

TEAMWORK
First-Aid Kit

REFLECTION CARDS



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www.aalto.fi/en/collaboration/teamwork-first-aid-kit

*What has been your
MAIN ROLE
in the project so far?*

- What do you see as your most important tasks / role at the moment?
- Has your role changed during the project?
- Are you comfortable with the current role?

*What are your
STRENGTHS
& WEAKNESSES
in your current role?*

- How do these manifest?
- Do you think your team members would give the same answer?

*What kind of
MOMENTS OF
SUCCESS
have you had
during the project?*

- How have these affected you and your being in the project?
- How have those moments of success affected the team atmosphere?

*What kind of
SETBACKS/
MOMENTS OF
FAILURE
have you had so far?*

- How have you dealt with those situations?
- How have you solved the possible problems?
- Where could you improve?

*What has been most
CHALLENGING
to you so far?*

- Why do you think this is challenging to you?
- How could you better handle these challenges in the future?
- What kind of support you might need?