



Assessing Sustainable Development of Urban Systems

Examples from the Foodprint Melbourne and
City of Port Phillip Eco Footprint projects

Dr Seona Candy
Research Fellow
 @seonacandy

URBARIA
HELSINKI INSTITUTE OF URBAN AND REGIONAL STUDIES



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI

Overview

My background

Key concepts

Methods

Foodprint Melbourne

CoPP Eco
Footprint

Previous work
Key themes

Sustainable Development
Socio-ecological systems
Resilience
Transformation
Transdisciplinarity

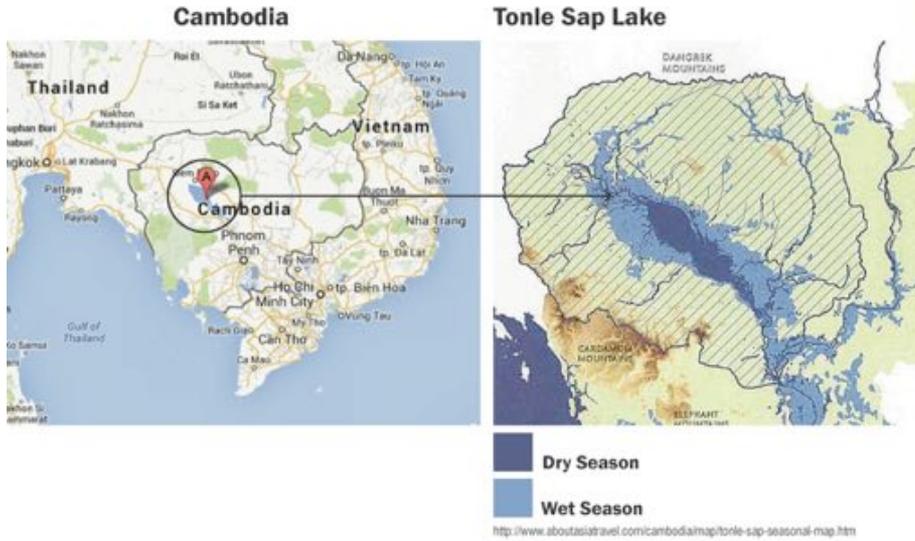
Scenario
modelling









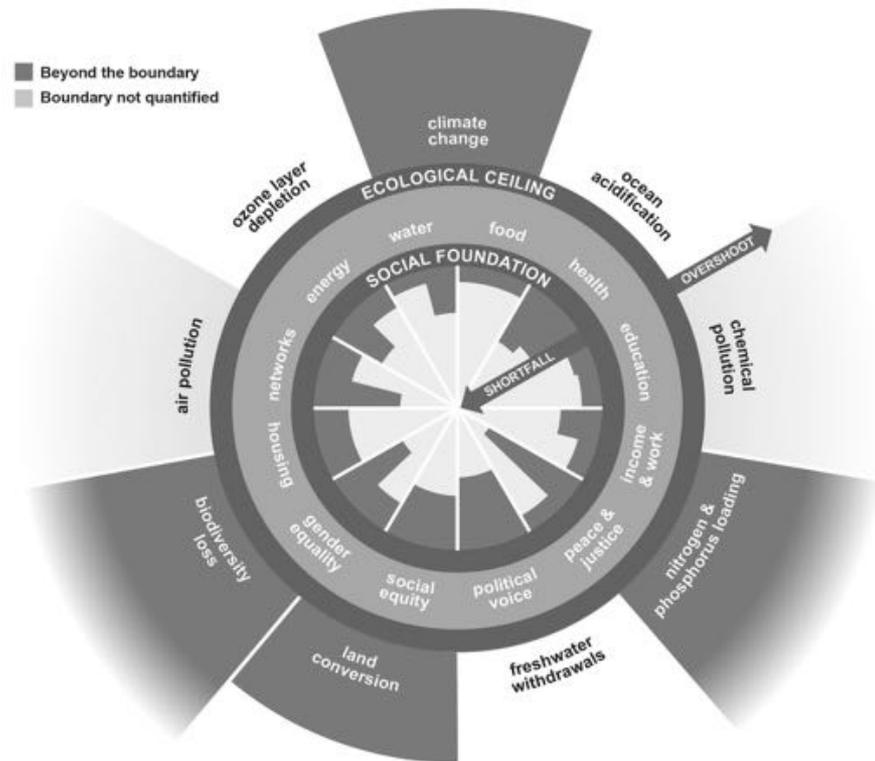






What is 'Sustainable Development'?

Sustainable development is far broader than just the environment. It's also about ensuring a strong, healthy and just society. This means meeting the diverse needs of all people in existing and future communities, promoting personal wellbeing, social cohesion and inclusion, and creating equal opportunity.



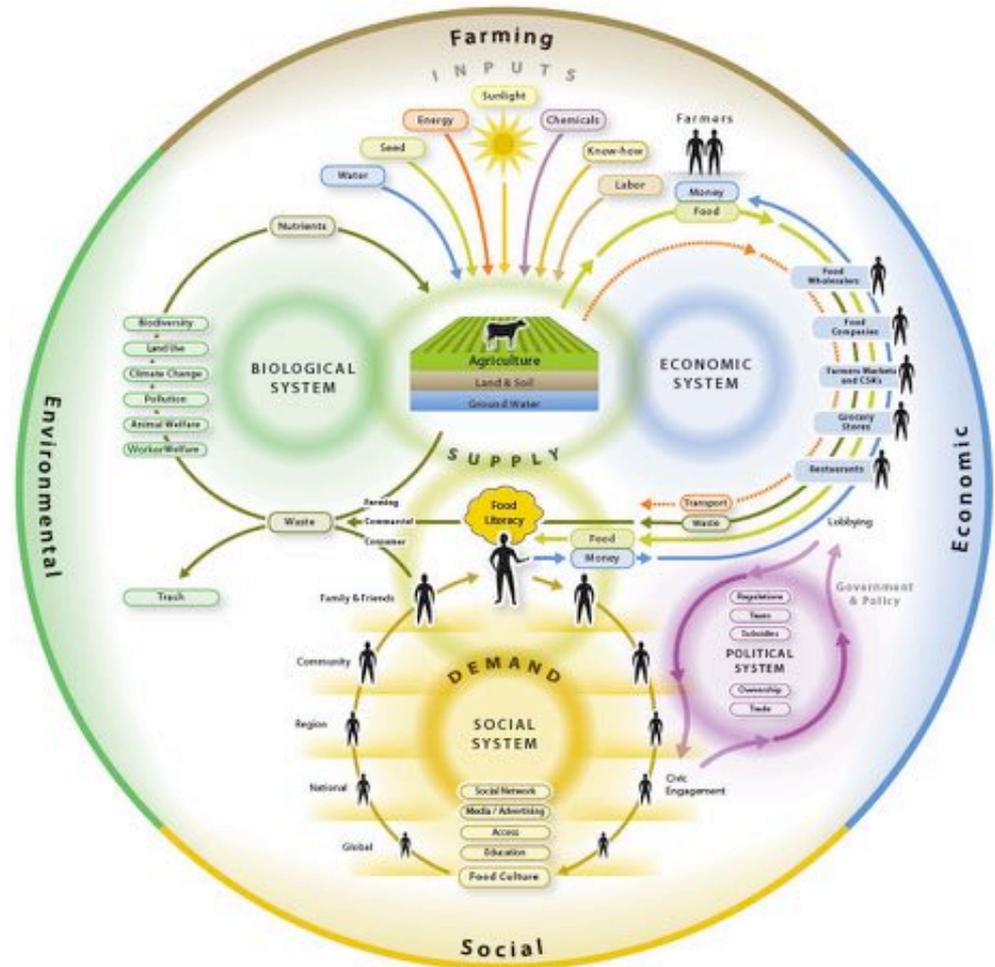
Why cities?



