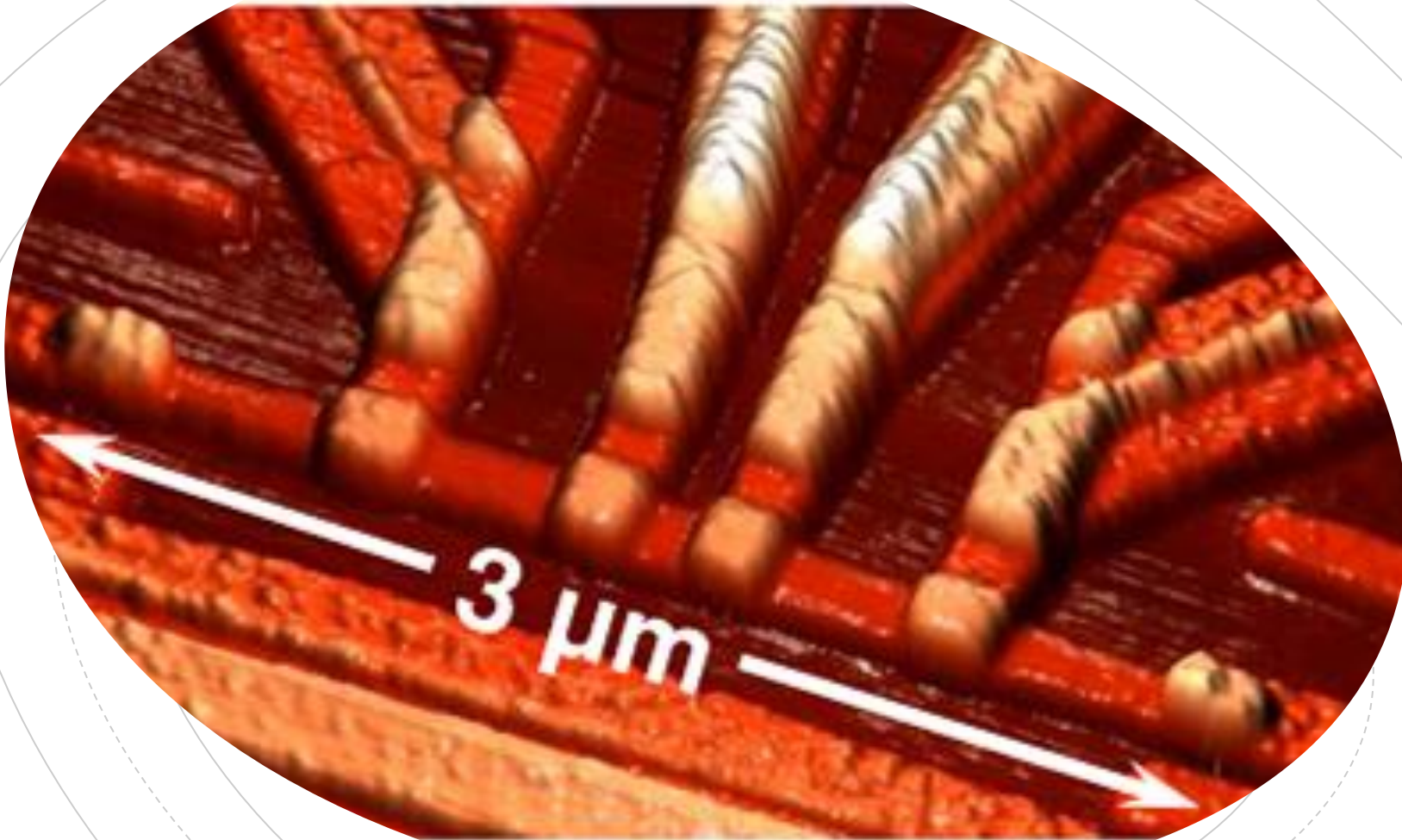


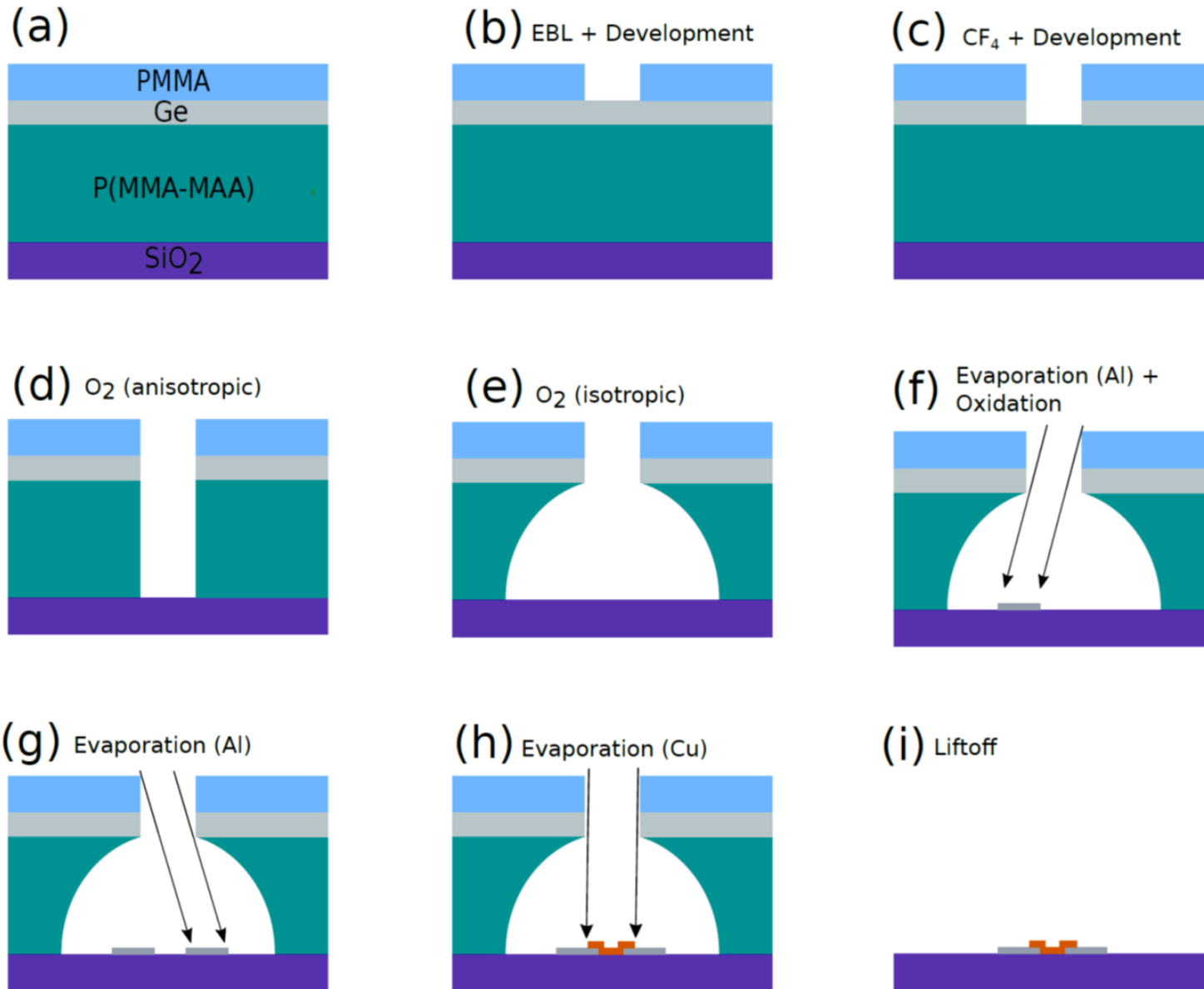
