

ENG-A1009 – Practical Work Training with 3D Printers

Instructor

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Schedule - 06.05.2024

9:15 – 11:45 Lecture: Brief background on 3D printing and different technologies > closer look at material extrusion, digital and physical workflow, design guidelines & resources to help you achieve your printing needs and visions

Digital steps: Cura demo

Practical training will take place in 4 sessions as follows:

Session 1 will be held on Monday 06.05 from 13:00 to 14:00.

Session 2 will be held on Monday 06.05 from 14:00 to 15:00.

Session 3 will be held on Monday 06.05 from 15:00 to 16.00.

Session 4 will be held on Monday 06.05 from 16.00 to 17.00.

@ADDLab: Ultimakers in practice, starting a print, filament change, bed leveling, troubleshooting problems

Learning goals & outcomes

- A "surface-scrape" introduction to the world of 3D printing
- What is 3D printing what could you do with it the possibilities?
- Digital and physical steps of 3D printing
- Hands-on use of the Cura slicing software and Ultimaker 3D printers

For 1 ECTS credit: Small assignment given at the end of the lecture

NOTE: The access to an online calendar to schedule the ADDLAB 3D printers for personal projects is ONLY given to those who have gained 1 ECTS.

What is 3D printing and what to do with it?

3D printing ~ Additive Manufacturing

"Additive manufacturing is **a process of joining materials** to make parts from **3D model data**, usually **layer upon layer**, as opposed to subtractive and formative manufacturing methodologies."



3D printing ~ Additive Manufacturing (AM)



