

# PERSONAL EXPLORATION / Koli excursion timetable 15.-19.1.2024

Time	Monday 15.1.	Tuesday 16.1.	Wednesday 17.1.	Thursday 18.1.	Friday 19.1.	
8:00		Morning routine	Morning routine	Morning routine	Morning routine	
9:00		Breakfast	Breakfast	Breakfast	Breakfast	
10:00	<b>10:00 Meet at the Helsinki Central Railway station.</b> <b>10:19 Train to Joensuu.</b>  Reading task.  <b>14:51 Train at Joensuu</b>  15:00 Bus from Joensuu to Koli  Arriving to Koli  Dinner  Lectures: Priska, Helen and Pia. Zhoglei's presentation.  Discussion about the Morning routines: Helen  (Sauna)	Exercise I	Exercise II	Koli Conquest	Packing	
11:00						
12:00						<b>12:11 Train from Joensuu to Helsinki</b>
13:00			Lunch	Lunch	Lunch	
14:00			Walking together the exercise	16-18 going through the exercise	Exercise III	Next week's assignment
15:00						
16:00				16-18 going through the exercise	<b>16:40 Train at Helsinki</b>	
17:00						
18:00		Dinner	Dinner	Dinner		
19:00						
20:00		(Sauna)	(Sauna)	(Sauna)		
21:00						
22:00						

# What to consider

- you should bring along decent outdoor clothes and shoes; it can be even minus 25 degrees, and there is over half a meter of snow
- the temperature inside of the house is around 18-20 degrees, and especially the floors are cool, so you should bring warm clothing and wool socks or indoor slippers
- students' payment is handled upon arrival at the guesthouse. You can pay with MobilePay or a payment card
- Bring your own skis (or borrow from a friend if you can)

# Personal time for creativity?

- You can bring also materials for drawing, painting, knitting etc
- Also remember documentation and diary!

# Practicalities

- Bring all you need for the week, there is no shops around!
- Have you received your train tickets?
- Rooms:
  - Room1: 7 persons
  - Room2: 4 persons
  - Room3: 2 persons
  - Room4: 7 persons
  - Room5: 2 persons