

Welcome to *sustainable* Aalto!

Aalto University is committed to UN's Sustainable Development Goals. Download AaltoSDG mobile application to stay informed about the sustainability work at Aalto and to take action in your own life.



Education and research

The most effective way to improve sustainability is through your studies. Sustainability activities are coordinated by **Aalto Sustainability Hub**.

- Degree programs and online courses: aalto.fi/en/sustainability/education
- Research: aalto.fi/en/sustainability/research
- Climate University online courses on climate change and circular economy: blogs.helsinki.fi/climateuniversity/



Purchases

We consider responsibility in all procurement. It's easy to consume sustainably:

- Useful sites and groups for exchanging goods and services on campus: aalto.sharetribe.com/ and fb.com/groups/teekkarikylamarkkinat/
- Check also kierratyskeskus.fi/en
- Otaniemi recycling center is the perfect place to rent your homeware. You can also donate, buy and get free useful stuff in the heart of the campus, fb.com/reuseandrescue

Recycling

The best waste is no waste. Sort waste according to provided instructions, both on campus and in your spare time.

Read more: hsy.fi/en and aalto.fi/recycle

Electronics, IT

Use computers and other devices eco-efficiently. The Aalto IT Service Desk can help you.

- Check the power save settings on your computer, even the sleep mode uses power.
- Turn off the screen, lights and devices, when not in use.
- Minimise your paper consumption, print on both sides of a paper and in smaller font.

Housing and university buildings

Aalto aims for a carbon neutral and pleasant campus. You have an impact too:

- Book and find rooms on campus with Aalto Space App, aalto.fi/en/palvelut/aalto-space-mobiilisovellus
- Switch to green electricity, e.g. ekosahko.fi
- "No adds please" sticker in your door cuts down the paper waste.
- Save water and energy.

Transport

Aalto strives for sustainable mobility together with HSL and cities.

- Whenever possible walk, cycle or use public transportation, favoring rail traffic, reittiopas.fi/en
- Journey planner for cyclists: pk.reittiopas.fi/en
- Yellow Alepa citybikes: kaupunkipyorat.hsl.fi/en
- Borrow a carrier bike from Dipoli or Väre.
- Fix your bike in Otaniemi at BFIX bike repair points or bikepoli.ayy.fi
- Carsharing e.g. citycarclub.fi
- Compensate your emissions e.g. compensate.com

Food

After housing and mobility, food is the most significant factor affecting climate change.

- Favour plant-based and seasonal foods, as well as local, organic and Fairtrade.
- Only take as much as you can eat.
- Use proper cutlery, instead of paper or plastic.
- Tapwater is an ecological drink.
- Rent a plot at the Otaniemi Urban garden: fb.com/OtaniemiUrbanGarden
- You can share and pick up leftover foods through the student's telegram group t.me/food123

Wellbeing and socializing

- Student mental health is supported by nyyti.fi/en
- Aalto psychologists offer help for example with stress and climate anxiety.
- The Student Union AYY is a good platform for promoting sustainable and ethical activities, e.g. Sustainable Business Club. Read more: ayy.fi/en/associations/
- Organise your events sustainably: greeningevents.fi

More information

aalto.fi/sustainability
aalto.fi/SDG

