

Seminar 6:

Panel discussion and tips from graduated doctors



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Seminars and schedule 2 cr

WHAT?	WHEN?	TOPICS / ADDITIONAL
Seminar 1: Kick-off	12 January, at 9-11 AS6	Introduction of the course, announcement of the assignments and forming groups Researcher's path – Introduction to practical tips
Aalto Orientation Days for Doctoral Students	15-16 January	Highly recommended to participate Late enrollment to udes@aalto.fi
Seminar 2	19 January, at 9-11 AS6	Researcher's path – introduction continues Communications
Assignment DL	31 January	Practical tips assignment (individual)
Seminar 3	2 February, at 9-11 AS6	Researcher's path – what were the learning outcomes? Research ethics – introduction
Assignment DL	14 February	Ethics (group work)
Seminar 4	16 February, at 9-11 AS6	Research ethics – what were the learning outcomes? Publishing
Assignment DL	28 February	Career assignment (CV + career plan)
Seminar 5	1 March, at 9-11 TU7	Career design and job search workshop
Assignment DL	4 March	Writing assignment (group work)
Feedback sessions for groups (Language instructor William Martin)	12 March	20 min session/group on writing assignment
Seminar 6	15 March, at 9-11 TU7	Panel discussion and tips from graduated doctors
Assignment DL	17 April	Final assignment, diary-type Reflect on your learning on the seminar topics, the Orientation Days and the assignments of the course.

Programme of today

- **9.15-10.15 Panel discussion**
- **Break 10 min**
- **10.25-11.00 upcoming assignments and feedback**

Panel discussion:

“Tips for your doctoral studies journey”

- Professor Caterina Soldano, 2007
- Dr. Kalle Spoof, 2023
- Dr. Si-Ahmed Naas, 2023
- Dr. Quangang Chen, 2024

Introduction round

- **Who are you?**
- **When did you get your doctoral degree?**
- **Your career after graduation?**
- **What are you working with right now?**

What is it like to do research work?

- Ups and downs
- How to keep going to come over the downs

Time management

- **What do you do to get the right things done?**
- **How do you prioritize?**

Wellbeing

- **How did you take care of your wellbeing during your doctoral studies?**
- **Advice for current doctoral students?**

Questions from our doctoral students

Please raise your hand if you have a question for one or all of the panelists

Practical tips

- **Please share some good advice**
- **Maybe something you had to learn the hard way?**

Combining family life and research work

- Is that possible?

Extra questions

- **Something you wish you had known when you started your doctoral studies, but you did not.**
- **Learning – tips for what the doctoral students could do to improve their learning.**
- **Questions from the audience**

**Thank you very much
Caterina, Kalle, Si-Ahmed and
Quangang!**

Break 10 min, back at 10.25

Discussion

- **Discuss with your fellow student:**
 - What was the best learning for you in this panel discussion?
 - How will you apply this learning in your doctoral studies / future career?
- <https://preemo.aalto.fi/paneldiscussion>
- **10 min**

Upcoming assignments

Journal paper extended abstract (3cr)

- **This assignment prepares you to produce hard-hitting summaries of scientific content**
- **More details can be communicated in this extended abstract**
- **Use a professional academic tone and appropriate terminology**
- **Max 2 pages, dl 20.3.**

Individual feedback sessions on 9.4 (3cr)

How long: 30 min (15+15, Pop-Science pitch + abstract)

Where: Seminar room 1592, Maarintie 8

Book a time for yourself:

<https://mycourses.aalto.fi/mod/choice/view.php?id=1123777>

General research skills (3cr)

- **Choose one topic:**
 1. Research ethics
 2. Mastering your PhD
 3. Some other book relevant for a doctoral student
 4. Gather other relevant information (internet)
 5. Suggest something else useful for your and others learning
- **In 3-5, agree with the course staff.**
- **A 2-page long essay (summary) on the text that you have read**
- **DI. 27.3**
- **Feedback deadline 10.4**

Peer feedback on the General research skill assignment (3 ECTS)

- **Say something positive**
- **Give feedback to the writing, not the writer**
- **Start with bigger concerns and then move to smaller issues**
- **Golden Rule. Provide your peer with the considerate and thorough feedback you would want to receive yourself.**
- **DL 10.4**

Final assignment options

Orientation Days + 5 seminars (not sem. 1):

- 1. Diary + final reflection**
- 2. Continuous reflection of the course topics**

DL 17 April, extent 4-5 pages

Questions?



Thank you for today and for attending this course!

Good luck with the final assignments!

Credits in Sisu at the latest on 17.5.2024



Feedback on this course:

- <https://presemo.aalto.fi/assignmentsandseminars>
- You will also get an e-mail message with a link to the course feedback. Please answer!