

FRAMEWORK FOR CO-DESIGNING ENVIRONMENTS CONDUCIVE TO LEARNING AND WELLBEING

Tiina Mäkelä (PhD),

Innovative Learning Environments research group

Finnish Institute for Educational Research, University of Jyväskylä

group v of Jyväskylä



Part I: Introduction to Learning Environment Design (LED) framework Part II: Balancing communality with individuality Part III: Balancing comfort with health Part IV: Balancing novelty with conventionality Part V: Flexibility and functionality

Visualisation of the LED framework by Iconograph

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Defining learning environments

Technology-Enhanced Physical Learning Environment

Social competences Cognitive wellbeing

Emotional competences Emotional wellbeing

Cognitive competences

Social wellbeing

Physical competences

Physical wellbeing





Psychosocial Learning Environment

Mäkelä 2018

The LED framework version 1



Mäkelä, T. (2018). A design framework and principles for co-designing learning environments fostering learning and wellbeing. Jyväskylä, Finland: University of Jyväskylä. Jyväskylä studies in education, psychology and social research, 603. http://urn.fi/URN:ISBN:978-951-39-7332-2

Mäkelä, T., & Leinonen, T. (2021). Design Framework and Principles for Learning Environment Co-Design: Synthesis from Literature and Three Empirical Studies. Buildings, 11(12), 581. http://dx.doi.org/10.3390/buildings11120581







Learner perception:

LED framework V1 was based on research literature and empirical studies involving learners' in the LE design:

- Survey collecting learners' perspections
- Co-design workshops



Photos: University of Jyväskylä Teacher Training school archives





Need for updating the framework



- Need to consider better teachers' perspective
- Blended/hybrid LEs: combining onsite (at educational institution) and online (e.g., at home) teaching and learning
- Other LE requirements that COVID-19 pandemic brought into light.
- **Expert review:** Ten Finnish experts reviewed the framework/related questionnaire items.
 - Expertise on all educational levels from early childhood to higher education (researchers, architects, school directors, teachers, administrators, consultants)

Impacts of COVID-19 pandemic on future learning environments:

Mäkelä, T., & Kankaanranta, M. (2021). COVID-19 pandemian vaikutukset tulevaisuuden oppimisympäristöihin. Kunnallisalan kehittämissäätiön julkaisu, 42. NOTE: Currently published only in Finnish. Finnish publication entails, however, a good list of references in English related to this topic: https://kaks.fi/wpcontent/uploads/2021/05/42 covid-19-pandemian-vaikutukset-tulevaisuuden-oppimisymparistoihin.pdf





Learning environment design (LED) -survey

- Created based on the framework and its seven LE constructs, 16 subthemes and 89 characteristics fostering teaching-learning processes and wellbeing
- Both closed and open-ended questions to collect teachers' and learners' perceptions of
 - (a) the importance of each LE characteristic (Likert scale 1-5), (b) how well they are considered in their actual LE (Likert scale 1-5), and (c) how they could be better considered in their LEs (open-ended questions).

	1 Täysin eri mieltä	2 Eri mieltä	3 Ei samaa eikä eri mieltä
Opettajajohtoinen opetus on tärkeää.	\bigcirc	\bigcirc	\bigcirc
Nykyinen ympäristö tukee opettajajohtoista opetusta. Esim. mahdollisuudet opettajajohtoiseen opetukseen; opettajan pöytä ja liitutaulu tai sähköinen taulu luokan edessä; sopiva katseluetäisyys esitystekniikkaan; (video)luennot ilman vuorovaikutusta.	\bigcirc	0	0







LED-survey

- Currently data from
 - teachers (n = 150) representing early childhood (n = 36), primary (n = 150) 37) and secondary (n = 77) education: similarities and differences between educational levels
 - high school teachers (n = 176) and students (n = 1189): similarities and differences between teachers and students
 - high school teachers (n = 16) before and after employing new school spaces: experienced improvement

Research-based principles for designing learning environments conducive to learning and wellbeing



RELATED PUBLICATIONS

Mäkelä, T., & Leinonen, T. (2021). Design Framework and Principles for Learning Environment Co-Design: Synthesis from Literature and Three Empirical StudieS. Buildings 11, (12), 581.

