Academic Learning Skills

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Planning your studies

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Aalto University
School of Arts, Design and Architecture

Programme of the day

1. **Time management assignment wrap up**
2. **Planning your studies**
    1. A student perspective
    2. Why PSP?
    3. Structure of your studies
    4. About the process

Time management

How was the assignment?

What was easy / hard? Why?

Did you get new tools for everyday use?

Find your own way to manage time

Time management – common themes

- **What is an ideal schedule?**
  - Too many tasks can cause anxiety
  - “Falling behind”
- **Making changes to your schedule ok**
  - See where you can move tasks
  - Analyze why (intentional?)
- **Leisure vs. work**
  - How to schedule leisure
  - “Productivity”
- **Self-compassion!**

How to plan your studies?

Emma’s study path

Where have you studied? Why did you choose those universities?

Your favorite courses?

Have you studied minors? How did you choose them?

Did you do an internship?

What about student exchange?

Have you worked during/after studies?

Your tips for students?

Why plan? Why PSP?

https://edu.flinga.fi/s/E39YKTQ

(Access code: E39YKTQ)

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Why plan? Why make a PSP?
clarification
have an overview of the missing credits
Resolve possible sceduling issues in advance
to get advice on your career path or study wishes from advisors
identify gaps in study path
Find potential issues
To make sure you don't miss (important) courses
for clarity
Make goals much clear
remind yourself of your goals when you have a worse day/ doubts
Lower stress
dividing your goals into small steps
Can comment on my daily plan and tasks
Able to plan around events such as work etc
keep yourself motivated and focused
have something to look forward to :))
plan other activities
Managing time and stress
having a little more control over my studies
to help you understand your options
get better idea of what one wants to do after studies
Effective time management
identify areas you may need to supplement in other ways
Have some structure in your student life
to have direction
graduate earlier
make sure to graduate within the preferred time frame
graduate on time
Graduate on time
graduate on time
to graduate early?
structure and direction
Easy to understand future
build up a portfolio
To make it easier for you to explore and experience different fields and interests
focus on your interests
To be in charge of your own future
to shape my studies to fit my field of expertise
Find opportunities to explore
To be proactive about your career direction and personal development
exploring and experimenting
to see options within school activities and own interests
clear the fogginess of all those opportunities
to figure out how it fits into my career and overall future
Find your personal path in education
to find a career path

Why plan? Why PSP?

PSP – personal study plan is

…a way of planning your studies, a tool for a student
…a chance for you to discuss your future goals
…forces you to make choices
…a document according to which you can graduate
…done for the whole (BA) degree length and scope
…a mandatory document for many applications
…updated yearly or upon student's request
…enrolling to courses