* Rowe, M, 2017

Socio-ecological- (technological) systems

- Integrates
 - Social and equity issues
 - Environmental quality and protection
 - Technical / infrastructure engineering aspects



Resilience

Engineering Resilience

A measure of the rate at which a system approaches steady state after a perturbation (Folke, 2004) → **Recovery**

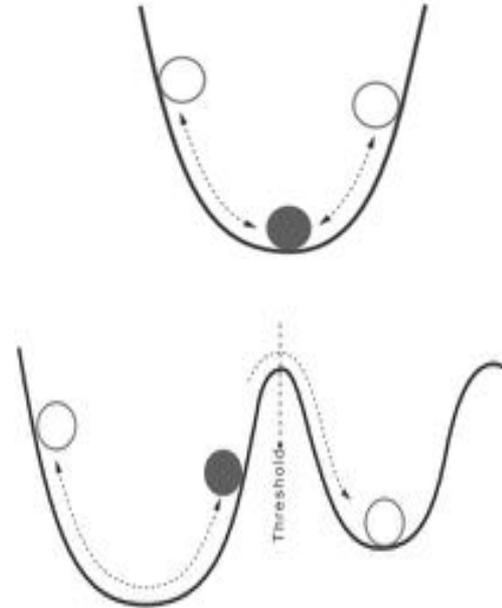
Ecological resilience

The magnitude of disturbance that a system can experience before it shifts into a different state (Holling, 1973) → **Robustness**

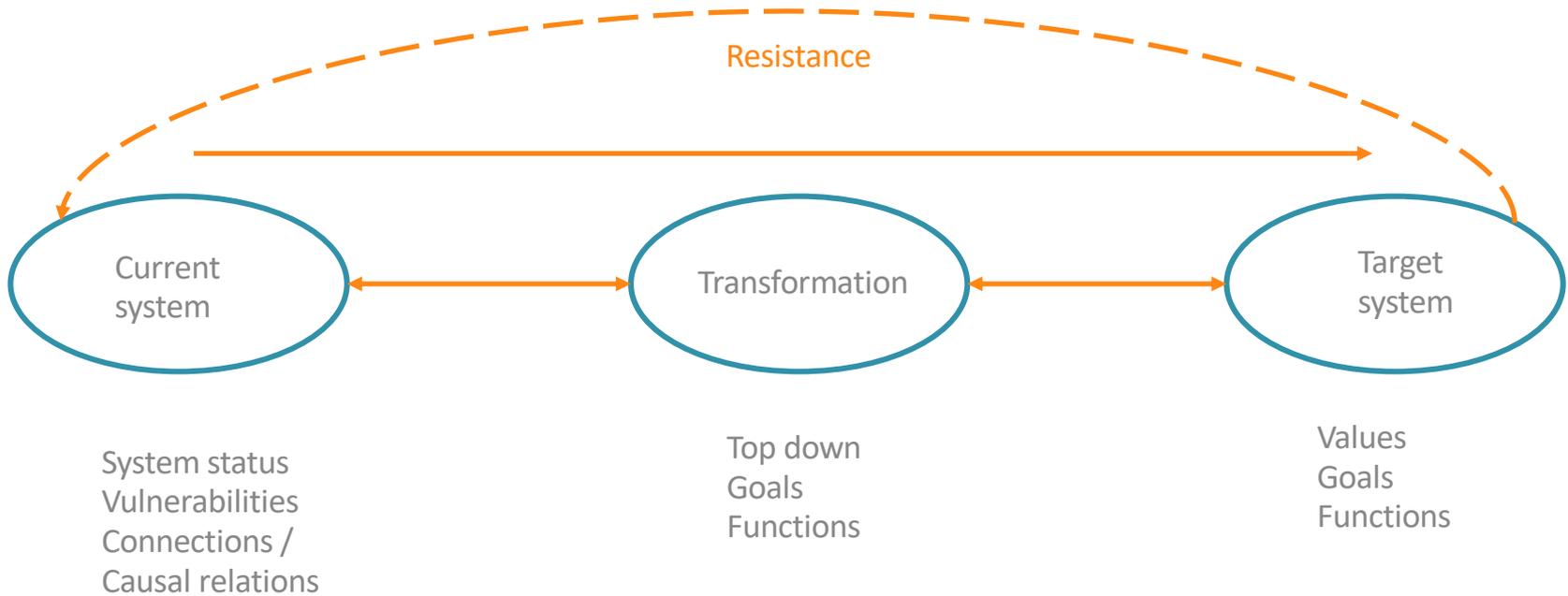
Socio-ecological resilience

- Amount of disturbance a system can absorb and still remain within the same state or domain of attraction
- Degree to which the system is capable of self organization
- Degree to which the system can build and increase the capacity for learning and adaptation. (Carpenter. 2001)