Mäkelä, T., & Kankaanranta, M. (2021). COVID-19 pandemian vaikutukset tulevaisuuden oppimisympäristöihin. Kunnallisalan kehittämissäätiön julkaisu, 42.

Mäkelä, T. (2019). Suunnitteluviitekehys ja periaatteita oppimista ja hyvinvointia edistävien oppimisympäristöjen yhteissuunnitteluun. Oppimisen ja oppimisvaikeuksien erityislehti : NMI-bulletin, 29 (1), 10-18.

Mäkelä, T. (2018). A Design Framework and Principles for Co-designing Learning Environments Fostering Learning and Wellbeing. Learning by design, 27 (Supplement: Dialogues 02), 10-11.

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Mäkelä, T. & Helfenstein, S. (2016). Developing a Conceptual Framework for Participatory Design of Psychosocial and Physical Learning 19(3), 411-440. Environments. Learning Environments Research,

Mäkelä, T., Lundström, A., & Mikkonen, I. (2015). Oppimistilojen yhteissuunnittelua: opiskelijat aktiivisina osallistujina. (Co-designing) learning spaces: Students as active participants) In S. Nenonen, S. Kärnä, J.-M. Junnonen, S. Tähtinen, & N. Sandström (Eds.), Oppiva kampus: how to co-create campus? (pp. 272-287). Tampere, Finland: Suomen Yliopistokiinteistöt.

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Mäkelä, T., Kankaanranta, M. & Helfenstein, S. (2014). Considering Learners' Perceptions in Designing Effective 21st Century Learning Environments for Basic Education in Finland. The International Journal of Educational Organization and Leadership, 20 (3), 1-13.





tiina.m.makela@jyu.fi

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Mansikkalan puukoulu (photo by Ecophon)

I COMMUNALITY (A) TEACHING-LEARNING INTERACTION

"Versatile possibilities and spaces for collaboration"

- I.1 Teacher-led instruction
- I.2 Teacher visibility
- I.3 Learner-centredness
- I.4 Collaboration between teachers
- I.5 Collaboration between teachers and support personnel I.6 Learner collaboration
- I.7 Transversal project-based learning



Photo: University of Jyväskylä Teacher Training school archives





I.6 Learner collaboration & I.7 Transversal project-based learning: Laboratory tables in the classroom; group working areas inside and outside the classroom

I.2 Teacher visibility: Glass walls, wide sliding doors



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I COMMUNALITY

"Spaces for encounters, participation and self-expression" **(B) SOCIAL RELATIONS**



- **I.8** Teacher-learner relations
- I.9 Peer relations (teachers)
- I.10 Peer relations (learners)
- **I.11** Teacher-staff relations
- I.12 Learner-staff relations
- I.13 Teacher-management relations
- I.14 Learner-management relations
- **I.15** Home-school relations
- I.16 Wider community relations

(C) SENSE OF BELONGING

- I.17 Shared vision

- I.18 Involvement and self-expression (teachers) 1.19 Involvement and self-expression (learners) **I.20** Homelike environment



I COMMUNALITY (D) SAFETY

"Confidential atmosphere and easy monitoring, but not necessarily glass walls"

I.21 No behavioural disturbance I.22 Transparency

I.23 Psychosocial safety I.24 Physical safety I.25 Safe distance



Photo: University of Jyväskylä Teacher Training school archives

Photo: Kaustinen music-based high school (archives)

I INDIVIDUALITY (A) INDIVIDUALISATION

"Possibilities and spaces for personalised, self-regulated and individual work"

Photo by Ecophon: Heinosuo school

- II.1 Personalised learning
- II.2 Personal relevance of teaching
- II.3 Personal relevance of studies
- II.4 Personally relevant assessment
- II.5 Self-regulated learning
- II.6 Individual work (teachers)
- II.7 Individual work (learners)
- II.8 Studying during breaks