Structure of your studies

Program curriculum 2020/2021 – 2021/2022

English-medium BA in Design, 180 credits

Major studies, 111 credits

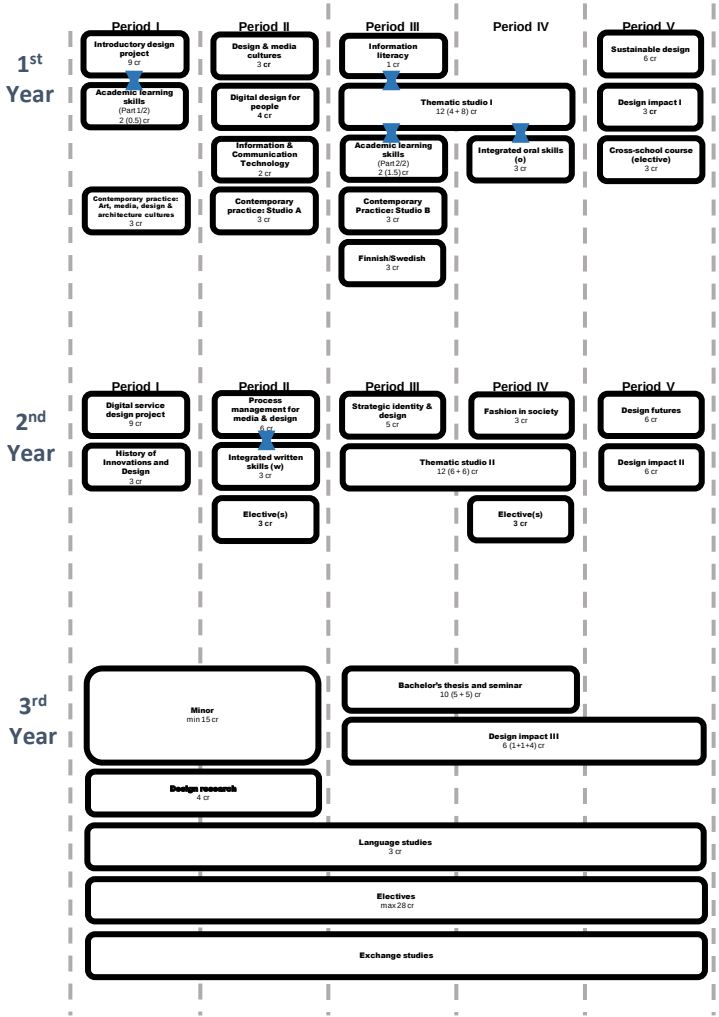
CODE	NAME	YEAR	PERIOD	CREDITS
ARTX-C1000	Introductory Design Project	1st	I	9
ARTX-C1001	Design & media cultures	1st	II	3
ARTX-C1002	Digital design for people	1st	II	4
ARTX-C1003	Thematic studio I	1st	III & IV	12
ARTX-C1008	Sustainable design	1st	V	6
ARTX-C1005	Design impact I	1st	V	3
ARTX-C1009	Digital service design project	2nd	I	9
MUO-C0006	History of Innovations and Design	2nd	I	3
ARTX-C1011	Process management for design & media	2nd	II	6
LC-1117	Integrated oral and written skills (o+w)	2nd	II	3
ARTX-C1012	Strategic identity & design	2nd	III	6
ARTX-C1013	Thematic studio II	2nd	III & IV	12
ARTX-C1014	Design futures	2nd	V	6
MUO-C1050	Fashion in society	2nd	IV	3
ARTX-C1006	Design impact II	2nd	V	6
ARTX-C1015	Design research	3rd	I & II	4
ARTX-C1007	Design impact III	3rd	III, IV & V	6
ARTS.3101.kand	Bachelor's Thesis and Seminar	3rd	III & IV	10
			Total:	**111**

Minor and elective studies, 43 credits

CODE	NAME	YEAR	PERIOD	CREDITS
	Minor subject	3rd	I & II	min 15
	Elective studies	2nd 3rd	I - V	max 28
			Total:	**43**

Common general studies, 26 credits

CODE	NAME	YEAR	PERIOD	CREDITS
Art & theory studies, 9 credits				
ARTS-A0118	Contemporary practice: Art, media, design & architecture cultures	1st	I	3
ARTS-A0119	Contemporary practice: Studio A	1st	II	3
ARTS-A0120	Contemporary practice: Studio B	1st	III	3
Aalto Studies, 5 credits				
ARTS-A0113	Academic learning skills	1st	I & III	2
	Cross-school course	2nd, 3rd	I-V	3
Language and communication studies, 12 credits				
ARTS-A0112	Information & communication technology	1st	II	2
ARTS-A0111	Information literacy	1st	III	1
LCA-1002	Expressing your expertise (o+w)	1st	IV	3
Students educated in Finnish or Swedish				
	Second national language	1st	III	3
	Written and oral communication	3rd	I-V	3
Students educated in other languages than Finnish or Swedish				
	Finnish or Swedish	1st	III	3
	Other foreign language	3rd	I-V	3
			Total:	**26**