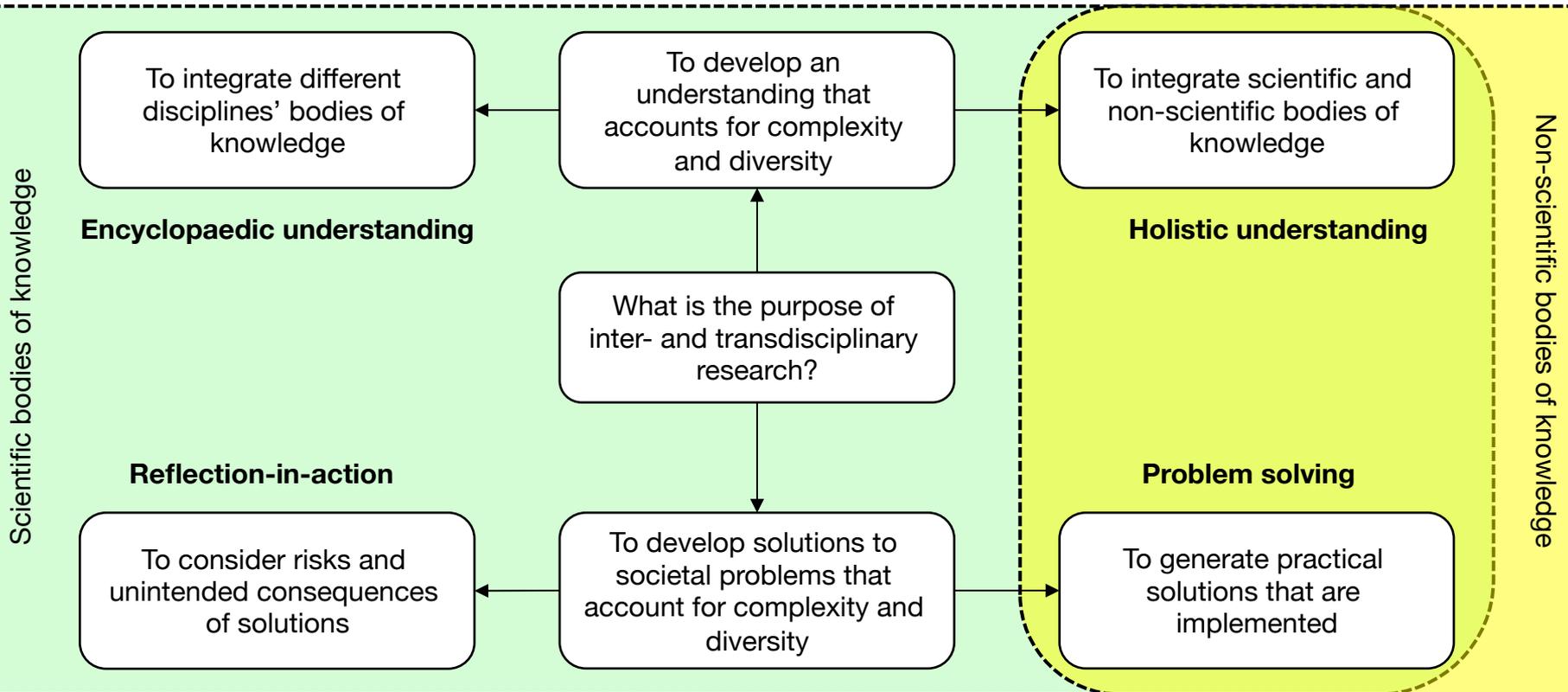
→ **Adaptive capacity**



Transformation

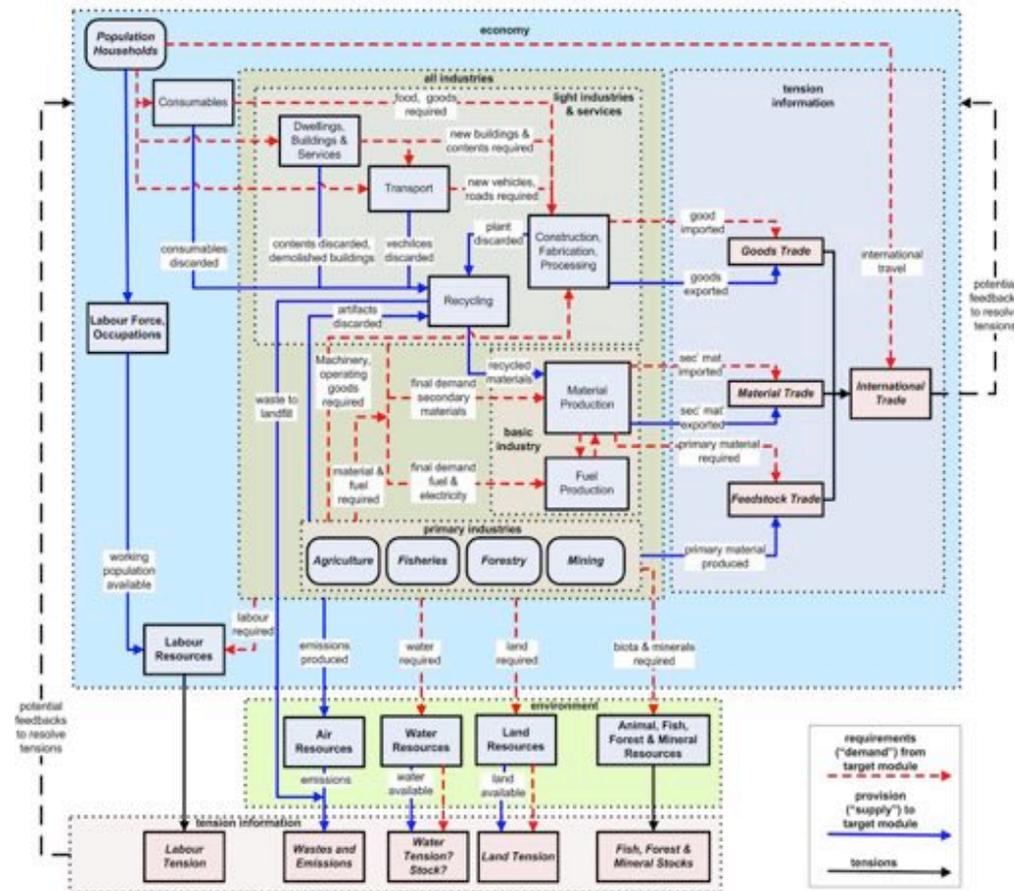


Transdisciplinary approach



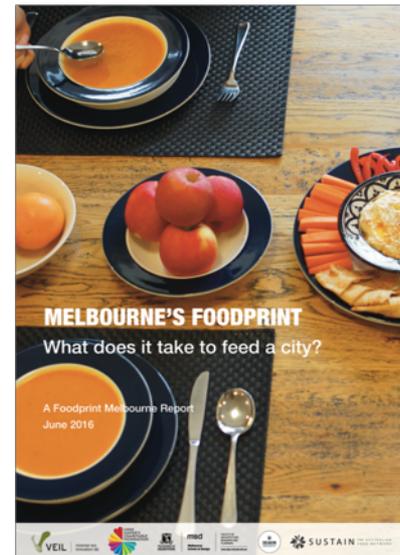
Scenario Modelling Method

- Australian Stocks & Flows Framework (ASFF)
- Links population needs with land and resource use
- Develop narratives or scenarios with stakeholders
- Translate to quantitative settings in ASFF
- Validate results with external data and expert consultation



Example: Foodprint Melbourne

- Investigated how Melbourne can feed itself sustainably as it grows to a population of over 7 million
- Transdisciplinary “knowledge to action” project
- Quantitative and qualitative methods
- Aim to put the protection of Melbourne’s foodbowl on the public and political agenda.



Cities and Food

- Currently over 50% of world population live in cities - by 2050, it will be 66%*
 - Cities consume but typically do not produce food – vulnerable to food insecurity
 - Competing needs for land use and resources
 - Major contributor to environmental problems
 - Progressive centres for change with cultural and economic influence
- **Food Security is increasingly becoming an urban problem**

*UN, 2014. World urbanization prospects: the 2014 revision : Highlights. United Nations, Department of Economic and Social Affairs, Population Division.

Methodology & Methods

'The Natural Step' (TD project steps)	Methods	Research outputs	Public outreach
Awareness (problem formulation)	Co-development of research questions with stakeholders		
Baseline Mapping (system knowledge)	Scenario modelling (materials flow analysis and stakeholder consultation)		
Creating a vision (target knowledge)	Background research and stakeholder workshops, used SES framework		
Down to business (transformation knowledge)	Development of policy guidelines		

Melbourne, Australia



Australia's fastest growing city - population 4.37 million, 7 million in 2050

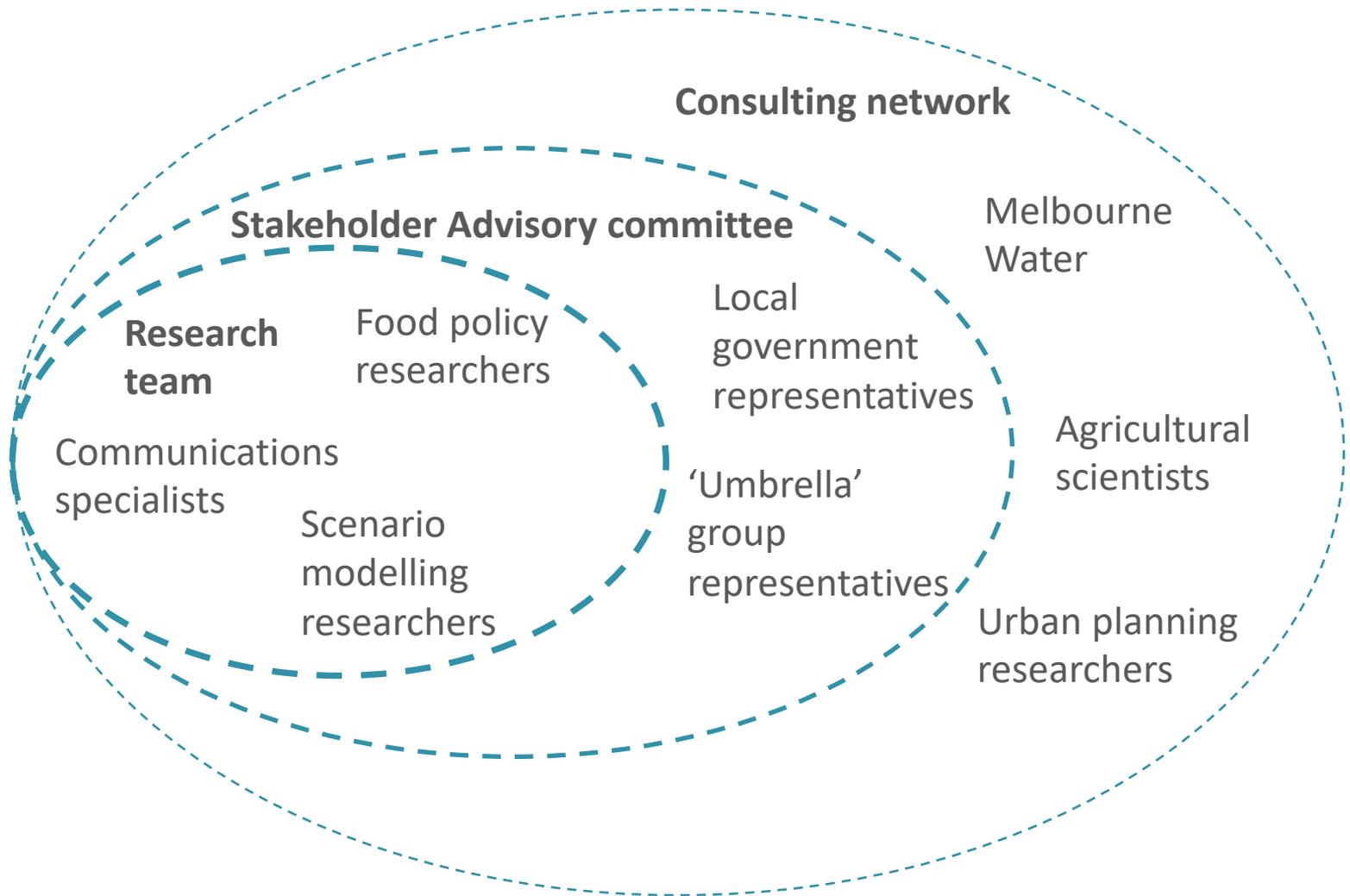
South east Australia, Temperate climate



Significant peri-urban agriculture around city



Project team and stakeholders +



Research questions

How Melbourne can feed itself sustainably as it grows to a population of over 7 million in 2050?

- What is the capacity of Melbourne's foodbowl to feed the city now and in 2050?
- What is the environmental impact of feeding the city now and in 2050?
- What does a sustainable and resilient city foodbowl look like and how do we get there?

Modelling

National scale



City scale

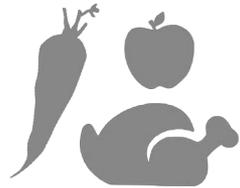


$$\text{Domestic consumption factor } (CF_D) = \frac{\text{Domestic food consumption}}{\text{Total food production}}$$

$$\text{Melbourne consumption factor } (CF_M) = CF_D \times \frac{\text{Melbourne population}}{\text{National population}}$$

$$\text{Melbourne Foodprint} = \text{Resources used on national scale} \times CF_M$$

What does it take to feed the city?



