

A-Clinic Foundation

Design assignment for voluntary work

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A-Clinic Foundation

- Established 1955
- A Non-profit organization for prevention and treatment of
 - Substance abuse problems
 - Behavioral addictions (gambling, gaming etc.)
- Services, research and voluntary work
- Active in selected cities across the country: Helsinki, Tampere, Oulu, Salo, Kotka, Hämeenlinna
- Owner of A-Clinic Ltd, a subsidiary with a national reach and 500 staff
- A-Clinic brand (“A-klinikka”) well-known
- Voluntary work started in the spring 2021 with a participant base of 150 and growing
- Volunteers do harm reduction work among drug users in the streets

Strategy: 6 principles

1. Strong focus on addictions. A-Clinic Foundation is an expert in the field of substance abuse and addictive behaviours.
2. We aim to de-stigmatize addictions.
3. Meeting people in person, being present and showing compassion are at the heart of our activity.
4. We want the society to be more humane.
5. We shall strengthen our research.
6. We provide innovative digital services.

Voluntary work at A-Clinic Foundation

Our volunteers help us to deliver more effective help to people who are marginalized, vulnerable or socially excluded. With volunteers, we are able to offer more personalized support and in the best-case help turn lives around.

Harm reduction on basic level

Street work

- *providing food hygiene material, gloves, socks, hats etc. warm clothes
- * encounter people on their level. (based on dialogue and seeing the person as an equal)
- *Helping them find help to their life situation

Environment work

- *cleaning dirty/used syringes and other drug users' trash around the city

Buddy work at Library (Oodi)

- *Encountering drug users at the library
- *Helping them with basic library related errands
- *Helping them find help (in co-operation with city of Helsinki and other organizations)