

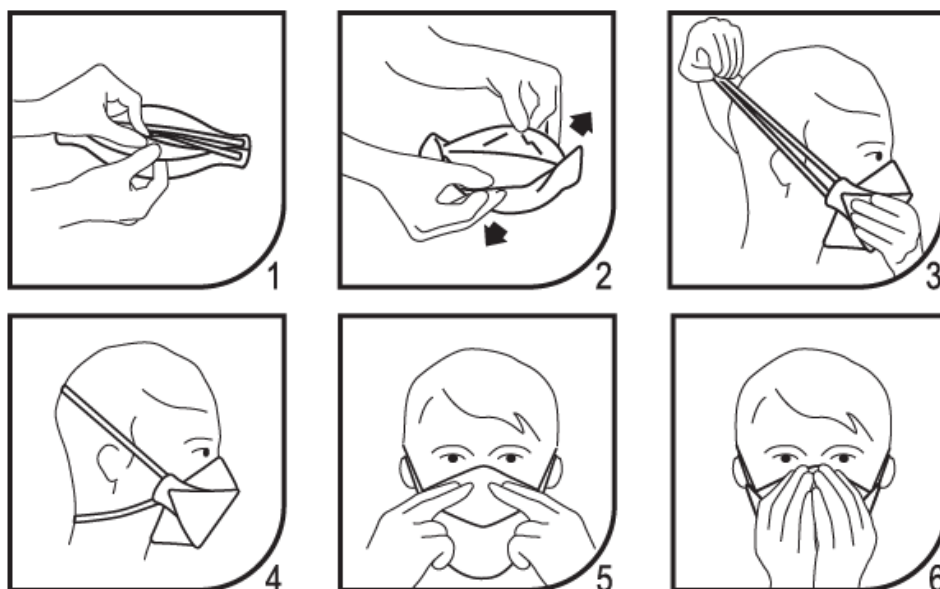
## The respirator – Fitting Instructions, See Figure 1.

Before fitting device, ensure hands are clean.

All respirator components should be inspected for damage prior to each use.

1. With reverse side up and using the tab, separate top and bottom panels to form a cup shape. Bend slightly at centre of the noseclip
2. Ensure both panels are fully unfolded
3. Cup respirator in one hand with open side towards face. Take both straps in other hand. Hold respirator under chin, with nosepiece up, and pull straps over head
4. Locate the upper strap across the crown of the head and the lower strap below the ears. Straps must not be twisted. Adjust top and bottom panels for a comfortable fit ensuring panels and chin tab are not folded in
5. Using both hands, mould noseclip to the shape of the lower part of the nose to ensure a close fit and good seal. Pinching the noseclip using only one hand may result in less effective respirator performance
6. The seal of the respirator on the face should be fit-checked before entering the workplace

Figure 1



## The respirator – Removing Instructions

Remove the respirator by grasping the back of the strap and place the disposable protectors in the waste bag. Wash or disinfect hands.