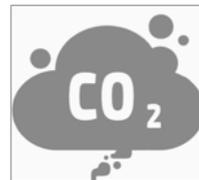
15,080
tonnes food
per day



475 litres
per person
per day



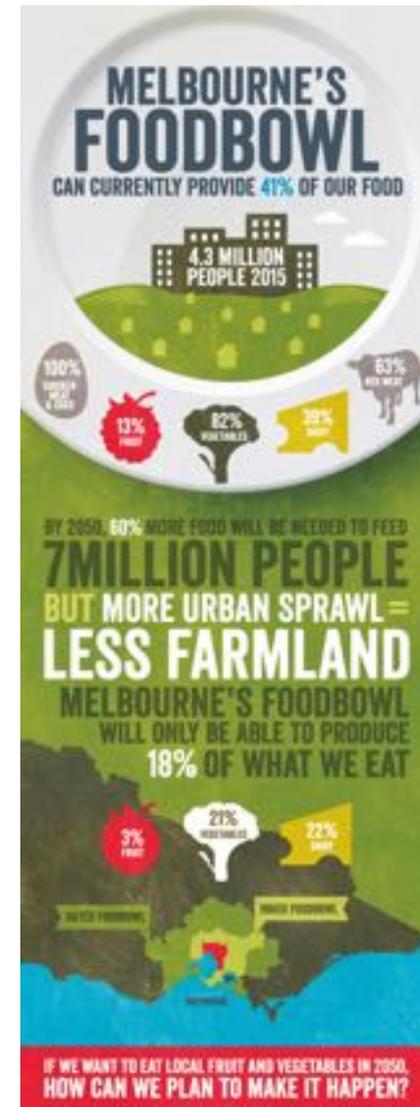
16.3 million
hectares of
land



4.1 million
tonnes GHG
emissions
per year

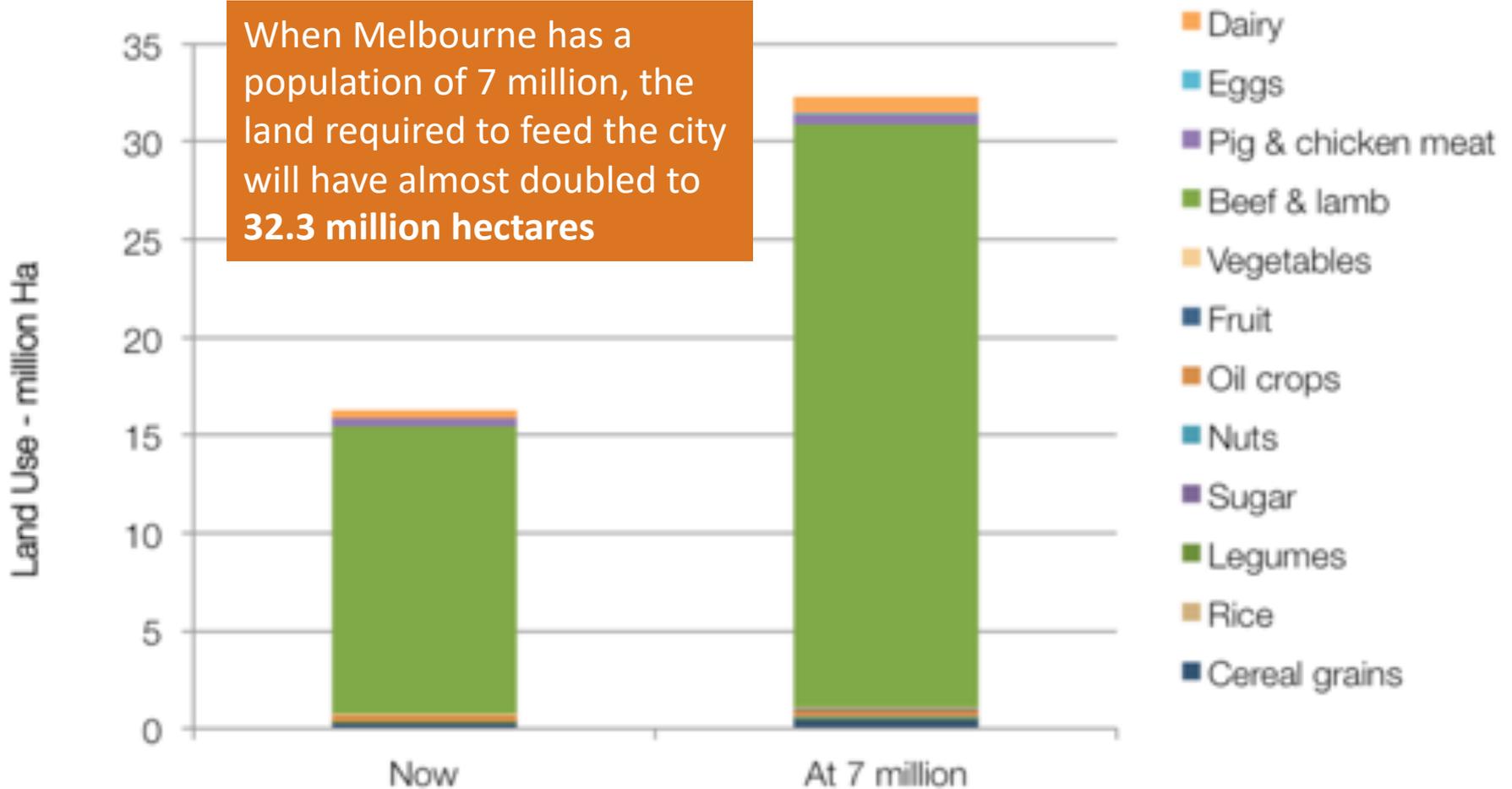


900,000
tonnes edible
food waste per
year

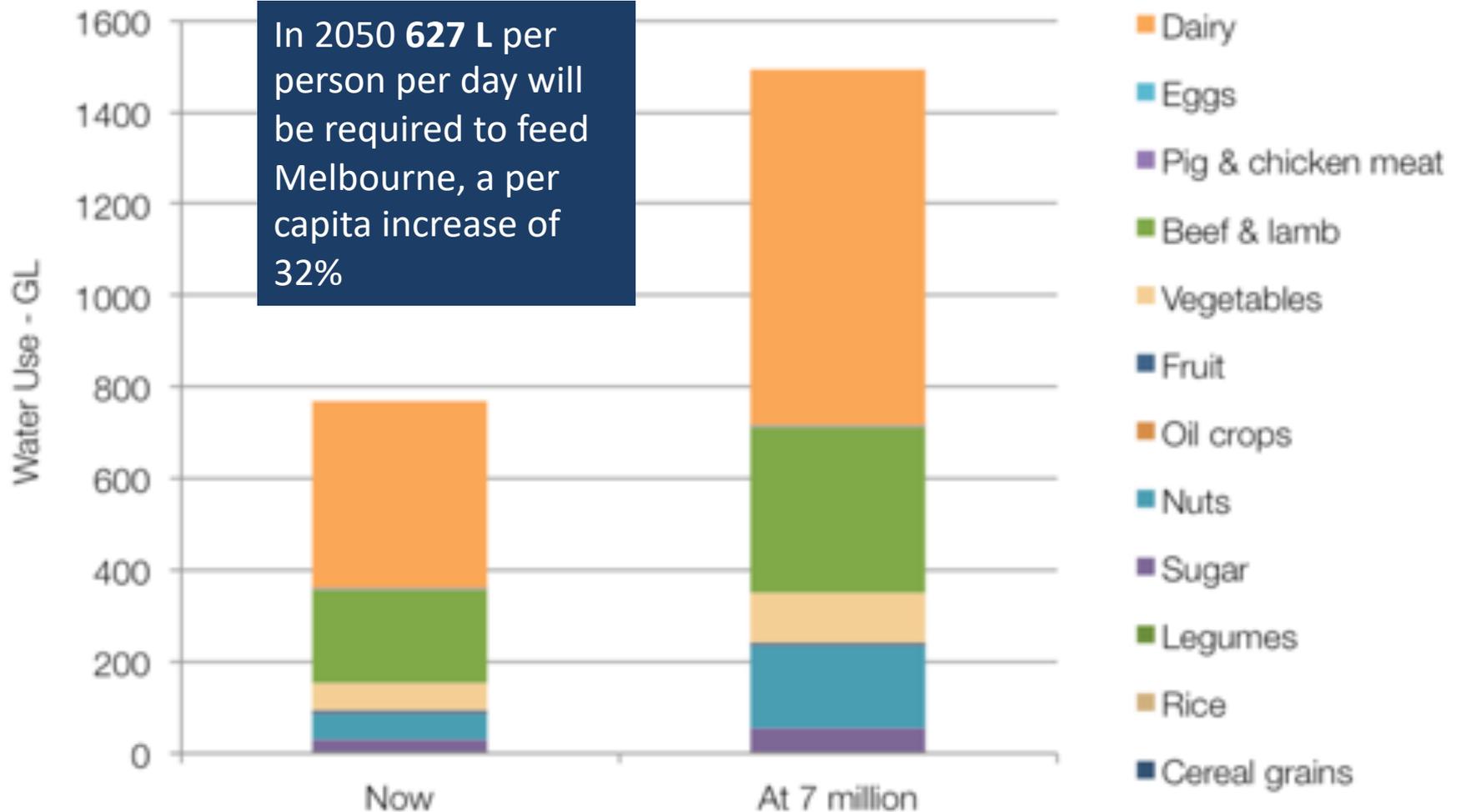


Land

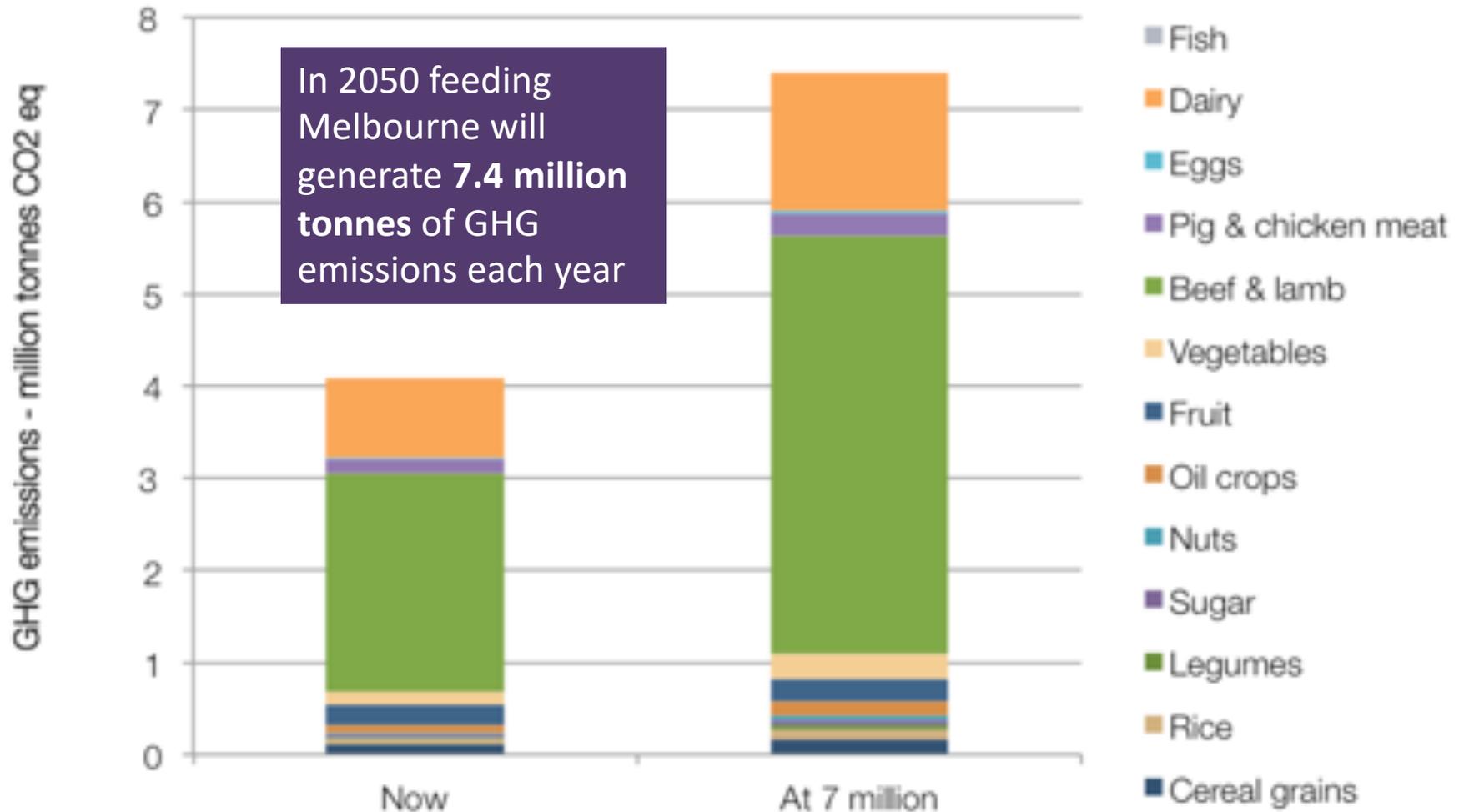
When Melbourne has a population of 7 million, the land required to feed the city will have almost doubled to **32.3 million hectares**



Water



Greenhouse Gas Emissions



Food system vulnerabilities