I INDIVIDUALITY (B) PRIVACY AND PEACEFULNESS

"Good soundproofing and private spaces"

II.9 No noise disturbance II.10 No disorganisation

II.11 No distractions II.12 Privacy (teachers) II.13 Privacy (learners)

Photos by Jussi Koskela, Valteri Centre for Learning and Consulting

tiina.m.makela@jyu.fi

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III COMFORT (A) PHYSICAL EASE

"Enough space and comfortable furniture"

III.1 Spaciousness
III.2 Enough seating space
III.3 Enough table space
III.4 Enough seats
III.5 Enough tables
III.6 Comfortable furniture
III.7 Comfortable spaces

Photo by Ecophon: Kurikka campus

III COMFORT (B) PLEASANTNESS

"Aesthetic interior design, colours, luminousity and presence of nature"

III.8 Aesthetics III.9 Colours

III.10 Calming colours

III.11 Inspiring and motivating colours

III.12 Luminosity

III.13 Presence of nature

Photo by Muhos high school

ce of nature' g colours

IV HEALTH (A) PHYSICAL WELLNESS

"Good indoor air, ergonomics and possibilities for physical exercise"

- IV.1 Quality of meals
- IV.2 Indoor air quality
- IV.3 Indoor air temperature not too hot
- IV.4 Indoor air temperature not too cold
- IV.5 Cleanliness and hygiene

IV.6 Health care possibilities **IV.7 Ergonomics** IV.8 Physical exercise (indoors) IV.9 Physical exercise (outdoors)

Photo by Jussi Koskela, Valteri Centre for Learning and Consulting

Photo: Puistokatu school

IV HEALTH (B) NO OVERLOAD

"Rest, leisure time and outdoor activities"

IV.10 Rest (teachers) IV.11 Rest (learners)

IV.12 Leisure time

IV.13 Good outdoor activity areas

tiina.m.makela@jyu.fi

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V NOVELTY (A) NOVEL TOOLS

"Technology as a part of everyday work"

V.1 Use of technology (hardware/devices)

V.2 Use of technology (software/programs)

V.3 Educational design elements

Photo: Valteri Centre for Learning and Consulting

Photo: University of Jyväskylä Teacher Training school archives

V NOVELTY (B) NOVEL SPACES

"Inspiring but not too open environments"

V.4 V.5 V.6 V.7 V.8

Photo by Jussi Koskela, Valteri Centre for Learning and Consulting

- V.4 Informal learning environments
- V.5 Outdoor learning
- V.6 Novel design
- V.7 Open learning environments
- V.8 Inspiring and motivating spaces

VI CONVENTIONALITY (A) CONVENTIONAL TOOLS

"Paper books and other traditional materials are important"

Photo: University of Jyväskylä Teacher Training school archives

VI.1 Use of books VI.2 Use of other traditional materials and tools

VI CONVENTIONALITY (B) CONVENTIONAL SPACES

"There should be room for traditional school design"

- VI.3 Formal learning environments
- VI.4 Conventional design
- VI.5 Non-formal learning environments
- VI.6 Sustainable design

tiina.m.makela@jyu.fi

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VII FLEXIBILITY AND FUNCTIONALITY (A) VERSATILITY

"Versatile methods, tools, space and ease of flexibility"

VII.1 Versatile methods VII.2 Versatile use of tools and materials VII.3 Versatile spaces

Photos by Jussi Koskela, Valteri Centre for Learning and Consulting

VII.4 Versatile decoration and furniture VII.5 Adaptability and modifiability

VII FLEXIBILITY AND FUNCTIONALITY (B) EASE OF USE

"Functioning technology and spaces"

VII.6 Functionality and practicality VII.7 Accessibility VII.8 Ease of movement VII.9 User support (physical spaces) VII.10 Technological support VII.11 Functionality of the technological infrastructure

Photo by Muhos high school

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