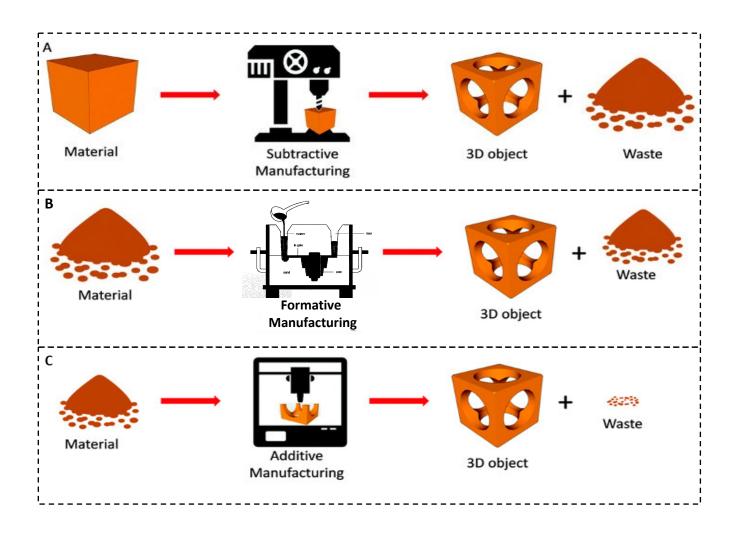
Manufacturing methodologies

Conventional

Subtractive Manufacturing

Formative Manufacturing

Additive Manufacturing





Advantages of 3D Printing



Design freedom



Customization







Sustainable production



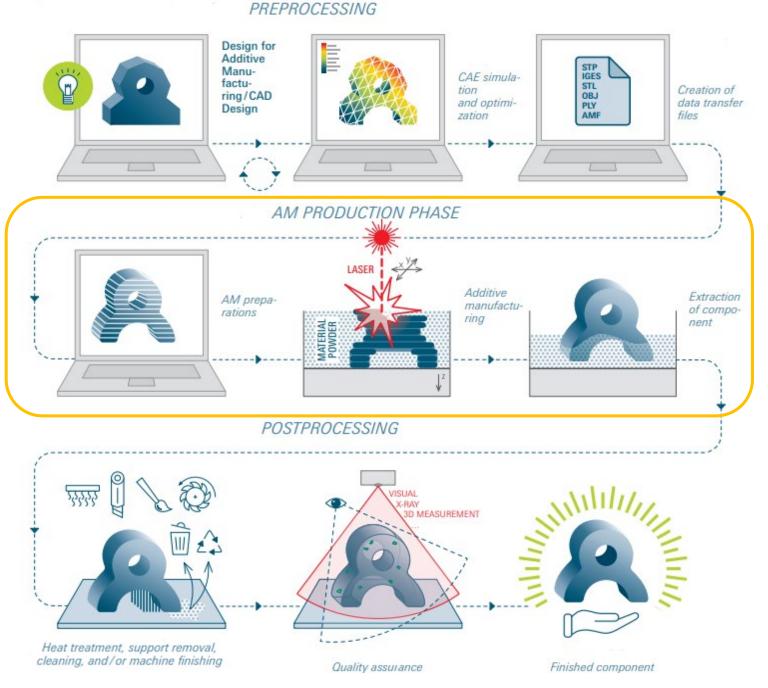




On-demand manufacturing

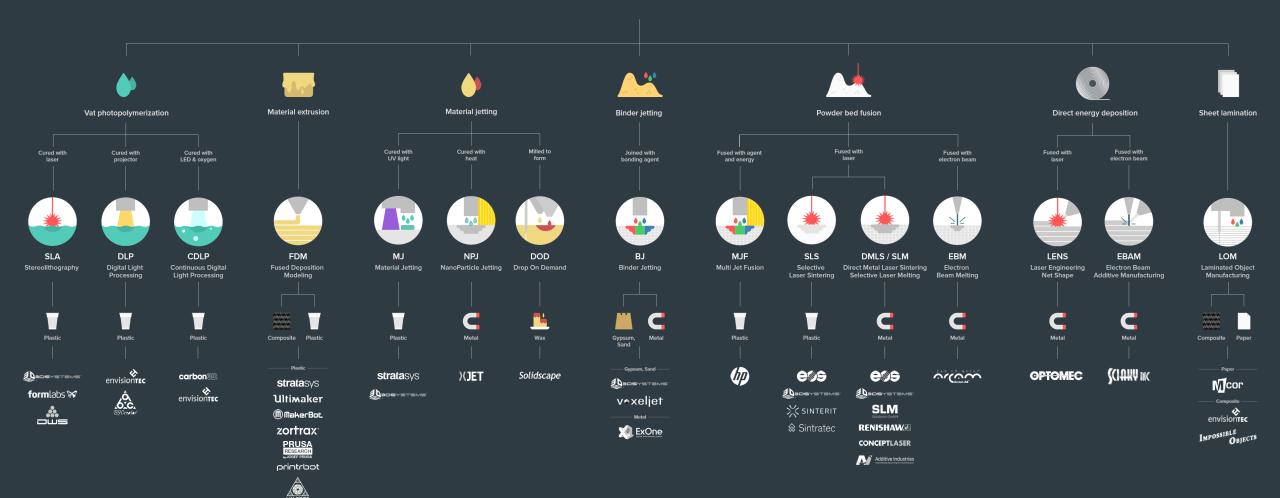


3D printing – digital to physical



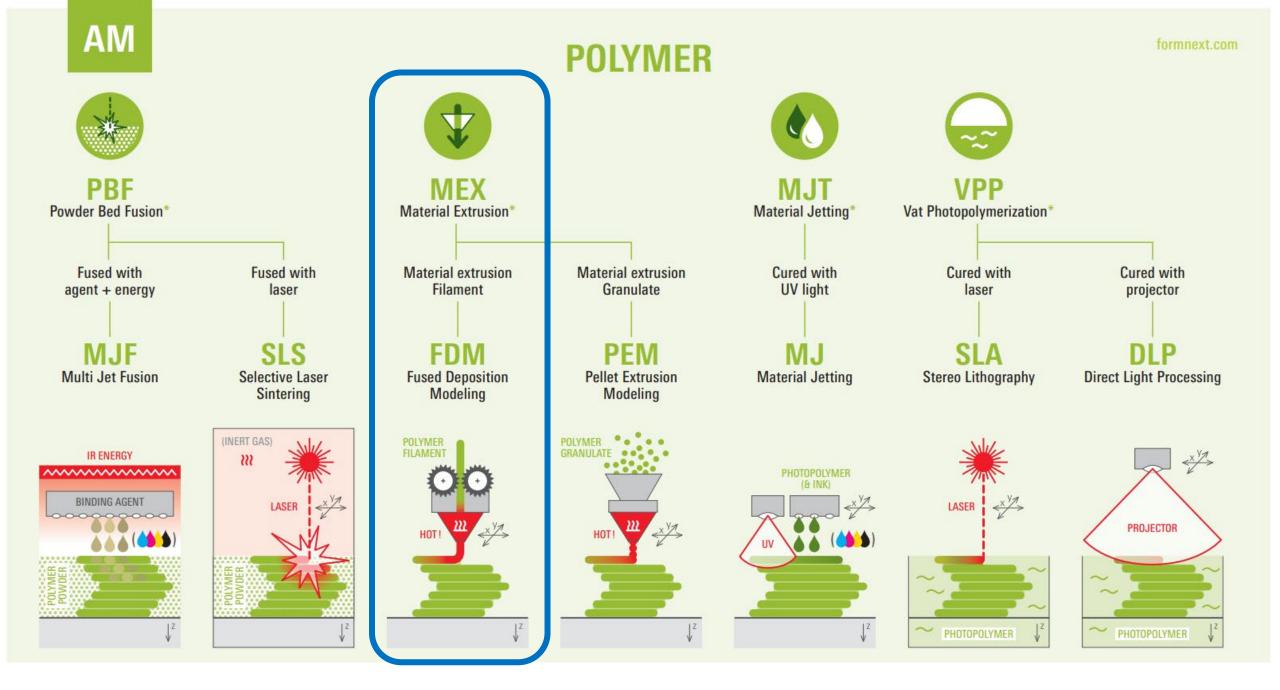
"Formnext 2022 - AM Field Guide Compact"