Predominantly road transport supply networks



Losing peri-urban agricultural land to housing



Conventional farming practices degrading land



Production far from consumption



Reliant on diminishing water sources



NPK

Reliant on fossil fuel based fertilisers



Skills shortage due to ageing farmers

MELBOURNE EATS WATER
OVER 475L PER DAY TO GROW EACH PERSON'S FOOD

IT'S GETTING DRIER
FARMERS ARE RUNNING OUT OF WATER

MELBOURNE'S TWO WATER TREATMENT PLANTS PRODUCE RECYCLED WATER

84% GOES OUT INTO THE SEA

JUST 10% WOULD BE ENOUGH TO GROW

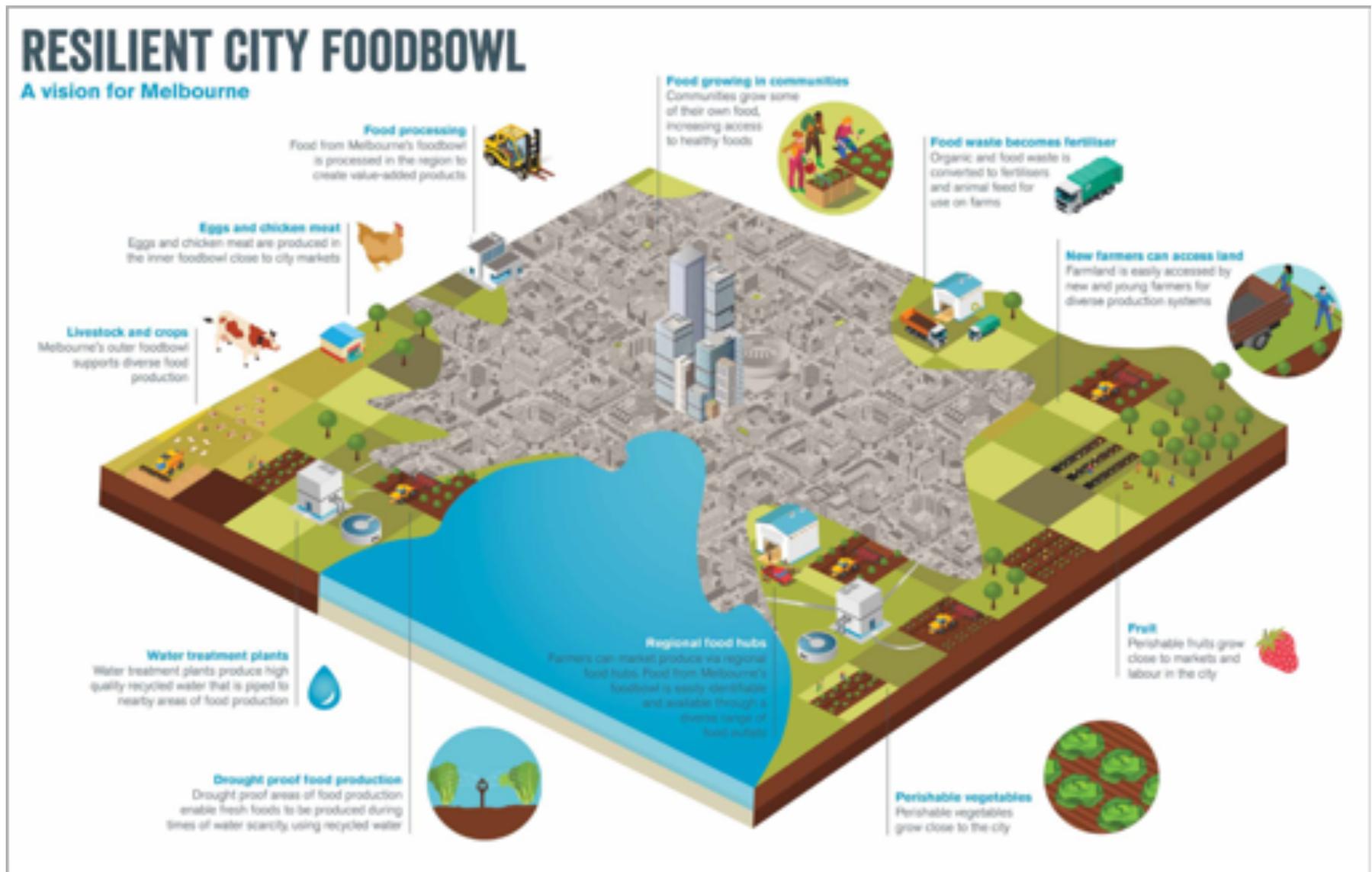
HALF OF THE VEGETABLES THAT MELBOURNE EATS

