

# CAREER DESIGN LAB

**How can you  
prepare for your  
career after  
dissertation?**



# WHAT ENERGIZES YOU?

- Pay attention to your motivation
- Which activities and topics energize you and feel meaningful?
- Clarify your interests, values and goals
- Every course and project is an opportunity to learn more about your strengths and passions and shape your path
- Meaningful work is one of the best predictors of career success and wellbeing

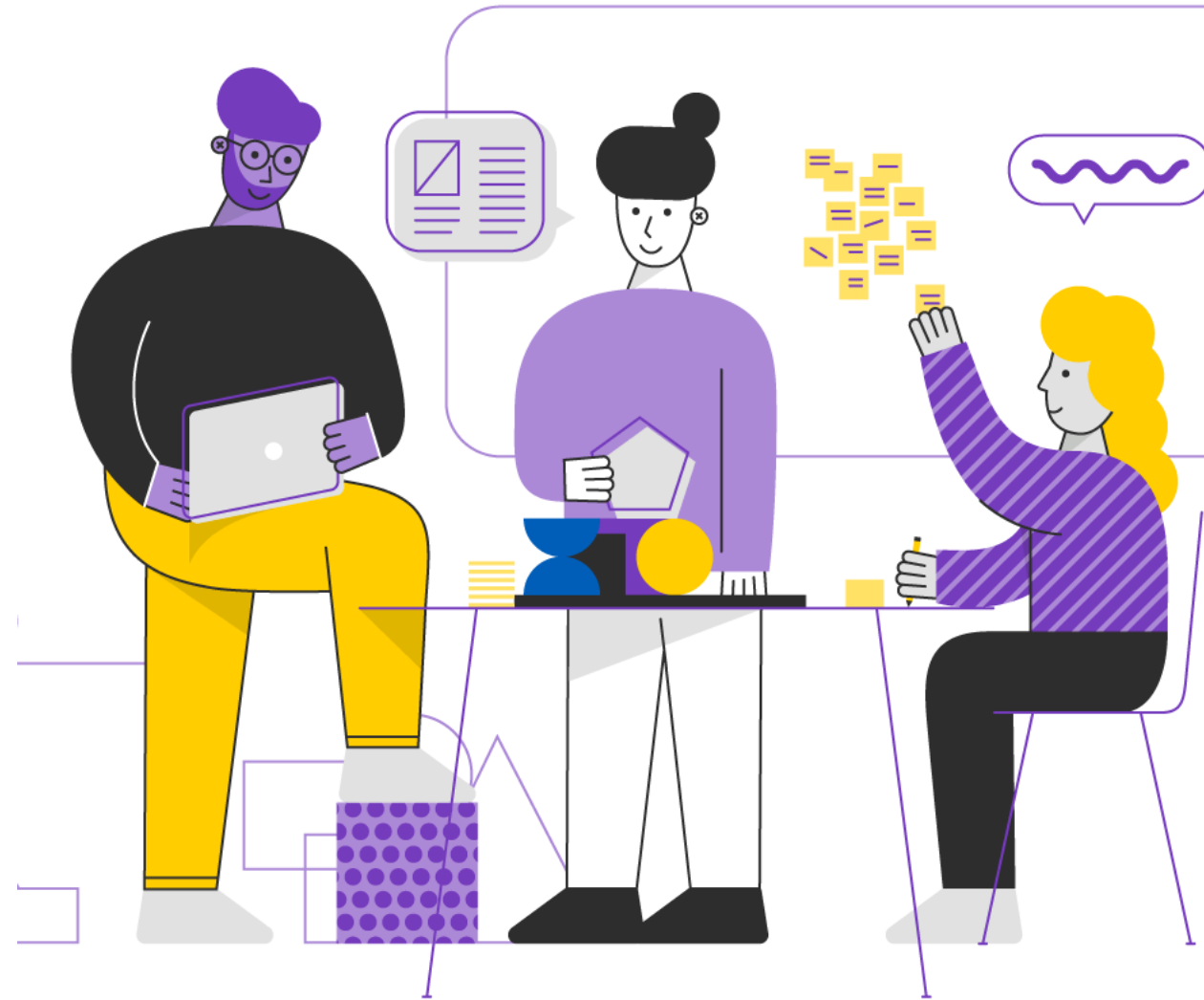
# COURSES & EVENTS

## Courses online

Design a Meaningful Career  
Finland Works  
Future of Work

## Career events

Aalto Talent Expo on November 2



# Career Design Lab

**supporting your  
meaningful career design**

[Career Design Lab | Aalto University](#)

# JobTeaser

**supporting your job search**

[Dashboard \(jobteaser.com\)](#)

- Check out our tips for your career exploration for years one to four
- Career design tools
- Career courses
- Personal career coaching
- Job search guide & training
- Job portal
- Employer information & events
- Aalto International Talent group mentoring program

# STAY TUNED

- **Doctoral education newsletter**
  - Read our section
- **Get direct emails: [sisu.aalto.fi](https://sisu.aalto.fi)**
  - Go to: My profile -> Personal information
  - > Disclosure of information -> Edit

## Tick the box

*"My contact details and personal data may be used for recruitment purposes"*

- **Contact us**  
[careerservices@aalto.fi](mailto:careerservices@aalto.fi)