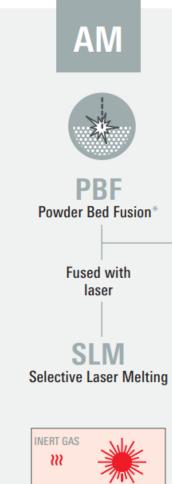
ADDITIVE MANUFACTURING TECHNOLOGIES

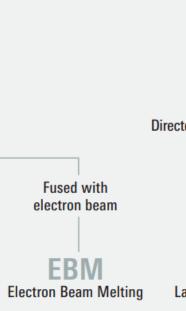




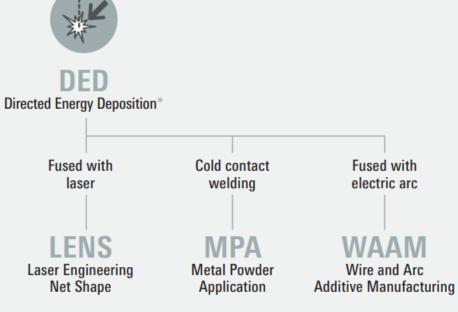
Composite (CFF) —
 Markforged





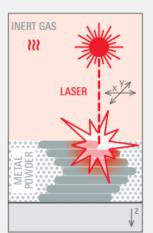


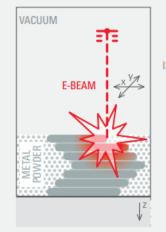




METAL

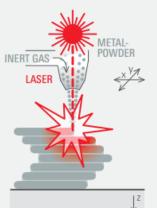




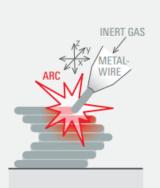


Fused with

electron beam

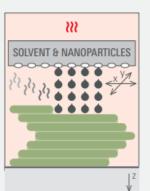




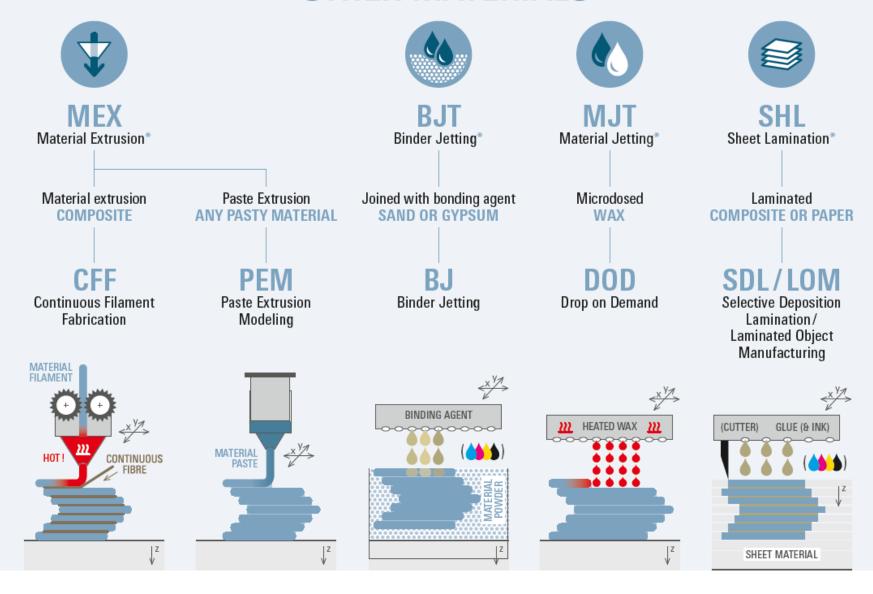








OTHER MATERIALS



Photopolymerization

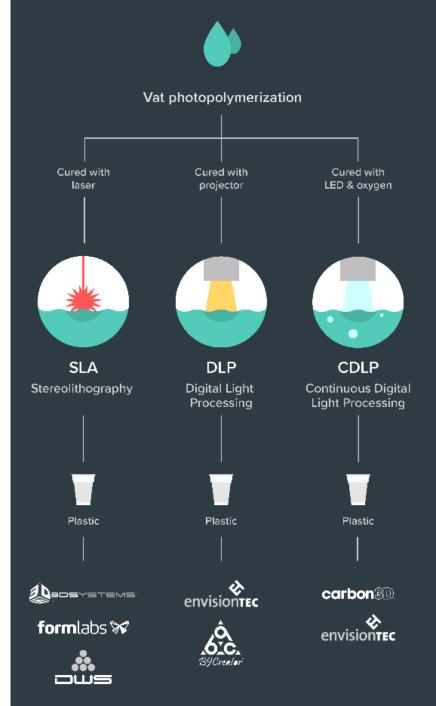
Video 01

Liquid photopolymers solidified with UV-light

The first 3D Printing technology (\sim 1984)

Mostly used for prototyping and investment casting

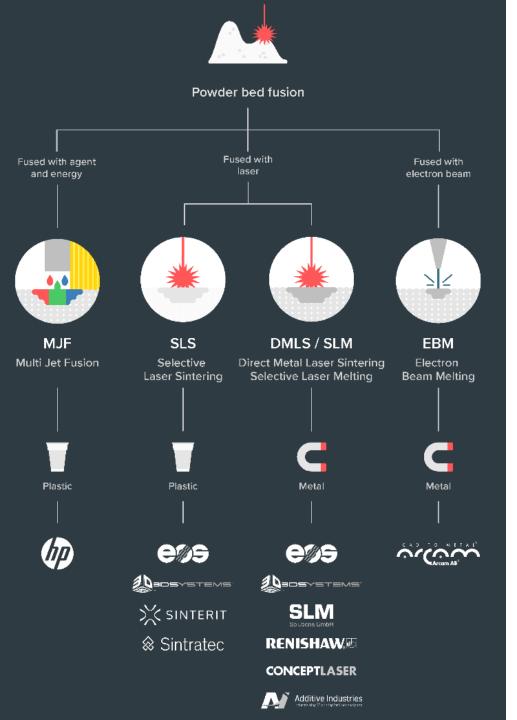
Often poor mechanical properties and parts may degrade in prolonged UV light without protective coating





First Commercially Successful Stereolithography Machine, Model SLA-1, 1987, Chuck Hull – 3D Systems

https://www.thehenryford.org/collections-and-research/digital-collections/artifact/242212/#slide=gs-249773



Powder Bed Fusion

Video 02

For plastics (MJF / SLS) and metals (DMLS / SLM / EBM)

Material in powder format

High-power, focused laser melts material layer-by-layer

Industrialized technology, end-use products

Parts have good mechanical properties

EOS M290 – behold!



http://cam.usc.edu/

Material Jetting

Or Polyjet, video 03

A cousin to photopolymerization: inkjet (2D printing tech) heads are used to drop small photopolymer droplets on the build platform which are then cured with a passing UV-light

Multi-material possibilities

Very good resolution and fine features

Again, poor mechanical properties and parts degrade with UV

Used for prototyping, medical models, and research



Direct energy deposition Fused with Fused with electron beam **LENS EBAM** Laser Engineering **Electron Beam Net Shape** Additive Manufacturing Metal Metal

Directed Energy Deposition (DED)

video 04

Powder or wire fed and melted with a laser, electron beam or a plasma arc

Poor surface finish, machining often required

Large components

Repairs of broken parts

So., what to do with all of this? video 05

Simple, (sometimes) useful everyday objects

Shoe Support



Shoe Support (Source: Mickapouel, via Thingiverse

Self-Watering Planter



Houseplants dying from neglect? NEVER AGAIN. Preplant waterer, and your conscience will remain clea for kitchen herbs, where you can make them last up re-potting in this natty device.