RECYCLED WATER COULD HELP DROUGHTPROOF OUR LOCAL FRUIT & VEGETABLES

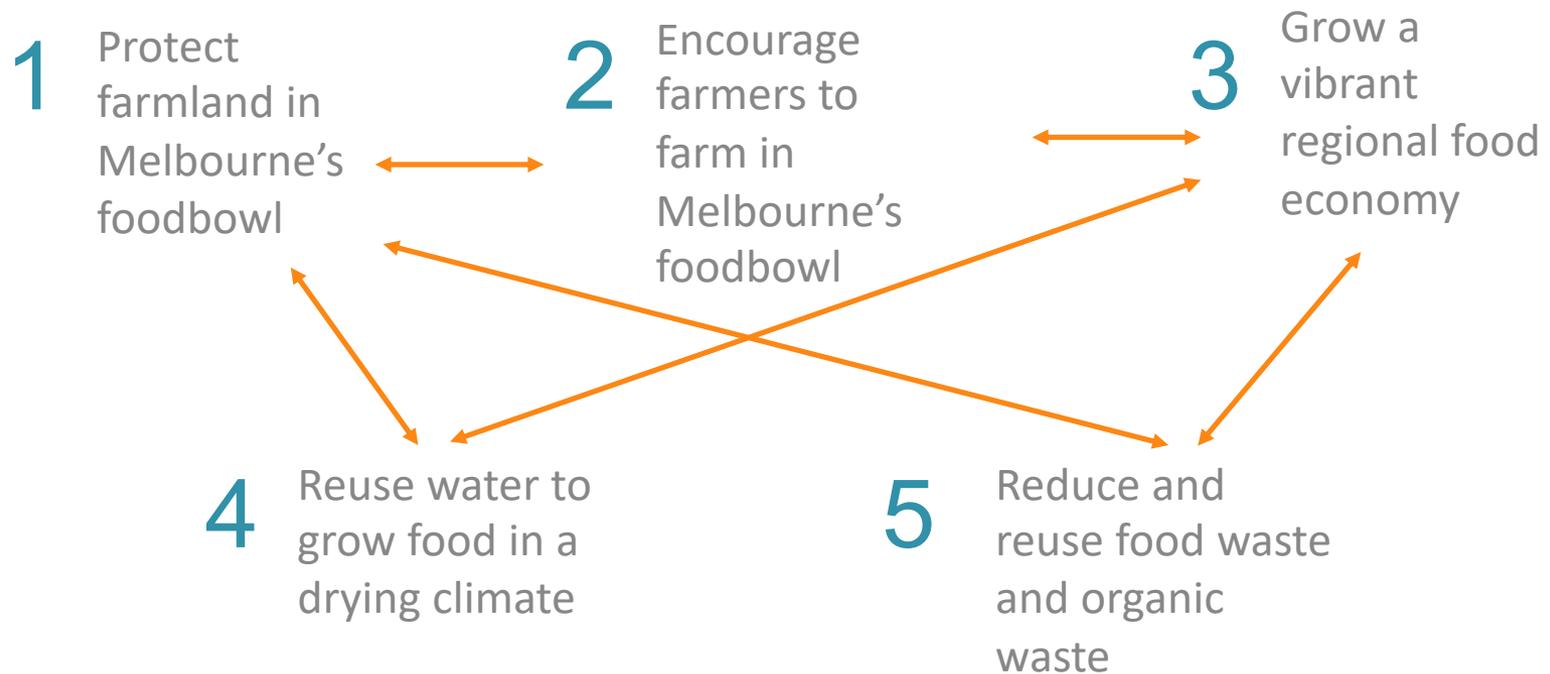
www.melbournecity.com.au/council/urban/foodprint/melbournecity

The infographic is a vertical poster with a blue and green color scheme. It features a windmill icon, a water tap icon, and illustrations of trees and vegetables. The text is bold and clear, highlighting the water consumption and recycling issues in Melbourne.

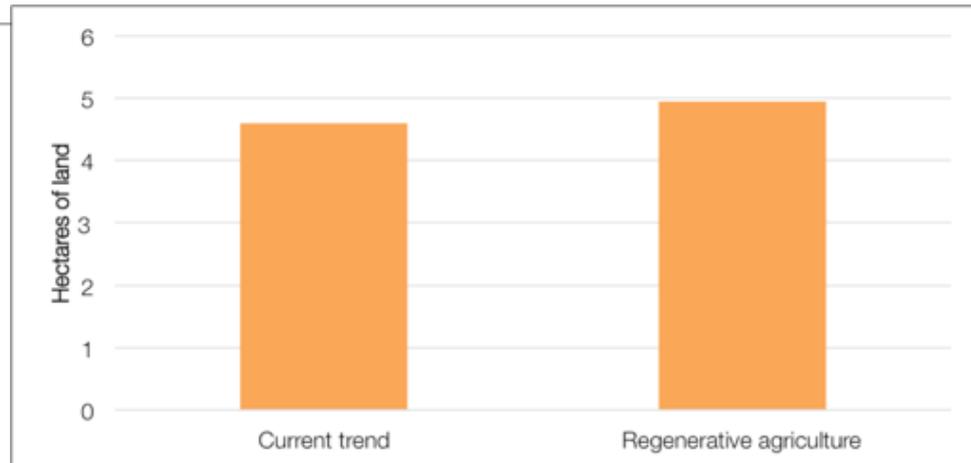
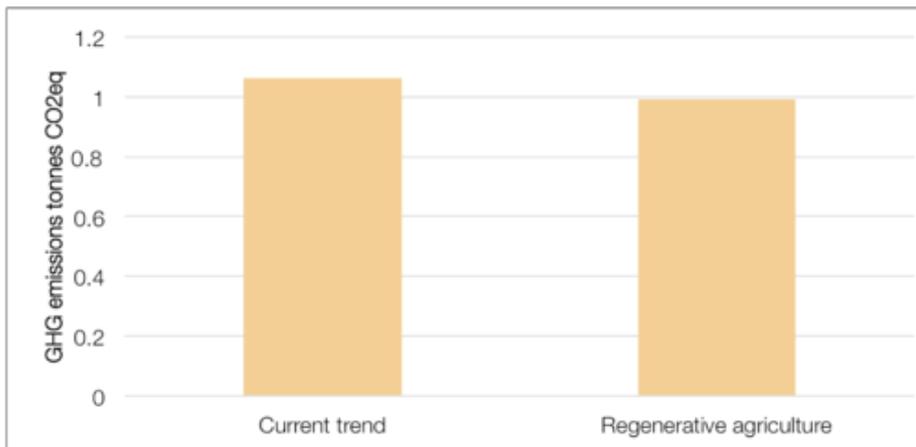
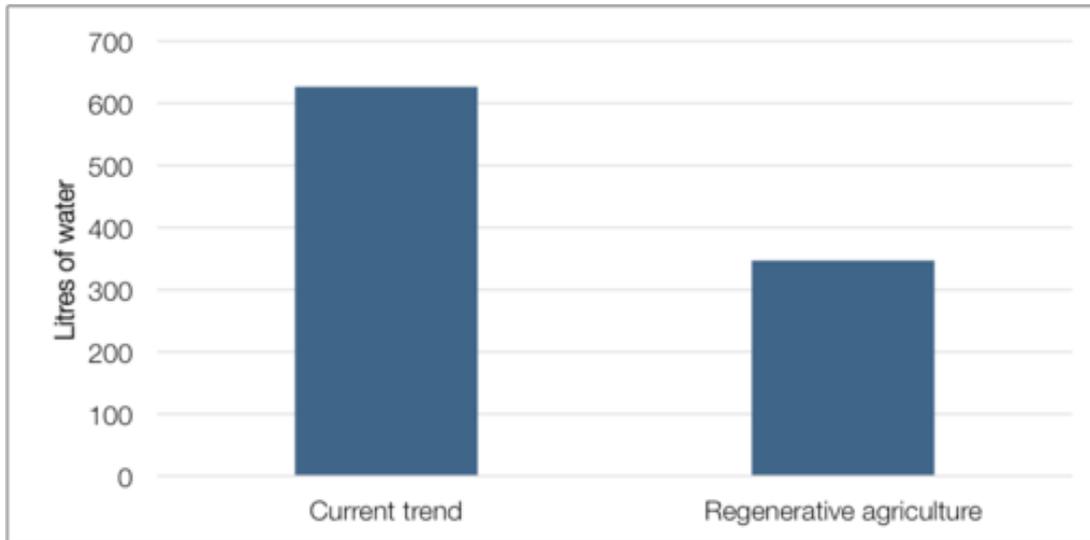
Vision creation