1st Year
Period I
Introductory design project
9 cr
Academic learning skills
(Part 1/2)
2 (0.5) cr
Contemporary practice: Art, media, design & architecture cultures
3 cr
Period II
Design & media cultures
3 cr
Digital design for people
4 cr
Information & Communication Technology
2 cr
Contemporary practice: Studio A
3 cr
Period III
Information literacy
1 cr
Thematic studio I
12 (4 + 8) cr
Academic learning skills
(Part 2/2)
2 (1.5) cr
Contemporary Practice: Studio B
3 cr
Finnish/Swedish
3 cr
Period IV
Integrated oral skills (o)
3 cr
Period V
Sustainable design
6 cr
Design impact I
3 cr
Cross-school course (elective)
3 cr
2nd Year
Period I
Digital service design project
9 cr
History of Innovations and Design
3 cr
Period II
Process management for media & design
6 cr
Integrated written skills (w)
3 cr
Elective(s)
3 cr
Period III
Strategic identity & design
5 cr
Thematic studio II
12 (6 + 6) cr
Period IV
Fashion in society
3 cr
Elective(s)
3 cr
Period V
Design futures
6 cr
Design impact II
6 cr
3rd Year
Minor
min 15 cr
Design research
4 cr
Bachelor's thesis and seminar
10 (5 + 5) cr
Design impact III
6 (1+1+4) cr
Language studies
3 cr
Electives
max 28 cr
Exchange studies

My choices, my opportunities

https://into.aalto.fi/display/enopinnot/Exchange+studies

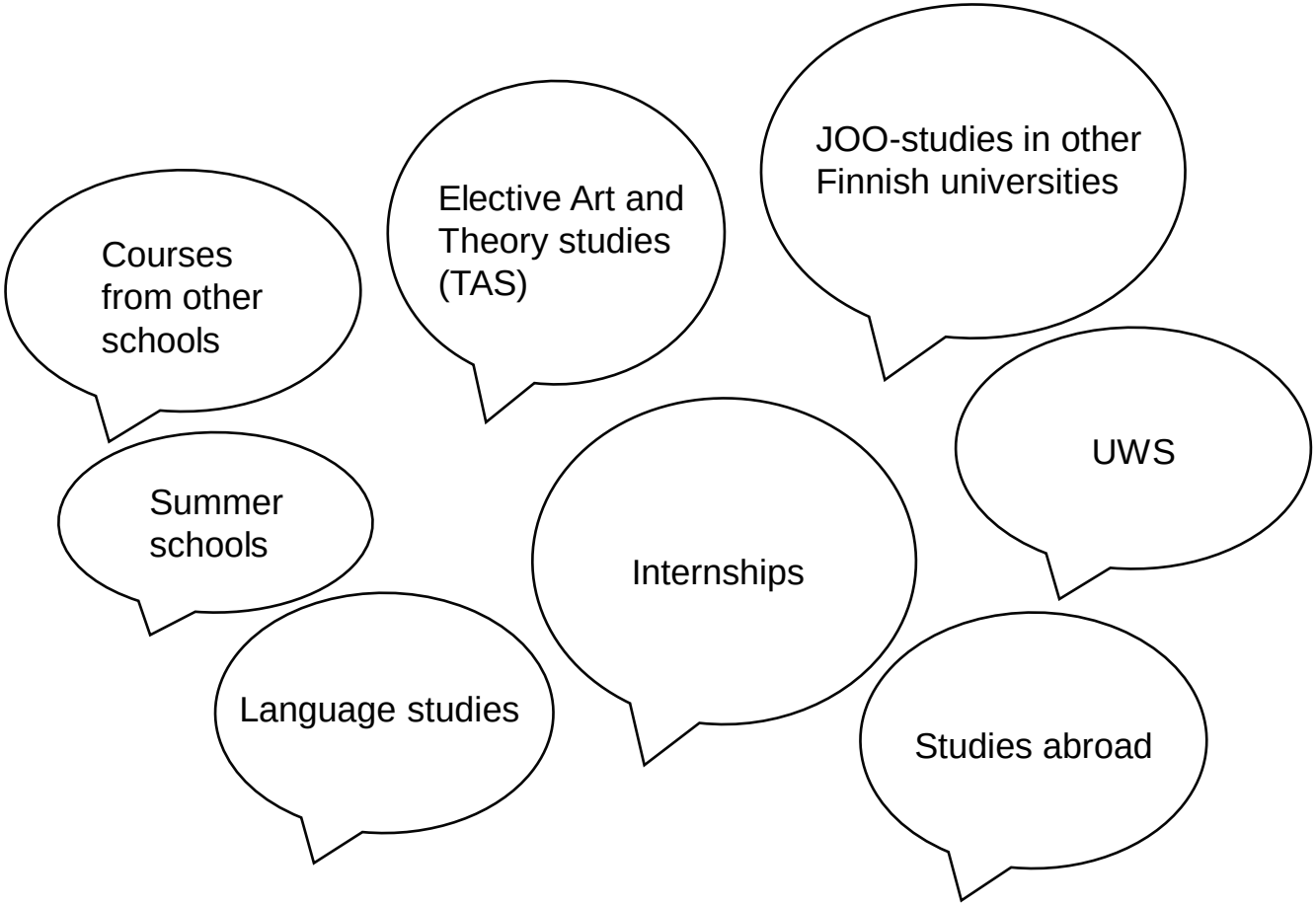
https://into.aalto.fi/display/enopinnot/University+Wide+Studies