Who made it: Parallel Goods

Where to download it: Cults3D

Toothpaste Tube Squeezer



Squeeze every last drop of toothpaste from the tube with th tube squeezer. It prints in three separate parts, and is wide ε accommodate most tubes on the market. Not only a cool th but also something to keep your breath minty fresh.

Who made it: Justin Otten

Where to download it: Thingiverse



https://all3dp.com/1/useful-cool-things-3d-print-ideas-3d-printer-projects-stuff/

Need a custom tool onboard the International Space Station?

Yes.

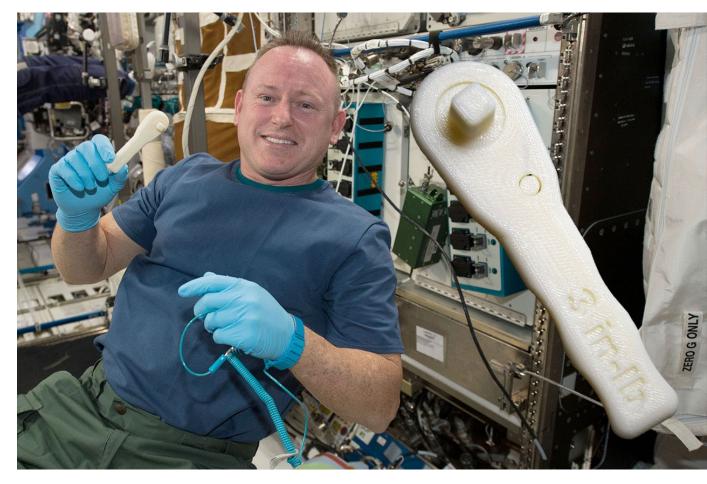
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Let me fire up the Refabricator.

NASA Artemis program is building habitats on the Moon and later on Mars.

Decreasing Earth-dependance on manufacturing assets in space.



https://blog.grabcad.com/blog/2019/02/26/sending-3d-printed-parts-and-3d-printers-into-orbit/

DIY Robotics, video 06



3D Printed Life-Size InMoov Robot

Jukebooth • 2.4K views • 8 months ago

Matt Edminster and Billy Ramey, two New England guys, bought a **3D printer** 3 years ago and what started as a hobby became a ...

4



Adeept open source 3D printed robot based on Arduino

Adeept Studio • 616 views • 4 months ago

Adeept open source 3D printed robot based on Arduino. Welcome to the website: www.adeept.com.



3D Printed Delta Robot (Arduino Controlled) 2019

isaac879 • 57K views • 9 months ago

If you enjoyed the video please leave a like and consider subscribing for more. I have always loved how delta **robots** move and ...

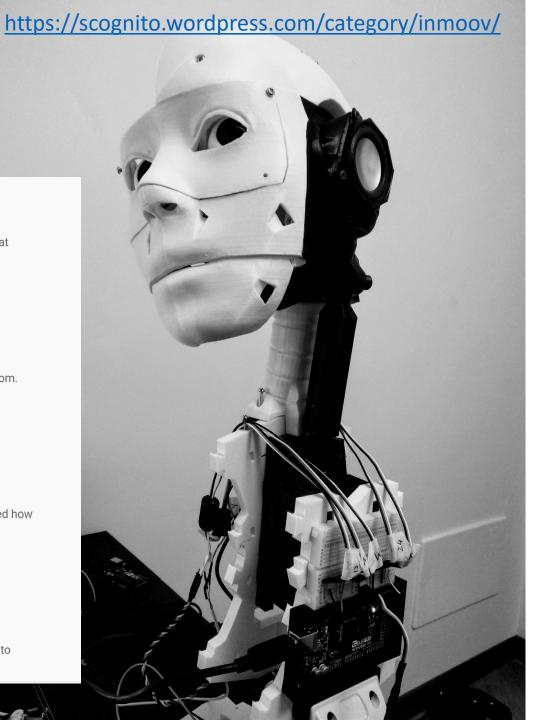


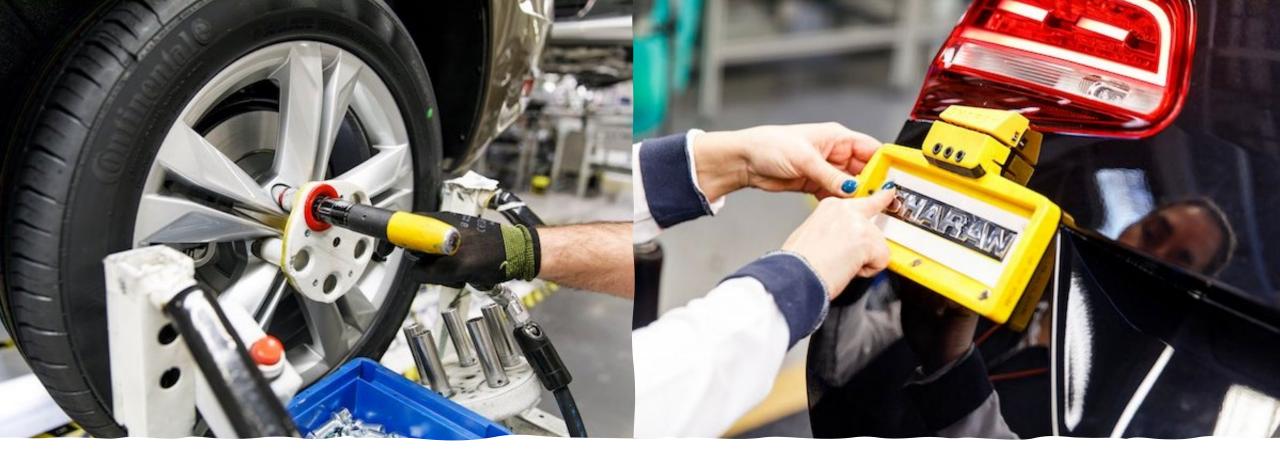
3D printed RC FPV tank rover

Brian Brocken • 12K views • 9 months ago

I designed the tank in a way that it can be almost completely **3D-printed**. It's of course inevitable to truely completely **3D print** the ...