Temperature and thermometry



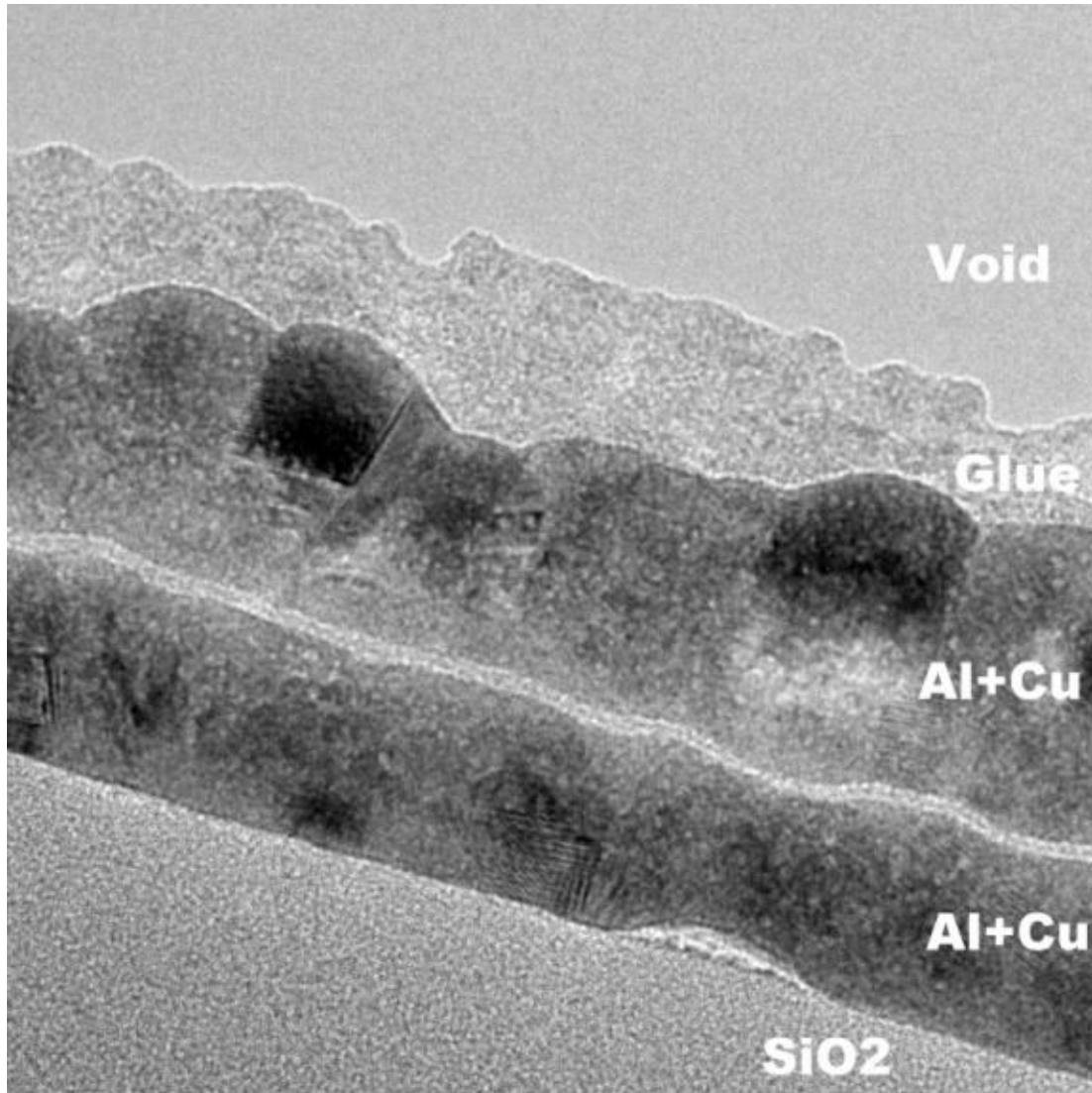
Jukka Pekola
Bayan Karimi

