

Seminar 6:

Panel discussion and tips from graduated doctors



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Engineering

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Seminars and schedule 2 cr

WHAT?	WHEN?	TOPICS / ADDITIONAL
Seminar 1: Kick-off	1 September, at 9-11 TU7	Introduction of the course, announcement of the assignments and forming groups Researcher's path – Introduction to practical tips
Aalto Orientation Days for Doctoral Students	4-5 September	Highly recommended to participate Late enrollment to udes@aalto.fi
Seminar 2	15 September, at 9-11 TU7	Researcher's path – introduction continues Communications
Assignment DL	20 September	Practical tips assignment (individual)
Seminar 3	22 September, at 9-11 TU7	Researcher's path – what were the learning outcomes? Research ethics – introduction
Assignment DL	4 October	Ethics (group work)
Seminar 4	6 October, at 9-11 TU7	Research ethics – what were the learning outcomes? Publishing
Assignment DL	11 October	Career assignment (CV, career plan)
Seminar 5	13 October, at 9-11 TU7	CV and career plan workshop
Assignment DL	23 October	Writing assignment (group work)
Feedback sessions for groups (Language instructor William Martin)	27 October	20 min session/group on writing assignment
Seminar 6	10 November, at 9-11 TU7	Panel discussion and tips from graduated doctors
Assignment DL	20 November	Final assignment, diary-type Reflect your learning on seminar topics, Orientation Days and other assignments of the course.

Programme of today

- **9.15-10.15 Panel discussion**
- **Break 15 min**
- **10.30-11.00 upcoming assignments and feedback**

Panel discussion:

“Tips for your doctoral studies journey”

- Professor Caterina Soldano, 2007
- Heikki Hyyti, defended in October 2023
- Dr. Sucheta Sharma, 2023
- Dr. Tomi Koskinen, 2023

Introduction round

- **Who are you?**
- **When did you get your doctoral degree?**
- **Your career after graduation?**
- **What are you working with right now?**

What is it like to do research work?

- Ups and downs
- How to keep going to come over the downs

Time management

- **What do you do to get the right things done?**
- **How do you prioritize?**

Wellbeing

- **How did you take care of your wellbeing during your doctoral studies?**
- **Advice for current doctoral students?**

Questions from our doctoral students

Please raise your hand if you have a question for one or all of the panelists

Practical tips

- **Please share some good advice**
- **Maybe something you had to learn the hard way?**

Combining family life and research work

- Is that possible?

Extra questions

- **Something you wish you had known when you started your doctoral studies, but you did not.**
- **Learning – tips for what the doctoral students could do to improve their learning.**
- **Questions from the audience**

**Thank you very much
Caterina, Heikki, Sucheta and
Tomi!**

Break 10 min, back at 10.25

Discussion

- **Discuss with your fellow student:**
 - What was the best learning for you in this course?
 - How will you apply this learning in your doctoral studies / future career?
- <https://preemo.aalto.fi/intro23>
- **10 min**

Upcoming assignments

General research skills (3cr)

- **Choose one topic:**
 1. Research ethics
 2. Mastering your PhD
 3. Some other book relevant for a doctoral student
 4. Gather other relevant information (internet)
 5. Suggest something else useful for your learning
- **In 3-5, agree with the course staff.**
- **About 2 pages long essay on the most useful/interesting things**
- **DI. 13.11**

Individual feedback sessions on 14.11 (3cr)

How long: 30 min (15+15)

Where: Seminar room 1592, Maarintie 8

Book a time for you:

<https://mycourses.aalto.fi/mod/choice/view.php?id=1113618>

Final assignment options

Orientation Days + 4 seminars (not sem. 1):

- 1. Diary + final reflection**
- 2. Continuous reflection of the course topics**

DL 20 November, extent 4-5 pages

Peer feedback on the General research skill assignment (3 ECTS)

- **Say something positive**
- **Give feedback to the writing, not the writer**
- **Start with bigger concerns and then move to smaller issues**
- **Golden Rule. Provide your peer with the considerate and thorough feedback you would want to receive yourself.**
- **DL 4.12**

Questions?



Feedback on this course:

- <https://presemo.aalto.fi/introfeedback>
- You will also get an e-mail message with a link to the course feedback. Please answer!

Thank you for today and for attending this course!

Good luck with the final assignments!

Credits in Sisu at the latest on 4.1.2024