https://into.aalto.fi/display/enopinnot/Language+and+communication+studies

https://into.aalto.fi/display/enbadesign/Elective+art+and+theory+studies

https://into.aalto.fi/pages/viewpage.action?pageId=328063

https://into.aalto.fi/display/enbadesign/Internship



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General studies 26 cr

All the ARTS BA students have the same courses.

Themes:

- **Art & Theory Studies 9 cr**
- **Aalto Studies 5 cr**
- **Language and Communication Studies 12 cr**

Aalto Studies 5 cr

Academic Learning Skills 2 cr

Cross-school course, min. 3 cr

- **Course organised by another Aalto school**
- **Idea is to collaborate with students from other fields than art.**
- **It can also be a University WideStudies (UWS) -course.**
- *NB. you cannot take ARTS-, ARK-, ELO-, DOM-, MUO- or TAI- as cross-school course*.

Minor min. 15 cr

- **Studies around a theme or subject**
- **Supports your major or other goal (cannot contain major courses)**
- **Choose by your own interest**
- **Must be studies from higher education**

Minors from other Aalto schools are open for all. Choose the minor in your PSP.

Most ARTS minors you must apply for. The application period is in May (and in October)

Minors at Aalto

Remember, the minor can be from other universities in Finland or other countries.

Elective Studies max. 28 cr

Can be any courses of higher education:

- **Electives from your own major**
- **Courses from other ARTS majors**
- **Transdisciplinary Art Studies (TAS) Elective Art and Theory Studies**
- **Courses from other Aalto schools**
- **University Wide Studies (UWS)**
- **Language studies**
- **Courses from other Finnish universities or colleges, flexible study right (JOO)**
- **Courses from foreign universities (f. ex. exchange studies)**
- **Internship (in Finland and abroad)**