YouTube : some search results for "3d printed robot" published last year (2020)



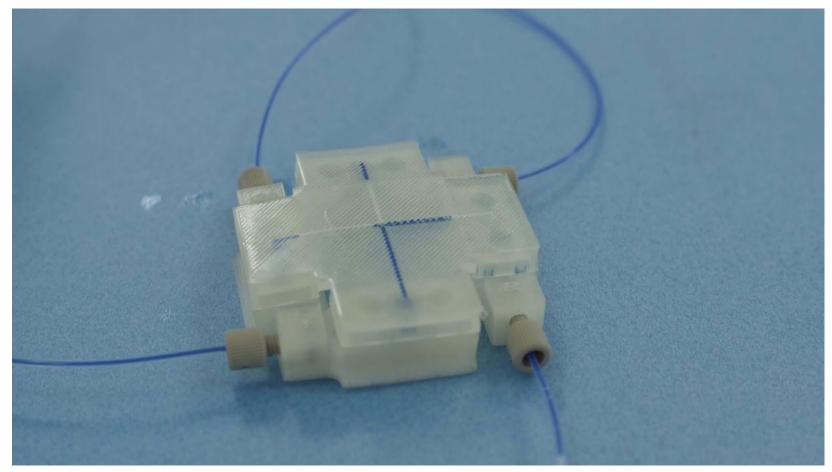


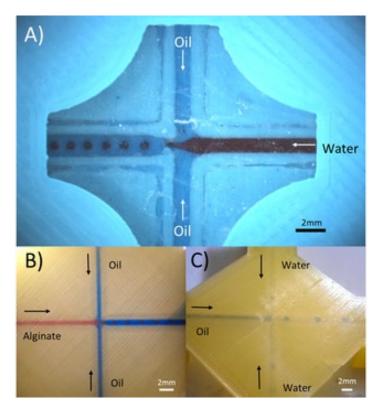
Volkswagen: video_07

Jigs and fixtures to help assemble cars

• https://www.tctmagazine.com/can-you-jig-it-volkswagen-ultimaker-3d-printing/

Microfluidic devices with an Ultimaker





Morgan, A. J., San Jose, L. H., Jamieson, W. D., Wymant, J. M., Song, B., Stephens, P., ... & Castell, O. K. (2016). Simple and versatile 3D printed microfluidics using fused filament fabrication. *PloS one*, *11*(4).



Adidas

• https://3dprintingindustry.com/news/adidas-to-release-a-new-version-of-3d-printed-shoe-alphaedge-4d-155578/

Kalevala Koru – jewellery with 3D Printing



Also this can be a goldsmith's tool. The 3D model of the Snow Flower is being prepared using the drawing pad and the computer.



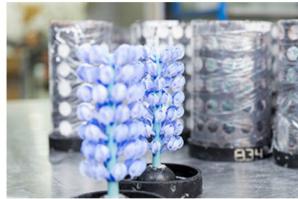
Snow Flowers printed in blue wax with a 3D printer.



Some of the wax models are still created traditionally by hand. Hot wax is injected inside a rubber mold and the solidified wax model is carefully removed from the mold.



The wax flowers are ready for the next stage.



The wax models are attached to a wax pole forming tree-like structures. The trees are placed inside a cylinder which is then cast with plaster. Numbers on the cylinders mark the different treatments each cylinder receives depending on the jewelry model that is being produced.

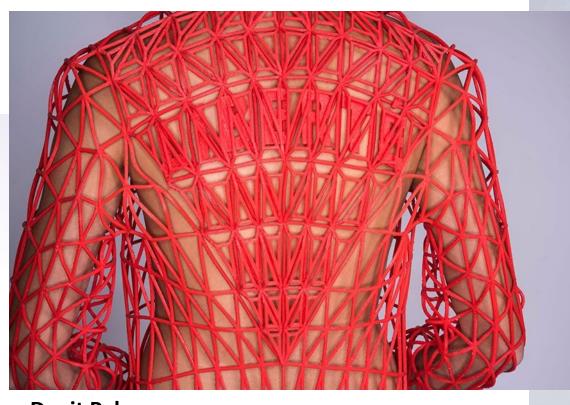


The wax has been melted off from the cylinder and replaced with molten metal.



3D Printing in Fashion





Danit Peleg



JULIA KÖRNER

SALZBURG I LOS ANGELES









BLACK PANTHER

Glass / Ceramics / Concrete 3D printing



Neri Oxman



Ashish Mohite



Company 'Concreative'



3D printed house in Dubai



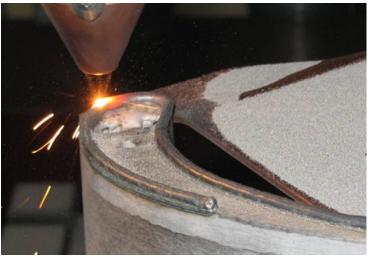
Eco-sustainable 3D printed house (local and recycled materials) - Tecla, 3D printed by WASP

https://www.youtube.com/watch?v=w9sXqxccRPM&t=12s



Repair of blades







Repairing blades of different kinds is a common application of DED. The worn tips are regrown and machined to shape.