*Pico group, Aalto
University*

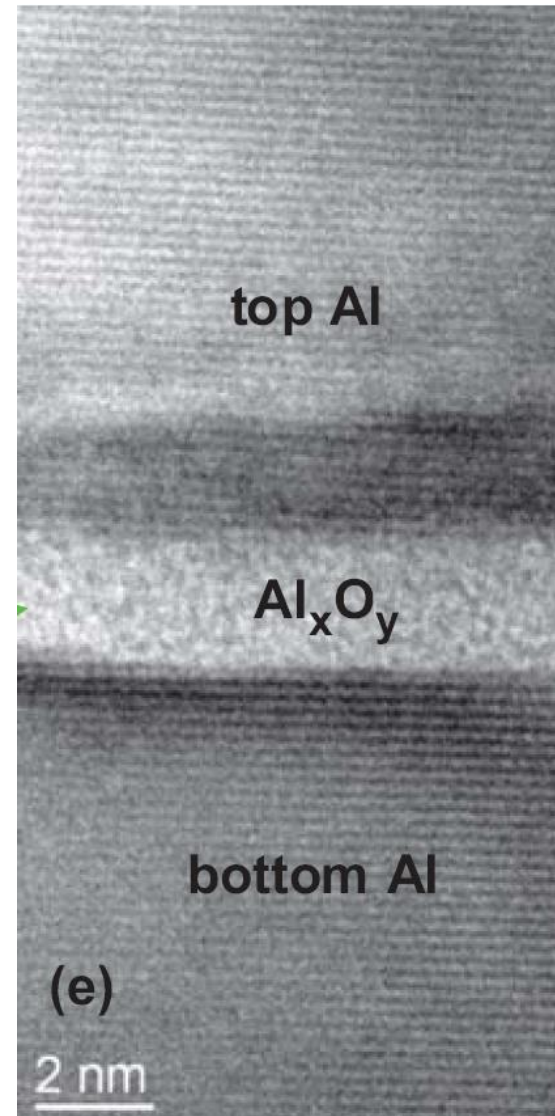
Sample fabrication



