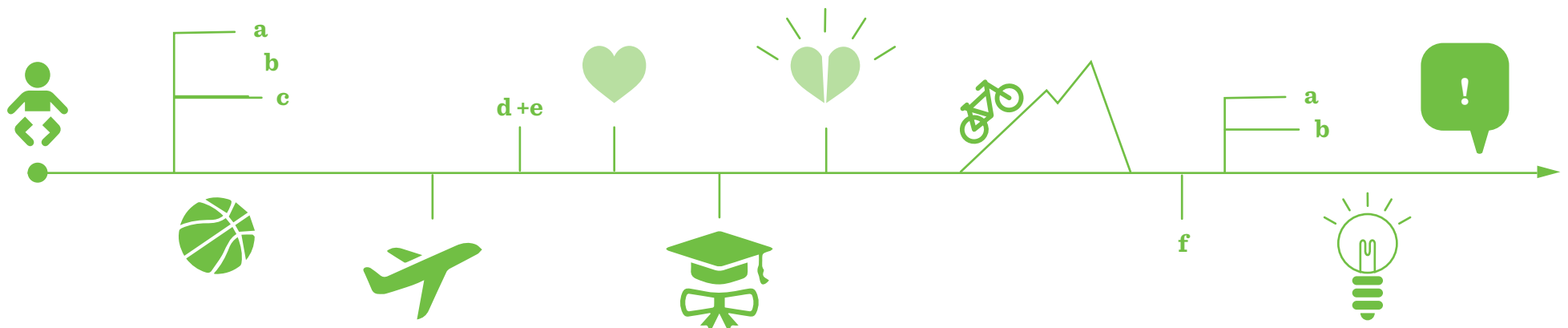


**TEAMWORK**  
*First-Aid Kit*

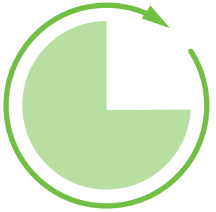
**LIFELINE**  
*exercise*

# LIFELINE EXERCISE

- 1 Draw a "lifeline" & mark significant occasions in your life, e.g. HOBBIES, STUDIES, WORK EXPERIENCE, VOLUNTARY WORK *etc.*
- 2 Think: How has the different time periods affected your PROFESSIONAL SKILLS?  
How have they built up your personal STRENGTHS & OTHER CAPABILITIES?



# LIFELINE EXERCISE



*15 min*

*This is my lifeline:*



# LIFELINE EXERCISE



**10 min**  
*per team member*

**1** *Share your story!*

**2** *Think: Based on your experience, WHAT WILL YOU BRING TO THE TEAM/PROJECT?  
Skills, knowledge, experience, understanding etc.*

