



**SAFER TUTOR
GROUP**

**AYY TUTOR TRAINING
AALTO CHAPLAIN JENNY VAINIO**

THINK FOR A MOMENT

In what kind of group you can be yourself?

Where does the feeling come from?

What was your own freshman group like?

How do you envision your own future tutor group?



SAFE GROUP

- Everyone feels welcome, regardless of their background
- Freedom to be yourself, express yourself freely and to be involved in all activities
- Shared responsibility for common security

PRINCIPLES FOR SAFER SPACE (WWW.ALLI.FI)

- Practices to allow experience of security in the group
- Community (e.g. tutor group) creates principles for itself to which its members commit
- Principles enable inclusion and shared responsibility for creating a social space
- Principles also help in resolving conflicts
- The most important thing is to become aware of your own presuppositions
- Assumption of diversity!

PRINCIPLES FOR SAFER SPACE (WWW.ALLI.FI)

- **DON'T ASSUME**
- **RESPECT**
- **BE OPEN**
- **ENCOURAGE**
- **INVOLVEMENT**
- **RELAX**

DON'T ASSUME

RESPECT EVERYONE'S SELF-DETERMINATION AND DO NOT MAKE ASSUMPTIONS ABOUT, FOR EXAMPLE, THE GENDER, BACKGROUND, OR FAMILY RELATIONSHIPS OF OTHERS.

Notes from AYY's association training:

- New students can come from all kinds of backgrounds
- Gender does not automatically mean certain behaviour
- Choice of clothing does not determine a person
- Specialist in some field may not want to be an expert in his or her free time

RESPECT

**GIVE OTHERS SPACE, PAY
ATTENTION TO YOUR CHOICE
OF WORDS AND KEEP IN MIND
THE DIVERSITY OF THE EVENT
PARTICIPANTS.**

Notes from AYY's association training:

- Respect the right of self-determination of others
- Don't keep asking if a person does not want to tell you everything about themselves
- Avoid dumb words or jokes
- Try to take everyone's opinions and thoughts into account in the group
- Act encouragingly

BE OPEN

APPROACH NEW TOPICS AND PEOPLE IN AN OPEN-MINDED MANNER, TAKE EVERY EMERGING ISSUE AND SITUATION AS AN OPPORTUNITY TO LEARN NEW THINGS AND DEVELOP.

Notes from AYY's association training:

- Try to identify your own prejudices and stereotypes
- Ask if something is unclear to you
- Approach a lonely person
- Proactively explain the reasons and goals for what you are doing
- Don't hide your mistakes – everyone makes them!
- We are all united by diversity – treat this richness openly and kindly

ENCOURAGE

**TAKE RESPONSIBILITY FOR THE
EXPERIENCE OF OTHER
PARTICIPANTS AS WELL.
LISTEN AND ENCOURAGE.**

Notes from AYY's association training:

- Also notice the quiet ones
- Encourage new students to join associations and recreational activities
- Encourage others to try out something new and ask for help if needed

INVOLVEMENT

**IF YOU WITNESS ANY FORM OF
HARASSMENT OR OTHER
INAPPROPRIATE TREATMENT,
DO NOT REMAIN AN OBSERVER.**

Notes from AYY's association training:

- If you are not sure what happened in the situation, you can always ask
- Think about the words you will use in advance when addressing inappropriate behaviour
- AYY's harassment contact persons help and advise you if necessary

RELAX

**CONFUSION AND MAKING
QUESTIONS IS ALLOWED.**

Notes from AYY's association training:

- If someone does not know something, it is okay
- Do not laugh viciously at the mistakes of others
- Accepting and sharing of your own mistakes relaxes the atmosphere of the whole group
- If you inadvertently hurt another person, you can apologise
- It is okay if you don't always want to be involved in everything and you can also refuse

THINK FOR A MOMENT

What kind of thoughts the principles for safe space evoke in you?

In what ways can you support the development of your tutor group to be safe for all its members?

**THANK YOU FOR
PARTICIPATING,
HAVE A GREAT AND
REWARDING
TUTORING
EXPERIENCE!**