Tunnel barrier

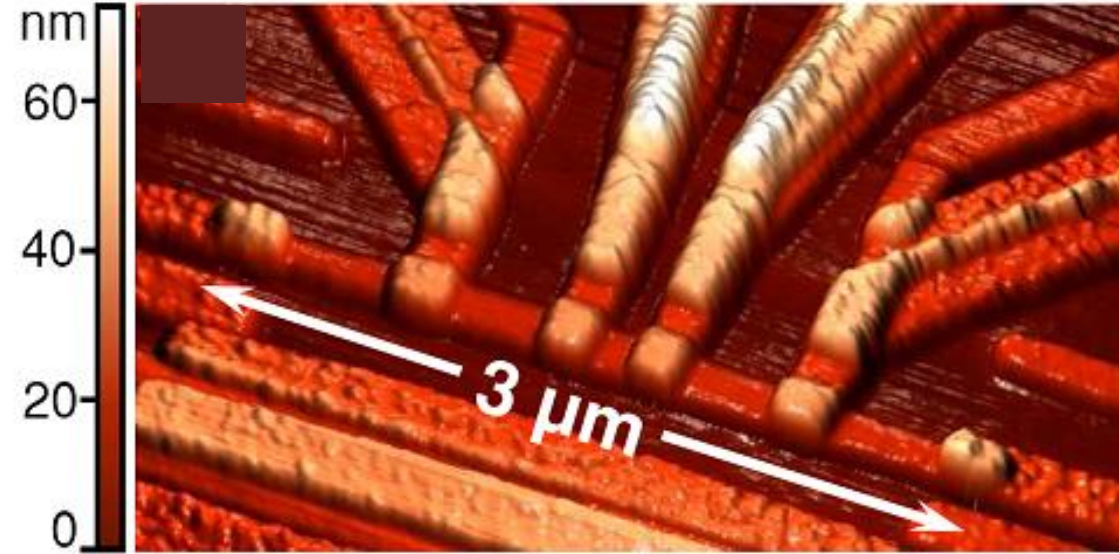
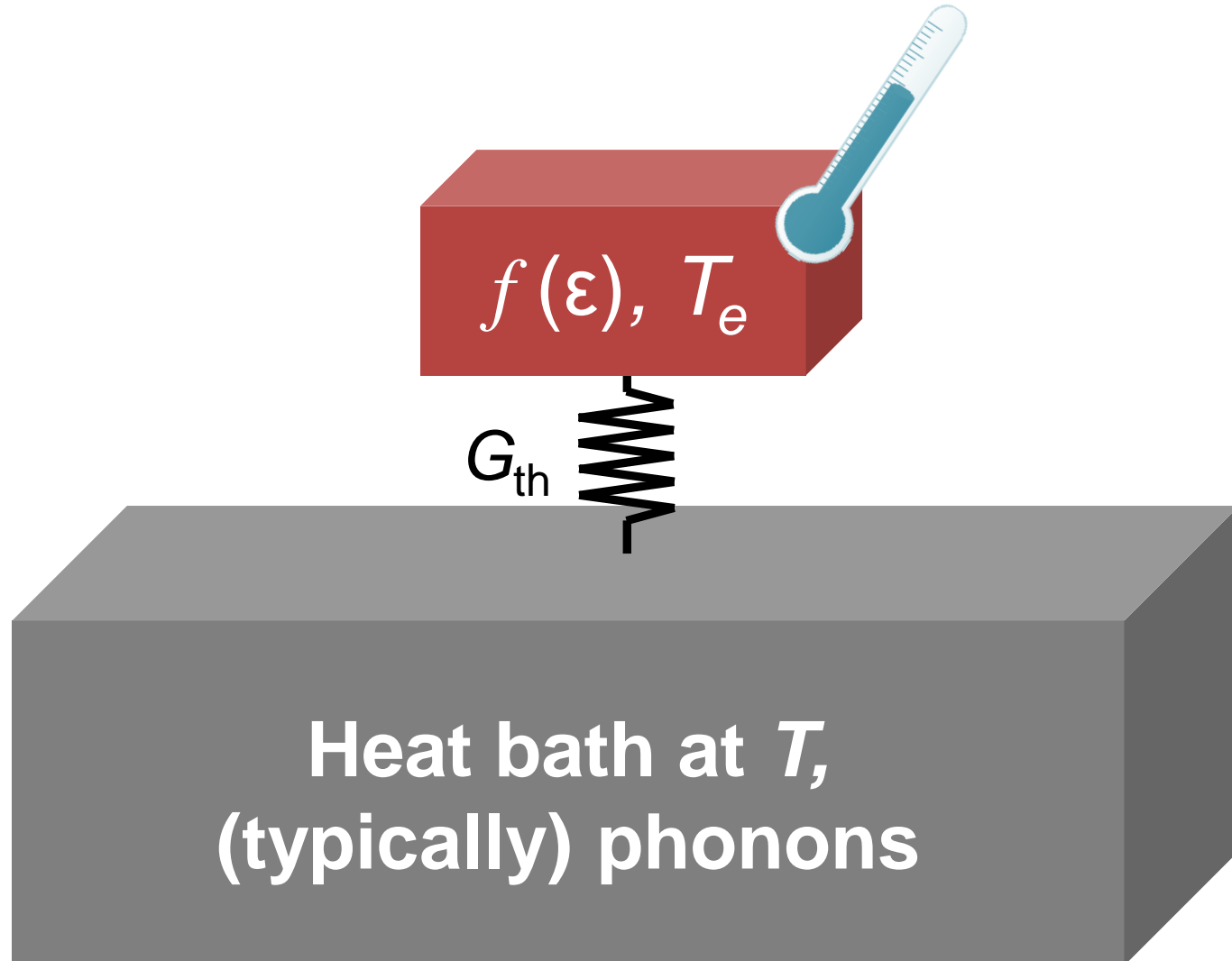


