we *estimate* the counterfactual  $\mathbb{E}[y_{0i}|D_i = 1]$
- In economics parlance, this approach is know as "design-based" or "reduced form" or "experimental" approach
  - the alternative is the "structural" approach, where we use quantitative economic models to simulate counterfactual states of the world

- We use a *comparison* or *control* group to approximate what would have happened to the treated in the absence of the treatment
  - that is, we *estimate* the counterfactual  $\mathbb{E}[y_{0i}|D_i = 1]$
- In economics parlance, this approach is know as "design-based" or "reduced form" or "experimental" approach
  - the alternative is the "structural" approach, where we use quantitative economic models to simulate counterfactual states of the world
- Invalid control group leads to selection bias
  - whether the control group provides a good counterfactual or not is the key question of all design-based causal inference

• As the amount of data increases, the sample averages approach the population average (expectations)

$$\underbrace{Avg[y_i|D=1]}_{\text{treatment group}} - \underbrace{Avg[y_i|D=0]}_{\text{control group}} \rightarrow \mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0]$$

• As the amount of data increases, the sample averages approach the population average (expectations)

$$\underbrace{Avg[y_i|D=1]}_{\text{treatment group}} - \underbrace{Avg[y_i|D=0]}_{\text{control group}} \rightarrow \mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0]$$
$$= \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$$

• As the amount of data increases, the sample averages approach the population average (expectations)

$$\underbrace{\operatorname{Avg}[y_i|D=1]}_{\text{treatment group}} - \underbrace{\operatorname{Avg}[y_i|D=0]}_{\text{control group}} \rightarrow \mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0]$$
$$= \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$$

• Where the second row emphasizes that we observe y<sub>0i</sub> only for the control group, while our objective is to estimate ATT, i.e.

$$\mathbb{E}\left[y_{i1} - y_{0i} | D_i = 1\right] = \mathbb{E}\left[y_{1i} | D = 1\right] - \underbrace{\mathbb{E}\left[y_{0i} | D = 1\right]}_{\text{never observed}}$$

• As the amount of data increases, the sample averages approach the population average (expectations)

$$\underbrace{\operatorname{Avg}[y_i|D=1]}_{\text{treatment group}} - \underbrace{\operatorname{Avg}[y_i|D=0]}_{\text{control group}} \rightarrow \mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0]$$
$$= \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$$

• Where the second row emphasizes that we observe y<sub>0i</sub> only for the control group, while our objective is to estimate ATT, i.e.

$$\mathbb{E}\left[y_{i1} - y_{0i} | D_i = 1\right] = \mathbb{E}\left[y_{1i} | D = 1\right] - \underbrace{\mathbb{E}\left[y_{0i} | D = 1\right]}_{\text{never observed}}$$

• A particularly informative way to illustrate selection bias is:

 $\mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0] = \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$ 

• A particularly informative way to illustrate selection bias is:

$$\mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0] = \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$$
$$= \underbrace{\mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=1]}_{ATT} + \underbrace{\mathbb{E}[y_{0i}|D=1] - \mathbb{E}[y_{0i}|D=0]}_{Selection bias}$$

• A particularly informative way to illustrate selection bias is:

$$\mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0] = \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$$
$$= \underbrace{\mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=1]}_{ATT} + \underbrace{\mathbb{E}[y_{0i}|D=1] - \mathbb{E}[y_{0i}|D=0]}_{Selection bias}$$

where the first step is from the previous slide and the second step is taken by simply adding and substracting  $\mathbb{E}[y_{0i}|D=1]$ 

• i.e.  $\mathbb{E}[y_{0i}|D=1] - \mathbb{E}[y_{0i}|D=1] = 0$ , so including it does not change the result, but allows us to rewrite the equation as ATT+SB

• A particularly informative way to illustrate selection bias is:

$$\mathbb{E}[y_i|D=1] - \mathbb{E}[y_i|D=0] = \mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=0]$$
$$= \underbrace{\mathbb{E}[y_{1i}|D=1] - \mathbb{E}[y_{0i}|D=1]}_{ATT} + \underbrace{\mathbb{E}[y_{0i}|D=1] - \mathbb{E}[y_{0i}|D=0]}_{Selection bias}$$

where the first step is from the previous slide and the second step is taken by simply adding and substracting  $\mathbb{E}[y_{0i}|D=1]$ 

- i.e.  $\mathbb{E}[y_{0i}|D=1] \mathbb{E}[y_{0i}|D=1] = 0$ , so including it does not change the result, but allows us to rewrite the equation as ATT+SB
- in words: differences in the average outcomes between treatment and control groups include the treatment effect *and* the selection bias (the difference between the two groups if neither had been treated)

- Let's return to the case of new integration program and speculate about the likely selection bias in two alternative control groups:
  - 1 all immigrants not participating in the program
  - 2 all immigrants participating in the business-as-usual program
- What would be an ideal way to create a control group?

• Random assignment into treatment/control ensures that the control groups is *comparable* to the treatment group

- Random assignment into treatment/control ensures that the control groups is *comparable* to the treatment group
- Formally: their potential outcomes are in expectation the same, i.e.

 $\mathbb{E}[y_{1i}|D=1] = \mathbb{E}[y_{1i}|D=0]$  $\mathbb{E}[y_{0i}|D=1] = \mathbb{E}[y_{0i}|D=0]$ 

- Random assignment into treatment/control ensures that the control groups is *comparable* to the treatment group
- Formally: their potential outcomes are in expectation the same, i.e.

 $\mathbb{E}[y_{1i}|D=1] = \mathbb{E}[y_{1i}|D=0]$  $\mathbb{E}[y_{0i}|D=1] = \mathbb{E}[y_{0i}|D=0]$ 

- Thus  $\mathbb{E}[y_{0i}|D=1] \mathbb{E}[y_{0i}|D=0] = 0$ , i.e. no selection bias
  - in words: the control group tells us what would have happened to the treatment group in the absence of the treatment

- Causality: how one thing affects another thing
  - requires comparing counterfactual states of the world to each other ("how would Y change if we changed X?")
  - at most, one of them is observed
- Control group in an experimental research design
  - the outcomes of the control group are used to infer what would have happened to the treatment group in the absence of the treatment
- Selection bias occurs when the control group is not comparable to the treatment group, i.e.  $\mathbb{E}[y_{0i}|D=0] \neq \mathbb{E}[y_{0i}|D=1]$ 
  - = potential outcomes differ between the treatment and control groups
- Randomization eliminates selection bias
  - on expectation, the only difference between the groups is that the treatment group gets the treatment and the control group does not
  - $\rightarrow\,$  differences in average outcomes must be due to the treatment