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# Team Assignment Abstact: Icebreakers

Icebreakers are used extensively in peer communication: as a starting point in conversations with unknown people, as a fast way to connect strangers, or as an entertaining break to relax participants at a long meeting. They are often used to break down barriers between individuals. Even though they are often perceived as a simple, fun, trivial exercise, icebreakers, if designed properly, can be a valuable tool improving both teaching and learning experiences.

In addition to sharing personal information, icebreakers can help learning and consequently understanding the objectives of a study event, inspiring meaningful conversation between the event’s participants, making them more engaged, and finally ensuring that set objectives are met. Due to the vast diversity of icebreaker types, there is definitely something for everyone, and each teacher can find something suitable for their purposes. This 20-minute talk will introduce the concept of icebreakers to the class, and demonstrate 3 types of icebreakers that can be used in a classroom setting.