20.00 nm
X135000

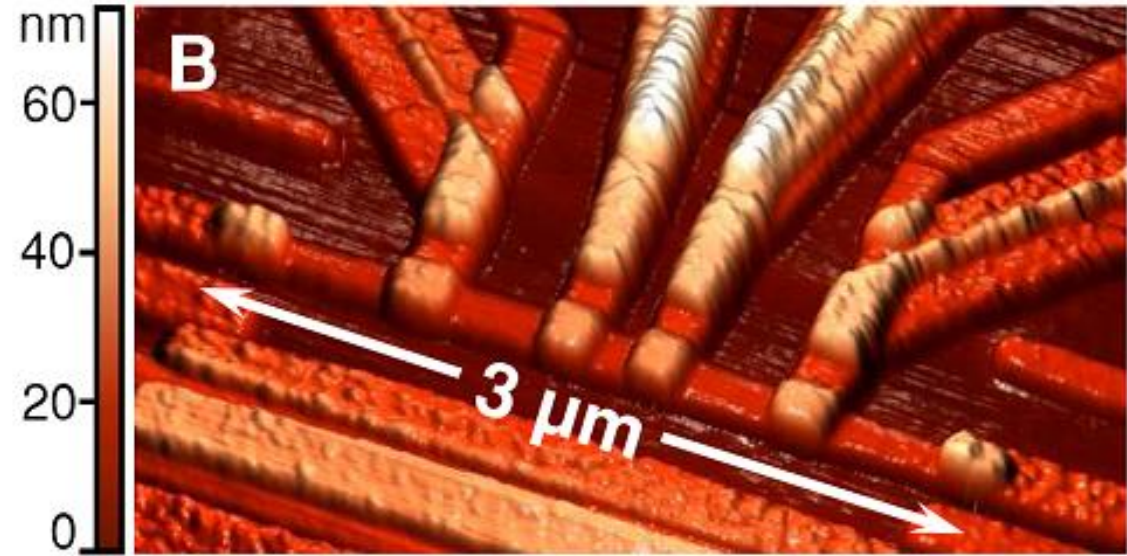
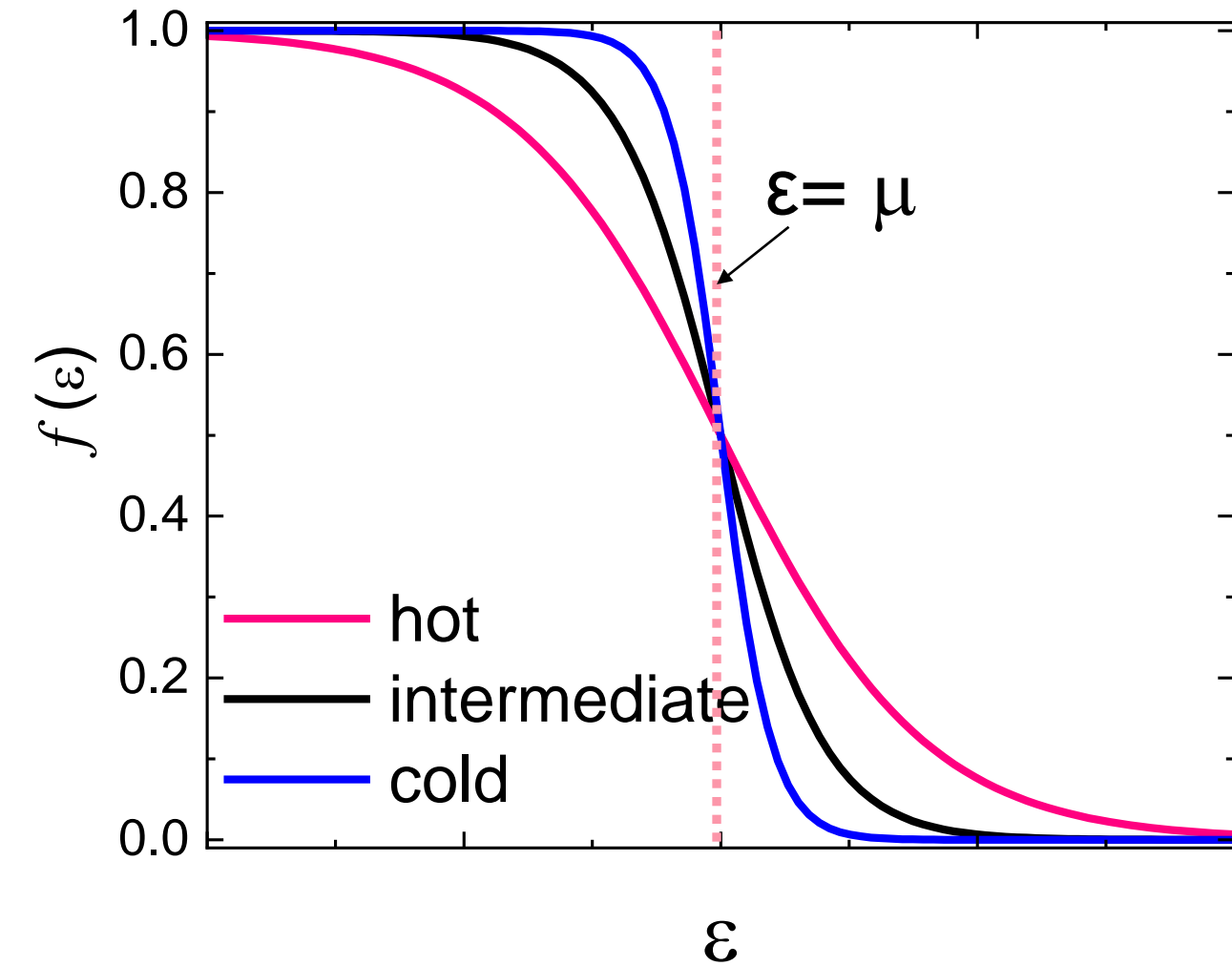