Sources: https://www.oerlikon.com/metco/en/products-services/coating-services/coating-services-laser-cladding/component-manufacturing-and-repair//

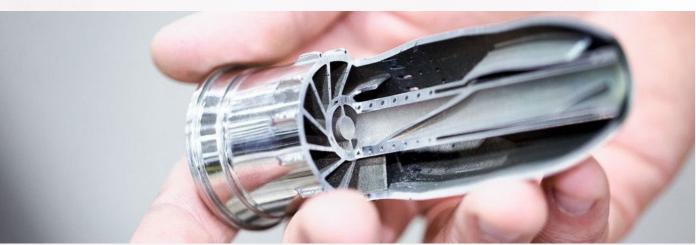


LEAP fuel nozzle

Part Consolidation - previously almost 20 parts welded together, now 1 single part : 3D printed, machined, and heat treated. Already 30 000+ made.

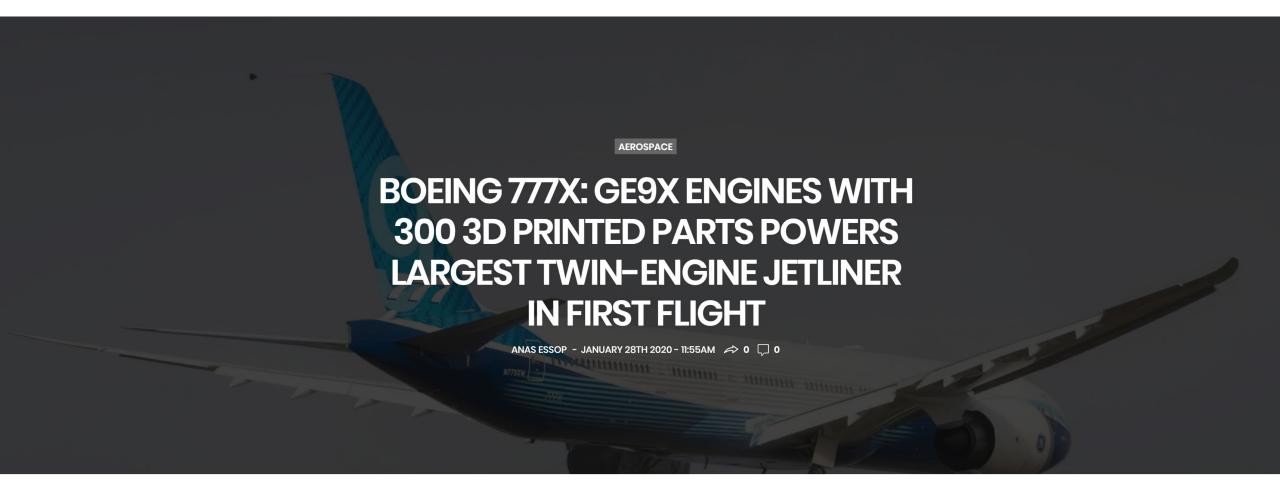
https://www.geaviation.com/commercial/engines/ge9x-commercial-aircraft-engine

https://www.ge.com/reports/heirs-gutenberg-ge-adding-next-chapter-3d-printing-push-germany/





Jet Engine Parts



Let's take a break!

Remember to register for practical sessions!

Material extrusion | The printers you will use today



Material Extrusion (FDM)



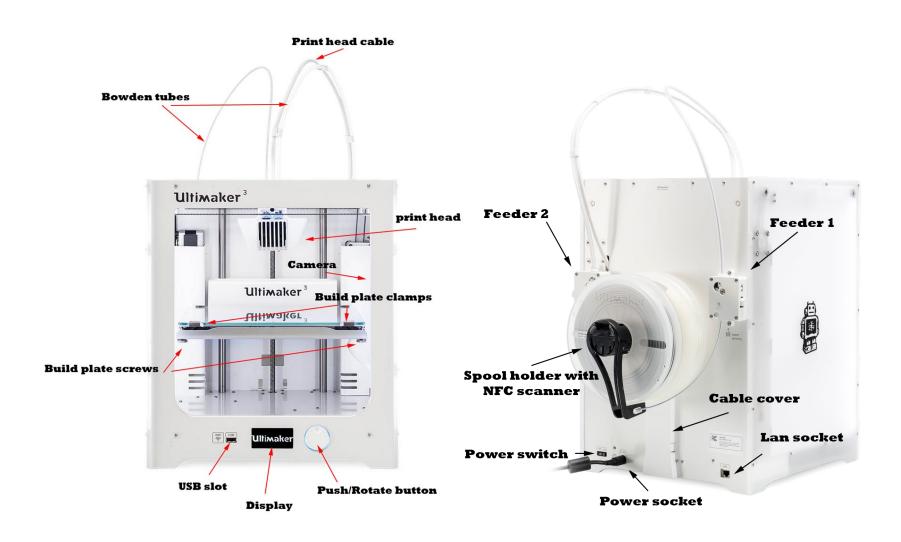


Material Extrusion (FDM) – video 09 1,

<u>video</u> 09 2



Ultimaker – what is what



Ultimaker 3:

https://ultimaker.com/en/resources/45871-anatomy-of-an-ultimaker-3

Ultimaker 2:

https://ultimaker.com/en/resources/22131-anatomy-of-an-ultimaker-2

Material Extrusion Systems

Main differences:

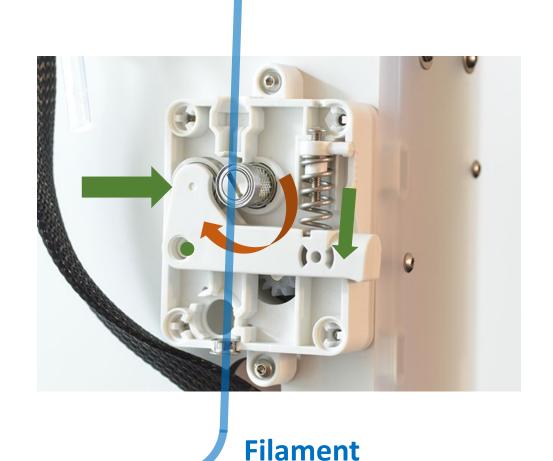
- Movement of the extruder, the build plate or both: Cartesian or polar coordinates, delta arrangement or with an industrial robot
- Extruder type; filament-, plunger- and screw-based
- Bowden or Direct extruder
- Open or Closed build volume
- No heating, Heated build plate and/or heated build volume
- Higher temperature nozzles for more exotic materials (like PEEK, ULTEM, PPSU)