Integrated Policy Framework

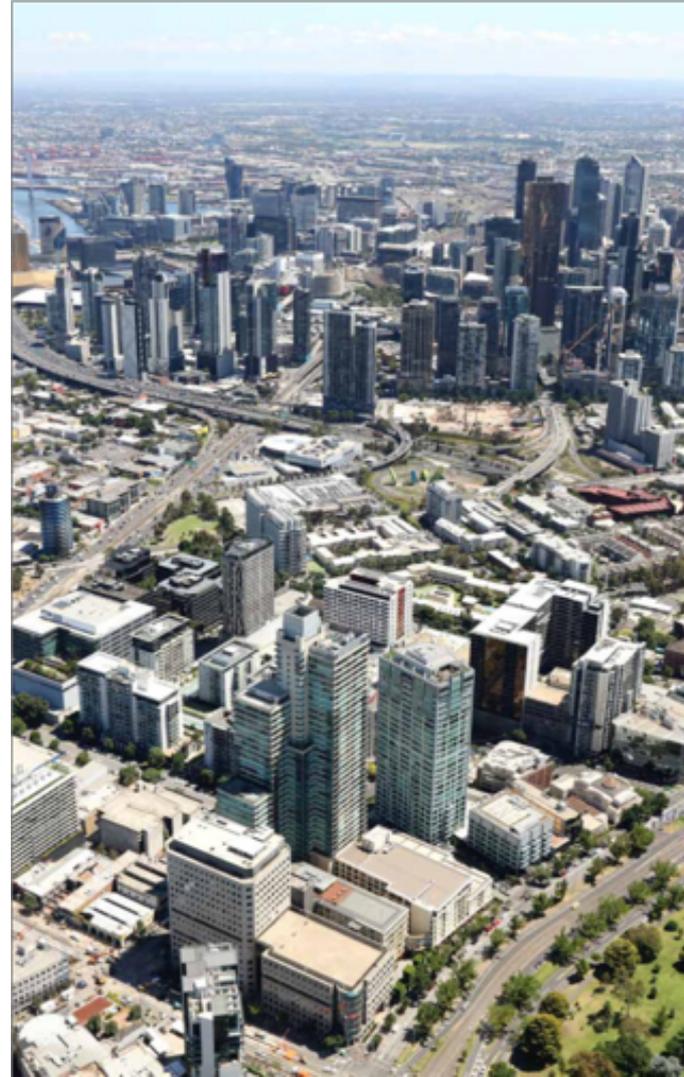


Regenerative agriculture

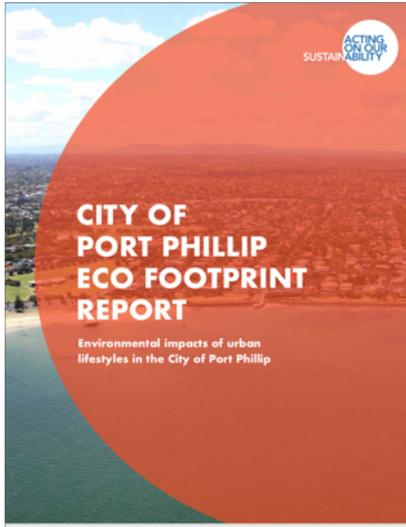


Example: City of Port Phillip Eco-Footprint project

- Investigated the environmental impacts of urban lifestyles in the City of Port Phillip, a beachside municipal council in Melbourne.
- Transdisciplinary knowledge to action project
- Qualitative and quantitative methods



Methodology & Methods

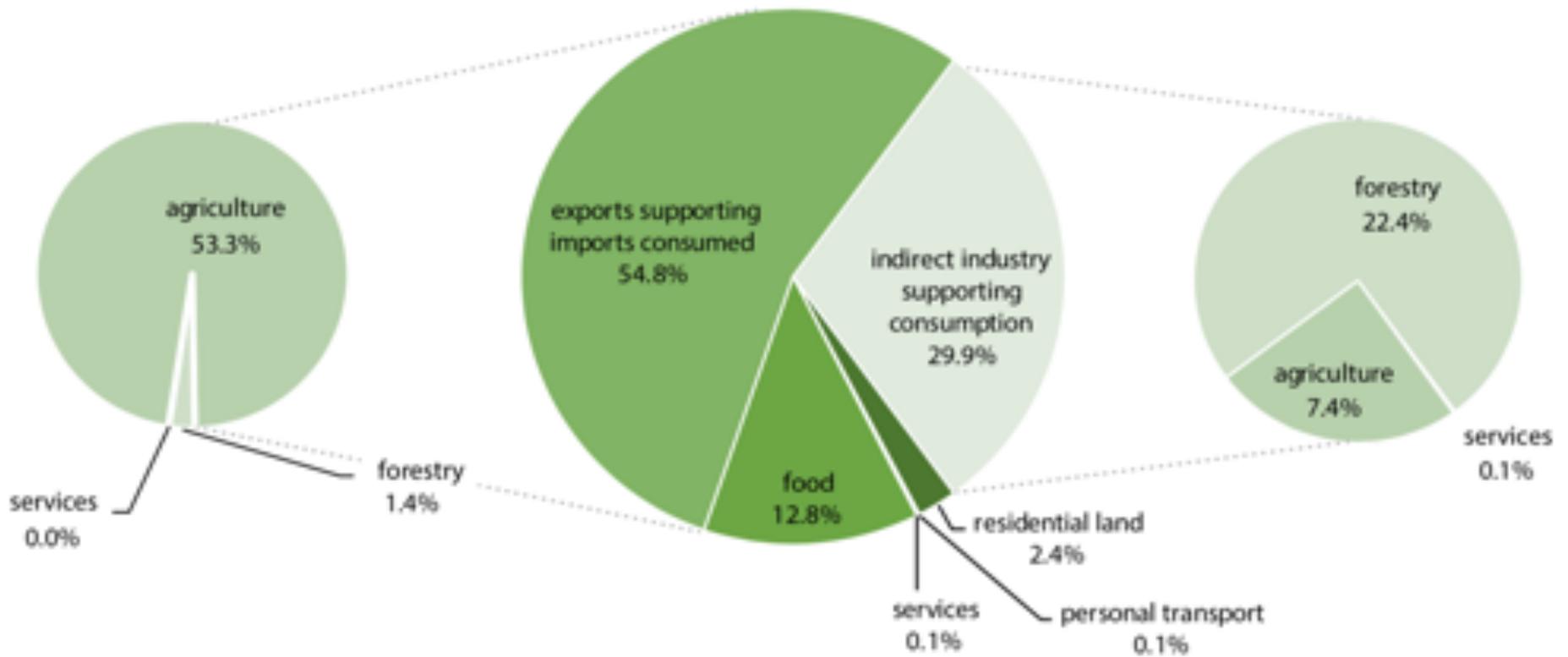
'The Natural Step' (TD project steps)	Methods	Research outputs	Public outreach
Awareness (problem formulation)	Co-development of research questions with stakeholders		
Baseline Mapping (system knowledge)	Scenario modelling (materials flow analysis and stakeholder consultation)		
Creating narratives (target knowledge)	Background research and stakeholder workshops, used SES framework		
Down to business (transformation knowledge)	Development of policy recommendations		

Research questions

- What is the city's current and future environmental footprint – the natural resources required to support urban lifestyles and the greenhouse gas emissions and waste generated?
- What are the opportunities to reduce this footprint and increase the sustainability of the city?