Examples of aluminium-oxide tunnel barriers

Generic thermal model for an electronic conductor

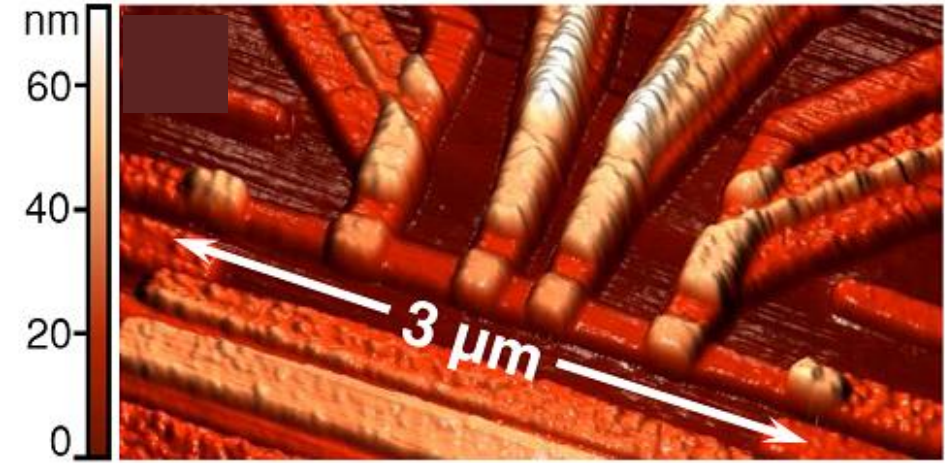
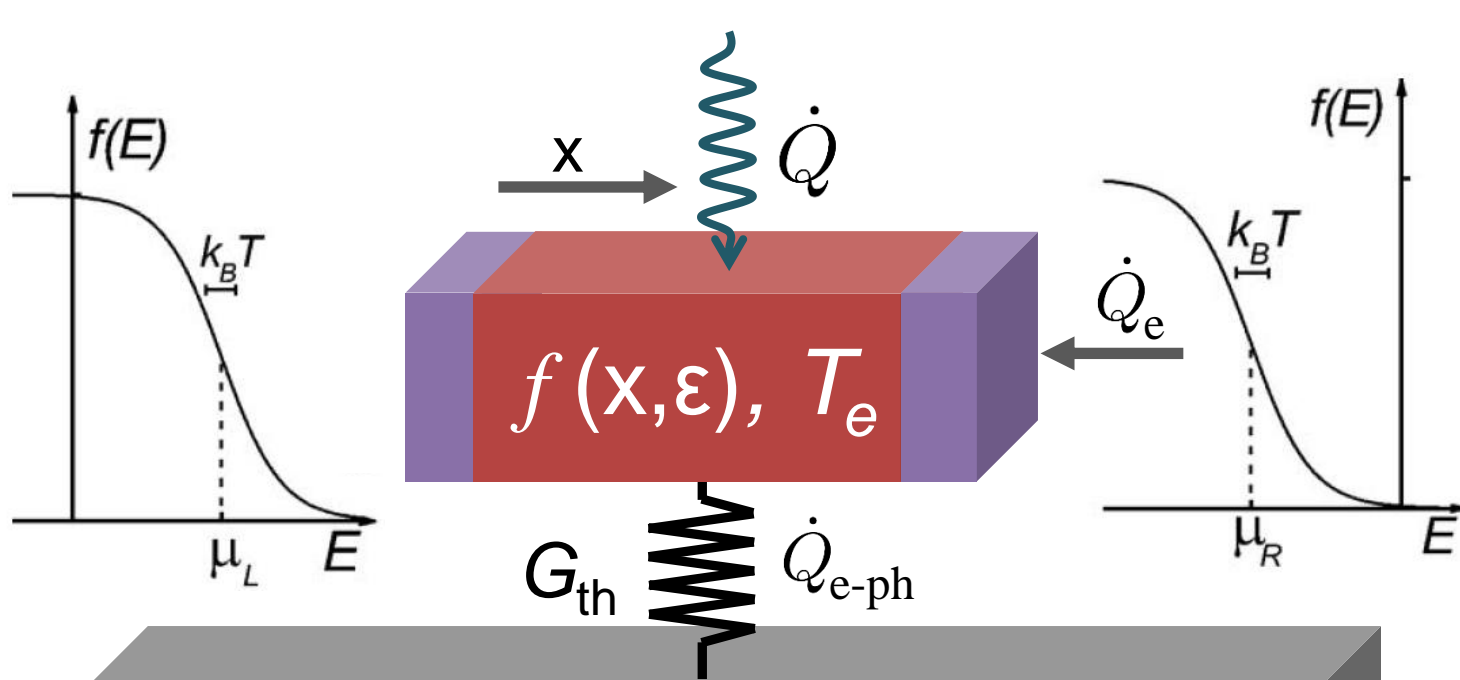


