

PLANNING YOUR STUDIES

SCI-A1010 Intro course for BSc Students



Aalto University
School of Science

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SCI-A1010, Spring 2022

<https://presemu.aalto.fi/scia1010>

Topics for this lecture

1. **What is academic advising and how it contributes to planning your studies?**
2. **Choosing a minor**
3. **Planning your studies and creating a study plan**

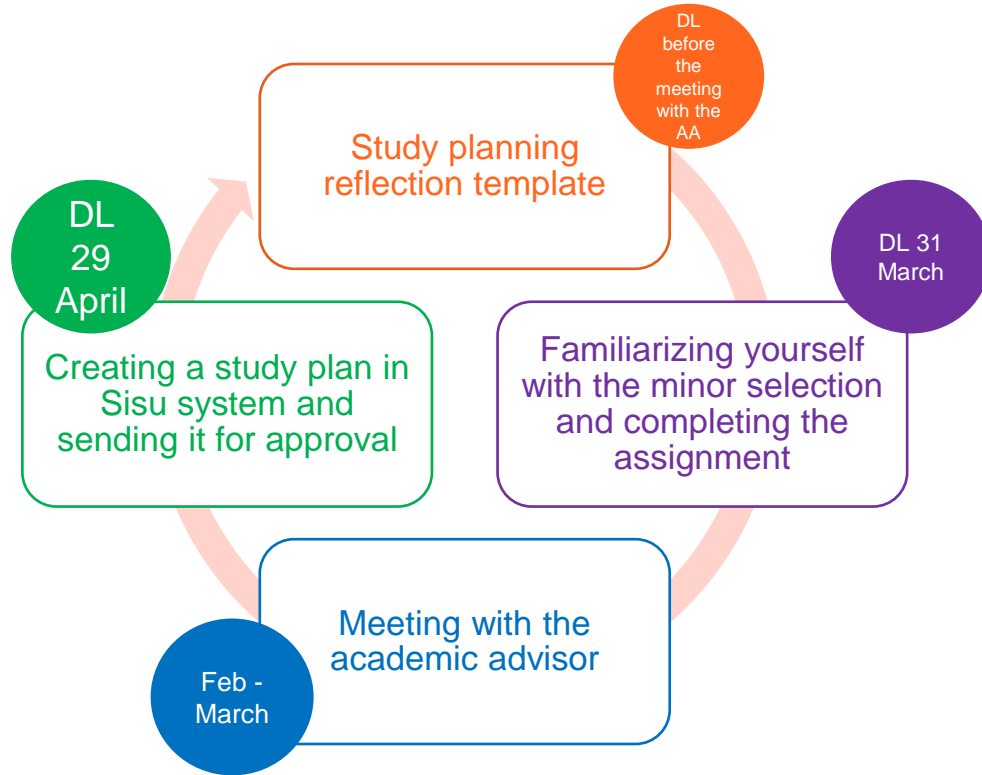
Timeline for the Spring

SCI-A1010 Introduction Course for BSc Students

Timeline 2021-2022



Study planning in the first year of studies (and thereafter...)



In the future, the study plan must be kept updated. You will need it for

- enrolling for courses
- applying for credit transfer
- applying for exchange
- graduation

ACADEMIC ADVISING

What is academic advising?

An Academic Advisor is a teacher in students' own field of study who can support the student with study related issues by:

- **giving general advice on studies at Aalto,**
- **offering support when making decisions on your studies**
- **discussing study and career plans,**
- **sharing their own experience and expertise**

Academic advising creates a link between students and staff so that:

- **students are recognized as an integral part of the academic community**
- **we collect feedback about the programme.**

AA is not a databank with the right answers, but more like a mentor/coach helping you finding the right answer.

Study planning reflection template

- **The template for the exercise can be found in MyCourses**
 - **In this exercise you will think about**
 - your goals, interests and dreams
 - plan your studies in order to meet your goals
 - Reflect on your achievements and possible difficulties in studies
- Fill the form before the meeting with the academic advisor and take it with you to the meeting**

Name			
Student number		Academic advisor	

Write as much on each theme as you wish. Return this form to your academic advisor before your meeting with him or her in the spring. Save a copy of the form for future reference.

1. Think about your goals and dreams

What goals have you set for your studies? What are you interested in?

What matters to you?

Do you want to study abroad? Are you interested in art and design or business? What about other higher education institutions in Finland?

Other interests besides technology?

What kind of job would you like to have? Are you planning to do your practical training (work placement) this summer?

What would you like to do when you grow up?

2. Design your degree

Draft your personal study plan (HOPS) on Sisu, in other words, plan the contents of your degree and select courses for it, while also planning their timing. Check when you should start studying towards your minor. Have you already given thought to which master's programme might interest you?

Come to our HOPS clinic for advice!

3. Assess the following both independently and together with your academic advisor

What is going well at the moment? What are your strengths? Do you have difficulties with something?

Go through your plan with your academic advisor.