PSP & SISU

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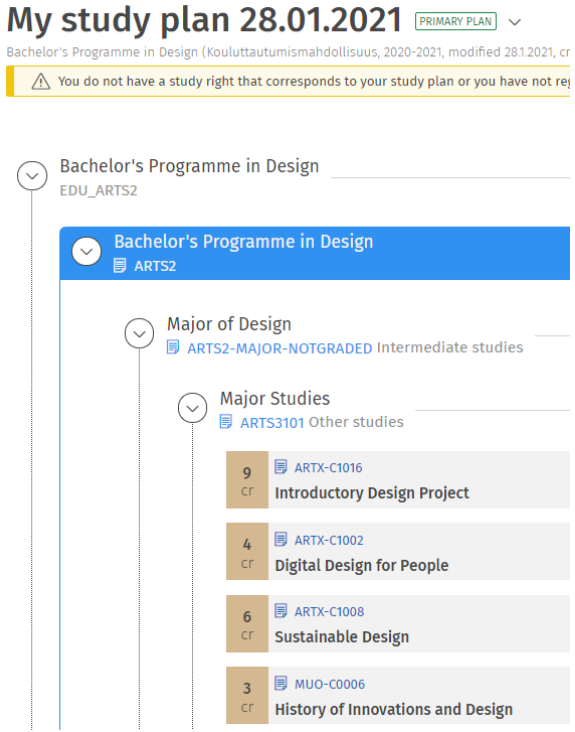
Making the plan in Sisu

- **sisu.aalto.fi**
- **Instructions: https://wiki.aalto.fi/pages/viewpage.action?pageId=120487461**
- **You can have several study plans, but only one can be primary plan**
- **Click the titles, not the arrows**
- **All your mandatory courses are in the plan automatically *(NB! some choices must be made in the pop-out window)***

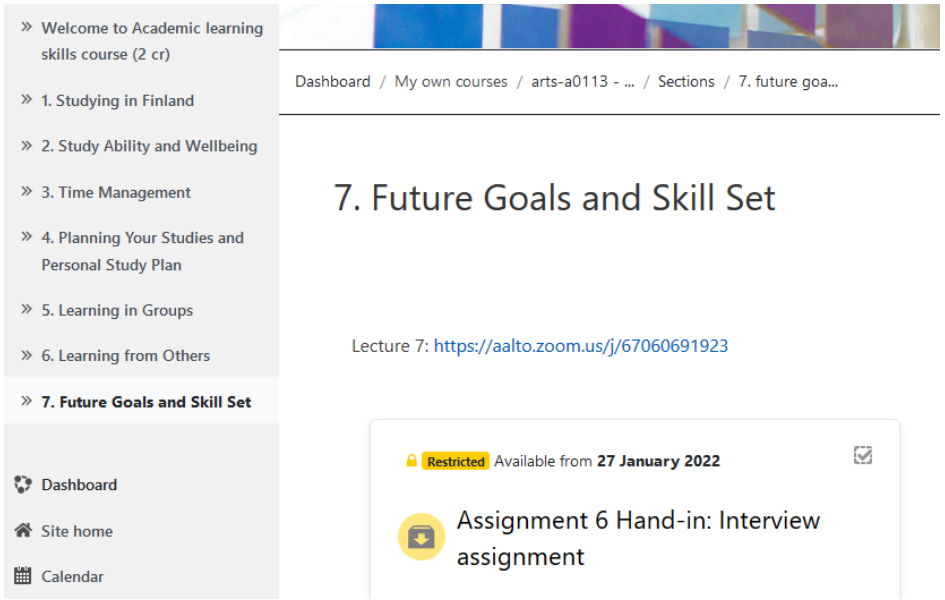


Some tips

- **If you want to delete something, do it via upper level, not by clicking the course**
- **Enrolment ≠ Adding to PSP**
    - Enroll only through PSP but adding/deleting from PSP does not affect enrolment
- **Study Calendar ≠ PSP**
- **Study drafts**
    - Meant for exchange studies, JOO-studies, credit transfers, independent projects etc.
- **Free edit mode**
    - If you have done credit transfer and want to ad it into your plan
    - Courses with varying theme

Finished PSP - How and when?

1. **Orientation and guidelines in the Academic learning skills course**
2. **Meetings with your academic advisor 15.-17.2.2022**
    1. Make your PSP on Sisu before the meeting
    2. Bring with you *Plan!* assignment
3. **All the PSPs will be approved before the end of March.**
4. **PSP will be updated yearly and if needed in a meeting with your academic advisor.**

Pre-assignment for final lecture

- **Interview assignment, DL Feb 14**
- **Hand-in and instructions in lesson 7 area**