Temperature in an electronic device



$$f(\epsilon) = \frac{1}{1 + e^{\beta(\epsilon - \mu)}}$$

Generic thermal model for an electronic conductor

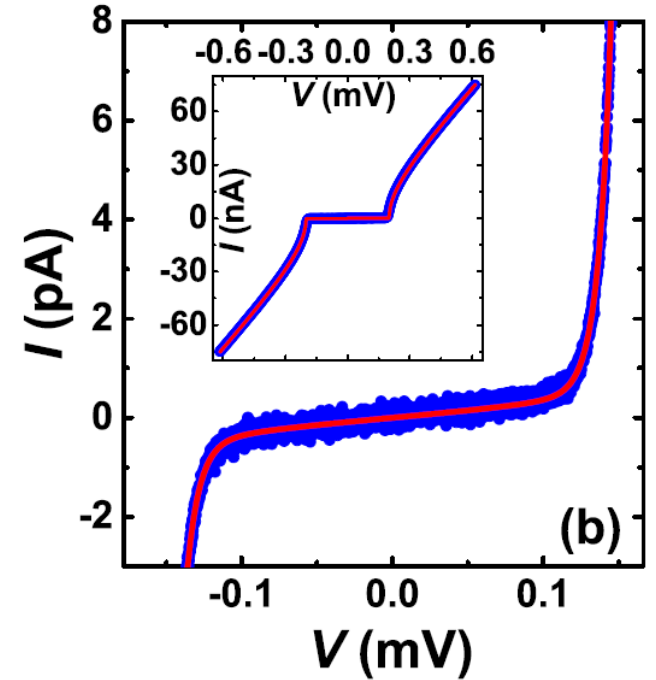
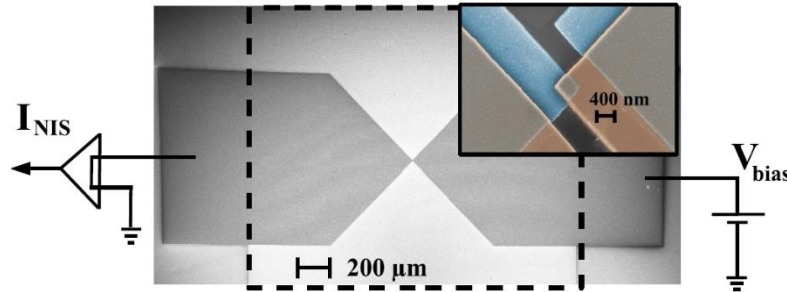
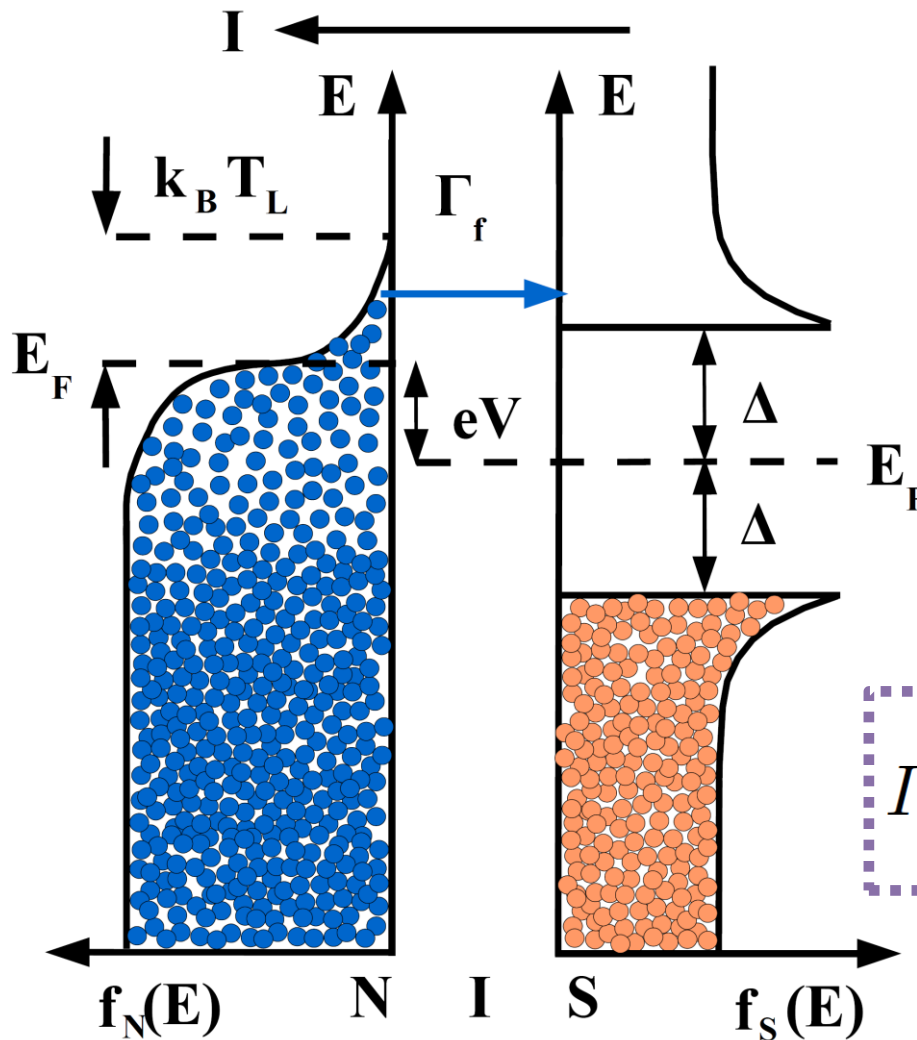


Heat bath at T ,
(typically) phonons

Separation of time scales:
 $\tau_{e-e} < 10^{-9} \text{ s}$, $\tau_{e-ph} > 10^{-6} \text{ s}$

Metal – Insulator – Superconductor

NIS tunnel junction



$$I = \frac{1}{eR_T} \int d\epsilon n_S(\epsilon) [f_S(\epsilon) - f_N(\epsilon + eV)]$$

