

# Goal Splitting

Choose a large and daunting goals based on the work you've done or want to do, on your values and vocation. Think about something that seems almost impossible but not quite. Think about a time span of roughly five years from now.

**5-7 years Long-term goals:**

---

**1 year Mid-term goals:**

---

---

---

**12 weeks Short-term goals:**

---

---

---

---

---

---