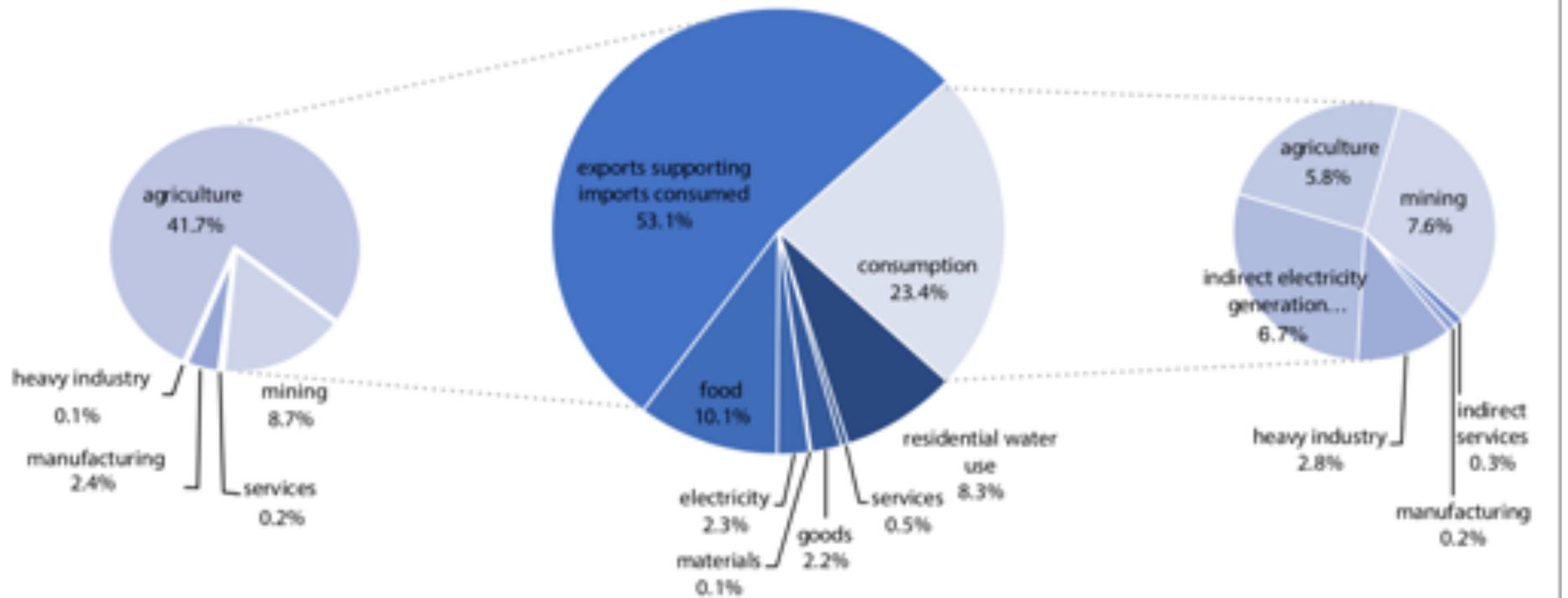
Land

48294 sqm /person



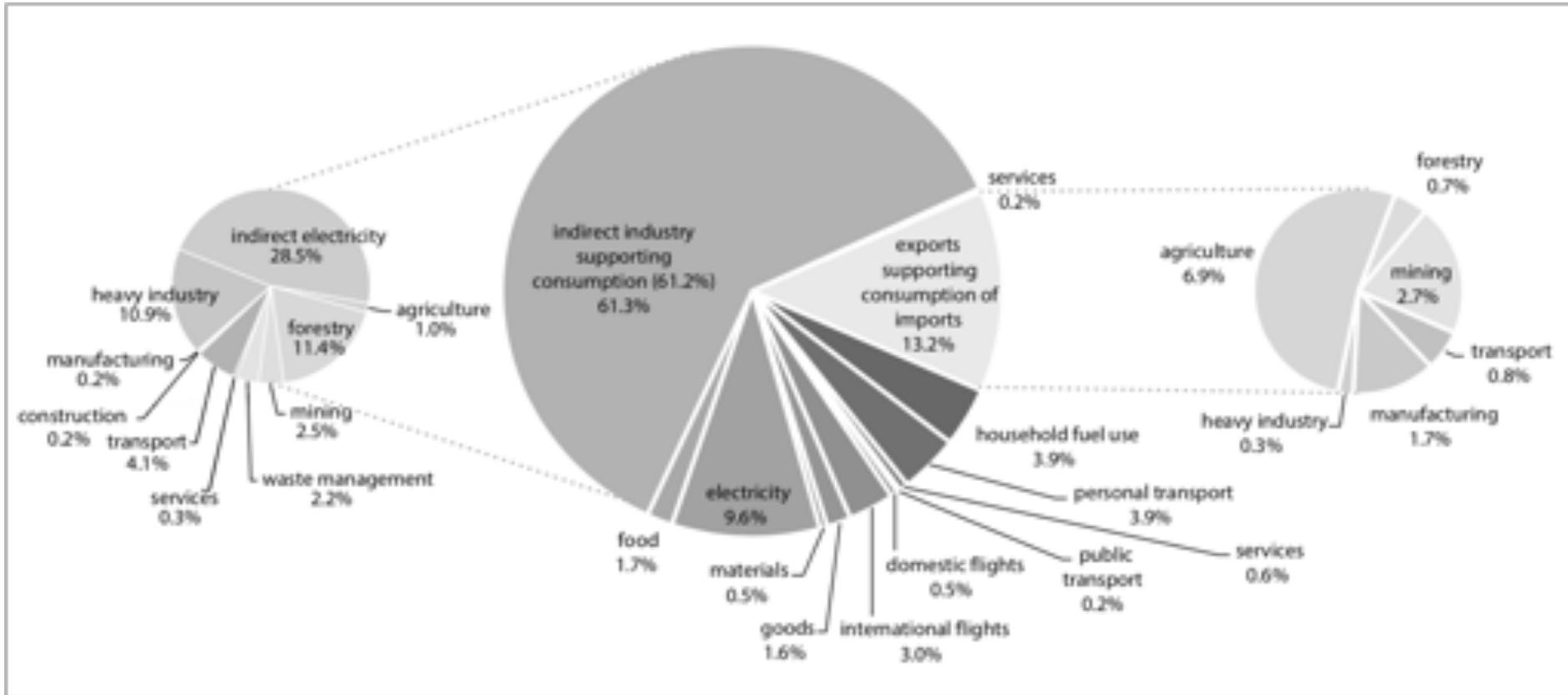
Water

3808 sqm /person/year



Carbon emissions

29798 kg /person/year



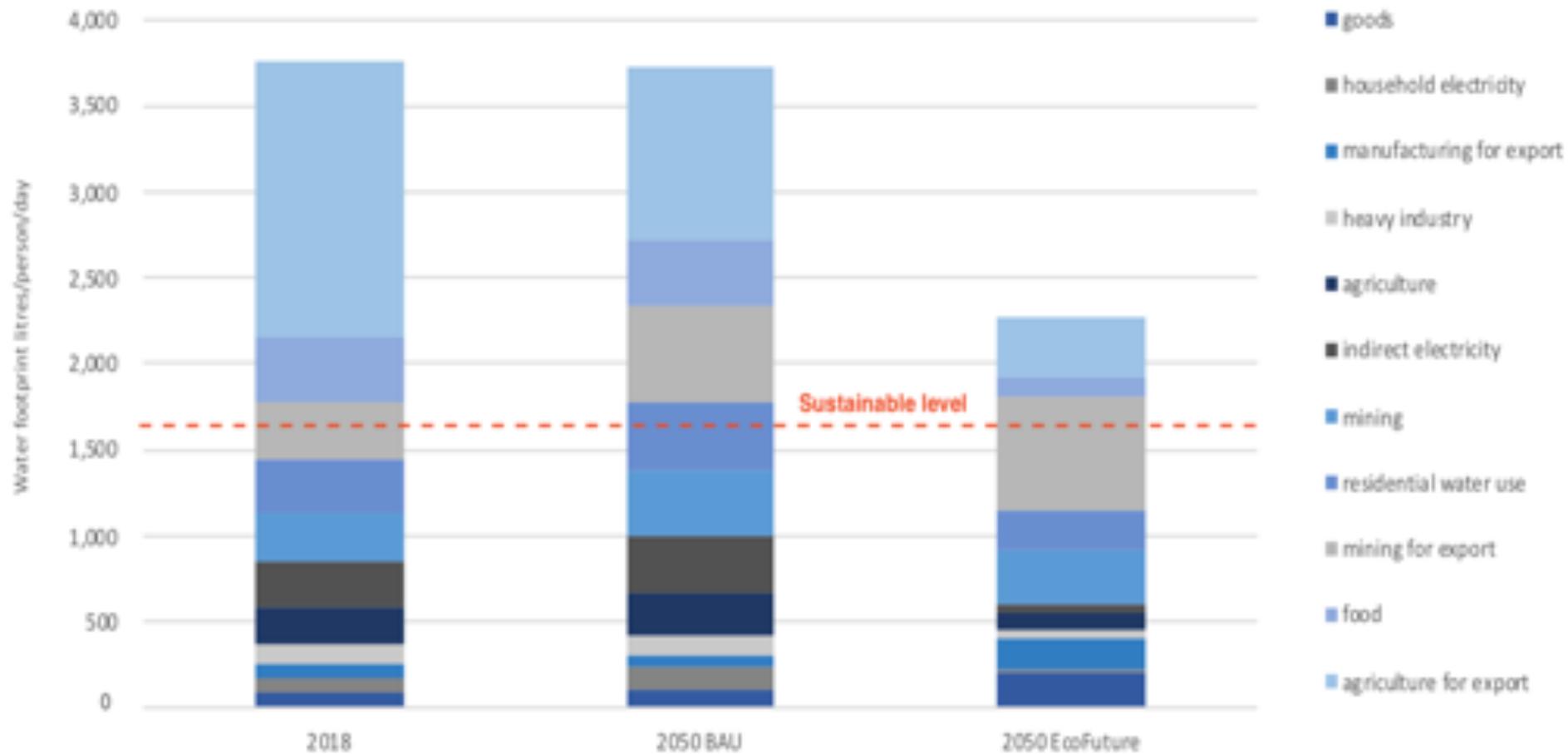
Eco-future scenario

- Better insulated homes
- Reduced consumption of goods
- Reduced consumption of red meat
- Switch to renewable energy
- Reduced car use
- Reduced consumption of imported goods

Land



Water



Policy recommendations

- Support sharing, reuse, recycling, repair programs to reduce consumption of goods
- Increase awareness about impacts of food choices and diets, and how to reduce food waste
- Encourage and support residents to switch to green power and reduce consumption of energy
- Advocate for de-carbonization of electricity supply (state level)

Thank you!

More information:

<https://research.unimelb.edu.au/foodprint-melbourne/home>

 seona.candy@helsinki.fi

 [@seonacandy](https://twitter.com/seonacandy)

 seonacandy.com