Feeder assembly (bowden)

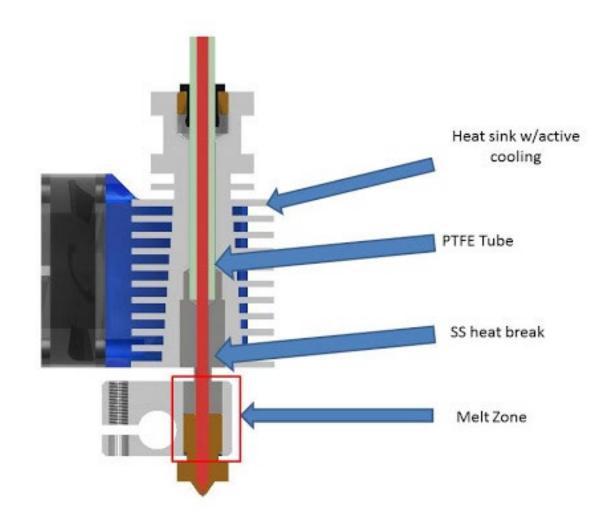


Stepper motor (geared) rotates feeder screw

Spring loaded arm + bearing compresses filament
against the feeder screw to move it towards the
extruder

! Please do not adjust or open the Feeder boxes yourself. In case of a problem, ask the ADDLAB staff to do it!

Extruder assembly (example)



Digital workflow, software & design

3D printing – digital to physical

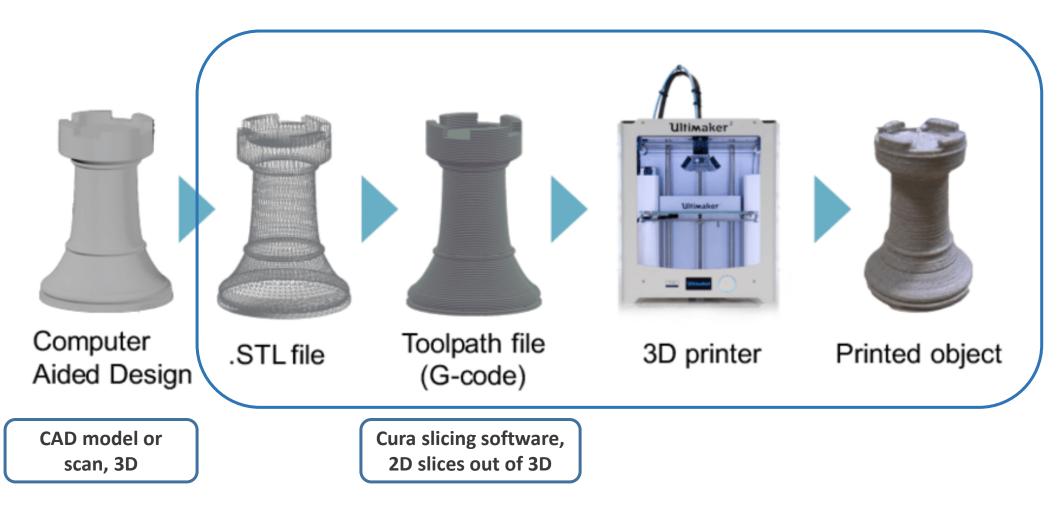
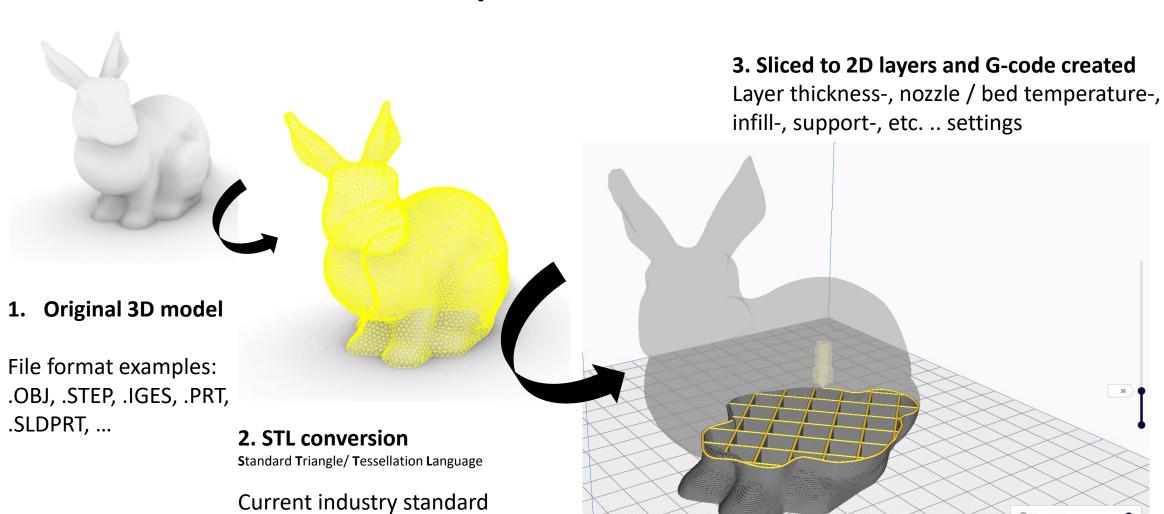


Image source: Gao, Yang & Li, Borui & Wang, Wei & Xu, Wenyao & Zhou, Chi & Jin, Zhanpeng. (2018). Watching and Safeguarding Your 3D Printer: Online Process Monitoring Against Cyber-Physical Attacks. Proceedings of the ACM on Interactive, Mobile, Wearable and Ubiquitous Technologies. 2. 1-27. 10.1145/3264918.