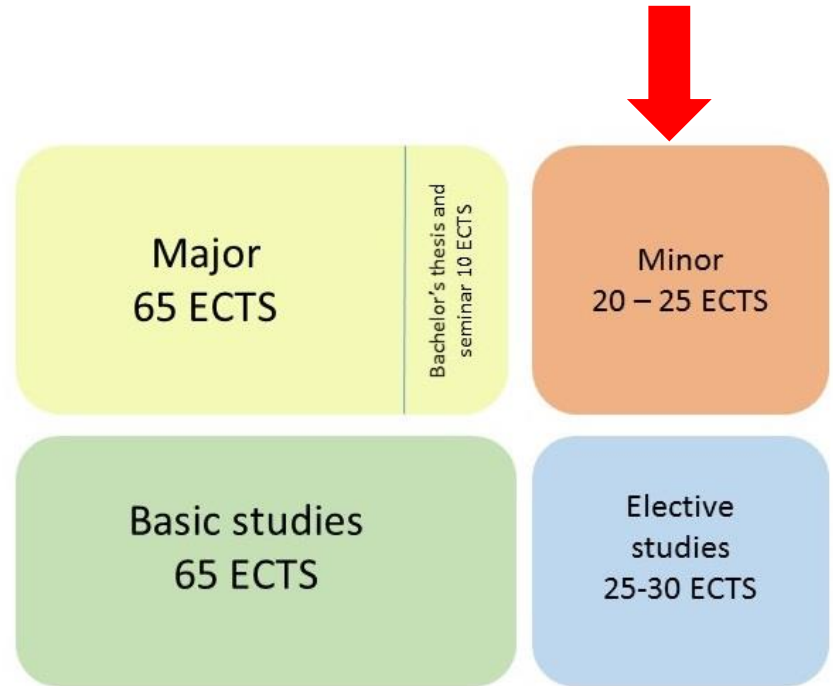
Submit this document and your study plan to your academic advisor.

What are you good at?

MINOR

What can I choose as a minor?

- A minor (20–25 cr) is a compulsory part of the BSc degree
- **Minor subject can be chosen**
 1. From Aalto University
 2. From another Finnish university through flexible study right (JOO)
 3. From a university abroad while attending exchange (International Studies minor)
- **Minor cannot be from the field of the major**
- **cannot include overlapping courses**
- **Minor is approved in the personal study plan**

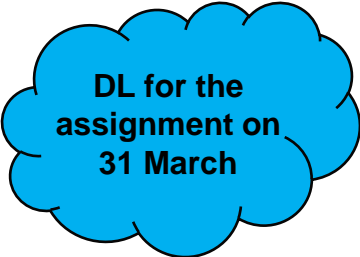


What should I choose as a minor?

- Whatever you want to learn or study!
- Can support you major or be something totally different
- Might affect your possible choice of MSc programme
- Top three minors of Aalto Bsc tech students
 1. Mathematics/Statistics
 2. Computer Science
 3. Digital Systems and Design

→ over 30 different minors chosen!
- Talk to your peers, friends, parents, academic advisor...

Koronavirus - tietoa opiskelijalle
Coronavirus - information för studerande
Coronavirus - information for students



- Studies
- > Academic catalogue 2020-2022 -
- > Bachelor programmes
- > Master programmes +
- > Doctoral programmes
- > **Minors 2020-2022** -
- > Minors by theme +
- > Minors by level +
- > Minors by language +
- > Minors by availability +
- > Instructions for applying for ARTS Minors
- > Academic calendar 2020-2022
- > Academic catalogue 2018-2020 +
- > Previous academic catalogues +
- > Courses
- > Studies in Swedish

Minors 2020-2022

Suomeksi | På svenska

Here you can find listed all the minors at Aalto. You can filter the list by theme, level, language or target group.

You can find the target group of each minor in the descriptions.

Please note that some minors require an application while others are open for all Aalto students, see [Instructions for applying for ARTS Minors](#)

All Minors at Aalto

Title	Available for	Language	Level	Theme
Aalto Math and Arts	All Aalto students	English	Bachelor Master Doctoral	Art and design knowledge building Mathematics and research methods
Aaltonaut	All Aalto students	English	Bachelor	Global business dynamics
Aalto Nuclear Safety	Students at schools of technology	English	Master	Advanced energy solutions and Materials and

SISU

Personal study plan

- In the personal study plan you draft the contents and timing for your BSc degree
- The plan will be created in Sisu – sisu.aalto.fi
- Send the plan for approval by **29 April**
- You will get a personal feedback of your plan
- You can change and update the plan at any time
- Send it for reapproval if you make bigger changes such as change a minor

How to create a study plan in Sisu?

1. Log in to Sisu: sisu.aalto.fi
2. Select the right study plan template (2021-2022)
3. Make the choices for optional and elective courses and minor
4. Send for approval the modules that require it: “Approval required” or “Selections against the rules”

Instructions:

<http://sisuhelp.aalto.fi/>

SISU guidelines

- Remember to apply for approval for your language studies modules (both second national language and compulsory foreign language)
- You have to place minimum amount of courses to the right module before you can apply for approval. If you have questions about particular course(s), check prerequisites and priority groups before contacting LES.
- Check that you have the right version of the course before enrolling
- Use free edit mode, if you want to place courses outside the curriculum to your study plan

<https://into.aalto.fi/display/enbsctech/Curriculum+2020-2022>

SUPPORT

Need help with the study plan?

- Take advantage of the AA meetings
- **Help with practical issues or SisU**
 - Contact study advisors if you need help with the technical issues advisors-sci@aalto.fi
 - Book a personal meeting time with the coordinators
 - Email us at bsc.tech@aalto.fi

→ **See all contact methods at**
<https://into.aalto.fi/display/enbsctech/Contact>

Example:

What minor should I choose? → AA

What minors are there to choose from? → LES

How to use SISU? → Study advisors

How are you doing?

If you need help, feel lonely or are struggling with your studies – you do not have to manage on your own 😊

- **Starting Point of Wellbeing** 😊
<https://into.aalto.fi/display/enopisk/Starting+Point+of+Wellbeing>
- **Study Skills**
<https://into.aalto.fi/display/enopisk/Study+skills>
- **Contact us @ bsc.tech@aalto.fi if you don't know who to contact or where to find help!**



THANK YOU!
QUESTIONS?