$$I(-V) = -I(V)$$

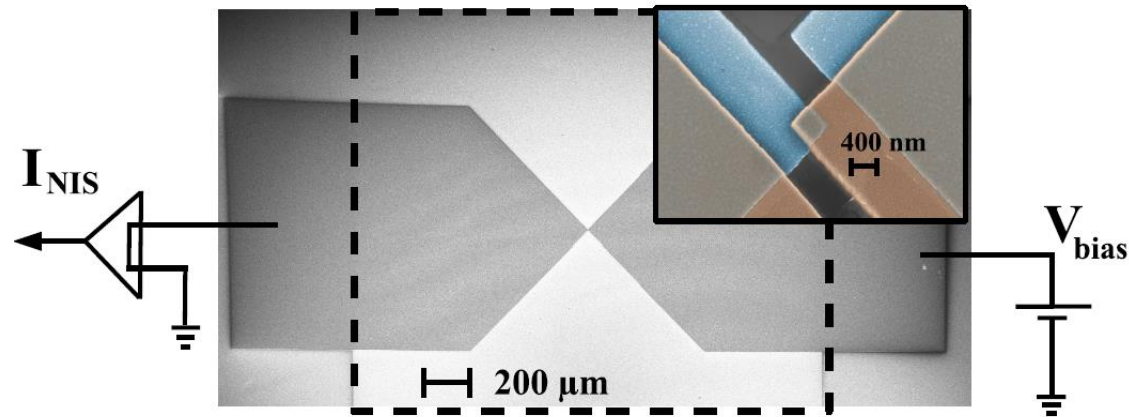
$$I = \frac{1}{2eR_T} \int d\epsilon n_S(\epsilon) [f_N(\epsilon - eV) - f_N(\epsilon + eV)]$$

Probes electron temperature of N electrode (and not of S!)

NIS-thermometry

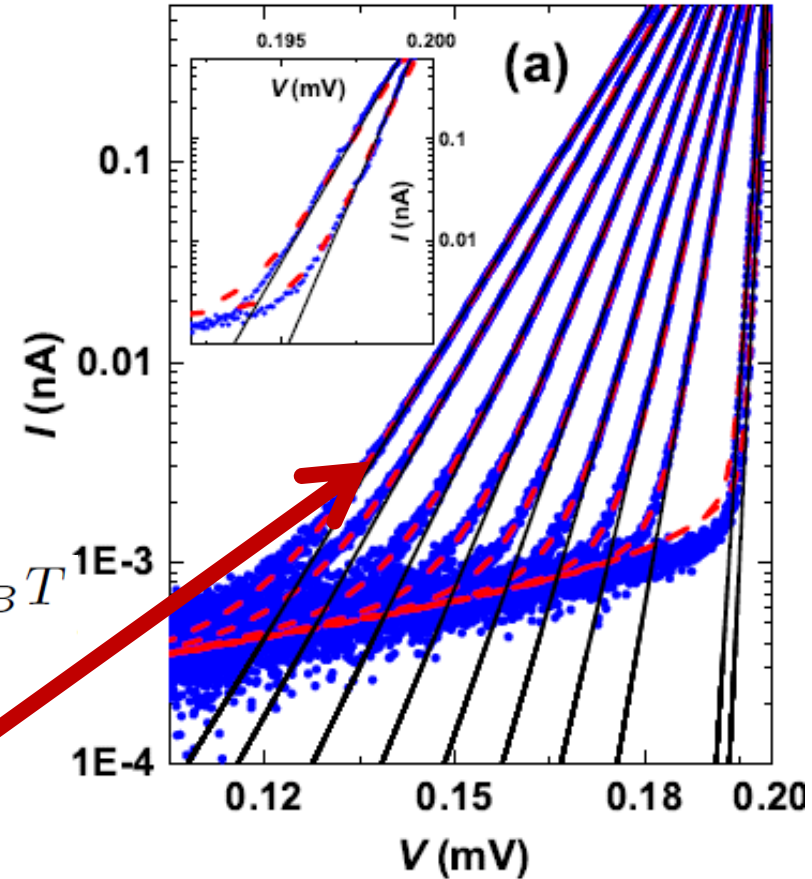
$$I = \frac{1}{2eR_T} \int n_S(E) [f_N(E - eV) - f_N(E + eV)] dE$$

Probes electron temperature of N electrode (and not of S!)



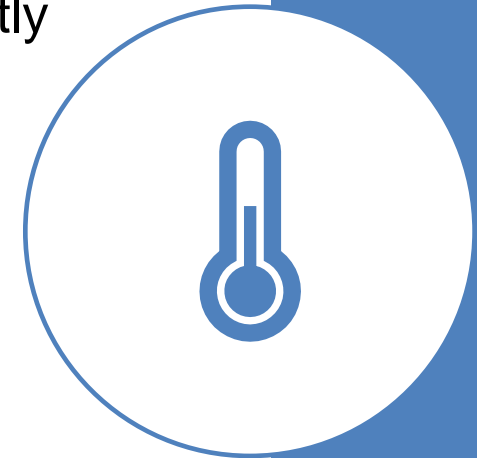
$$I \approx I_0 e^{-(\Delta - eV)/k_B T}$$

$$\frac{d \ln(I/I_0)}{dV} \approx \frac{e}{k_B T}$$



Low-temperature thermometry

- The thermometer should have a wide operating temperature range and should be insensitive to environmental changes, such as magnetic fields.
- The property x to be measured must be easily, quickly, and exactly accessible to an experiment.
- The temperature dependence of the measured property, $x(T)$ should be expressible by a reasonably simple law
- The sensitivity $(\Delta x/x)/(\Delta T/T)$ should be high
- The thermometer should reach equilibrium in a “short” time, both within itself and with its surroundings whose temperature it is supposed to measure. Therefore it should have a small heat capacity, good thermal conductivity and good thermal contact to its surroundings. In particular, the thermal contact problem is ever present for thermometry at $T \leq 1$ K.
- The relevant measurement should introduce a minimum of heat to avoid heating of the surroundings of the thermometer and of course, above all, heating of itself; this becomes more important the lower the temperature.



Frank Pobell,
Matter and
methods at low
temperatures,
Third Edition,
Springer, 2007.