From 3D model to printable file

for 3D printing

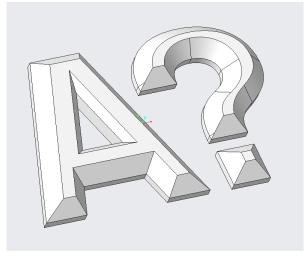


STL conversion (3D model to .stl)

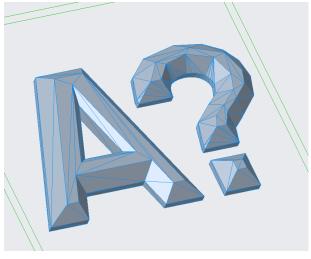
STL (Standard Tessellation Language) https://en.wikipedia.org/wiki/STL (file format)

Approximates a surface of a solid 3D model by dividing it into triangles and normal vectors

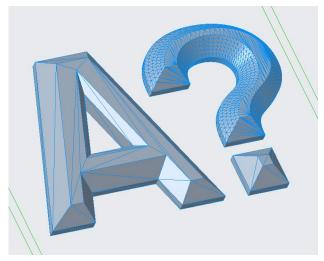
Is the most common file format that the slicing software understands Supported by almost all 3D modeling software



3D model (Creo .prt), 143 KB



.stl coarse settings, 14 KB



.stl fine settings, 96 KB

G-code – commands for the printer

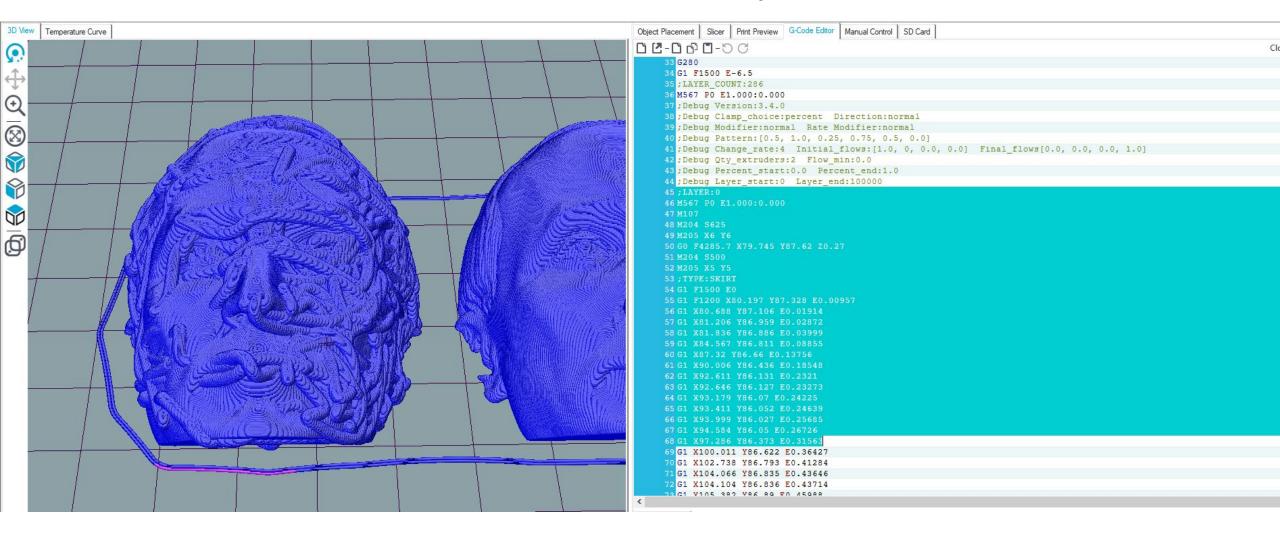
```
GO X12 ; move to 12mm on the X axis
GO F1500 ; Set the feedrate to 1500mm/minute
G1 X90.6 Y13.8 E22.4 ; Move to 90.6mm on the X axis and 13.8mm on the Y axis while extruding 22.4mm of material
```

Some example G-code commands (RepRap):

G0 – rapid move M109 – Set extruder temperature G1 – linear move M204 – Set default acceleration

G28 – move to Origin (Home) ... etc. refer to https://reprap.org/wiki/G-code

G-code – commands for the printer



Those who are interested to better visualize, understand, and edit G-code, Repetier-Host: https://www.repetier.com/ (free)

Where to get 3D models?

The Internet is full of printable 3D files: maker communities, databases, 3D model shops: Google "3d models for printing" → Thingiverse, Cults, Pinshape, GrabCAD, MyMiniFactory... https://reprap.org/wiki/Printable_part_sources

• 3D scan an existing geometry for 3D printing

- 3D model your own parts
 - Ask a friend to 3D model for you
 - Pay a friend to 3D model ..
 - Pay a company to 3D model ..

3D Modeling Software

BEGINNERS

TinkerCAD (free) - https://www.tinkercad.com/

Meshmixer (3D Sculpting and mesh modifications, free, being replaced by Fusion 360) - http://www.meshmixer.com/

FreeCAD - https://www.freecadweb.org/downloads.php

Autodesk Fusion 360 (free license for students and makers) - https://www.autodesk.com/campaigns/fusion-360-for-hobbyists
Onshape (cloud-based CAD) - https://www.onshape.com/education-plan

Solidworks, Creo, Siemens NX (Aalto student license) - https://download.aalto.fi/student/

Blender (free, from mesh-based modeling to producing an animation movie) - https://www.blender.org/download/

Rhinoceros (Installed in some ARTS computer classes, Grasshopper included for algorithmic design)



Autodesk Netfabb, **Altair Inspire** (Lattice design and topology optimization, student licenses available on request)
Options for programmatic 3D modeling: **OpenSCAD**, **ImplicitCAD**, **Matlab**, **etc**.

3D Scanning for a printable model, video 10

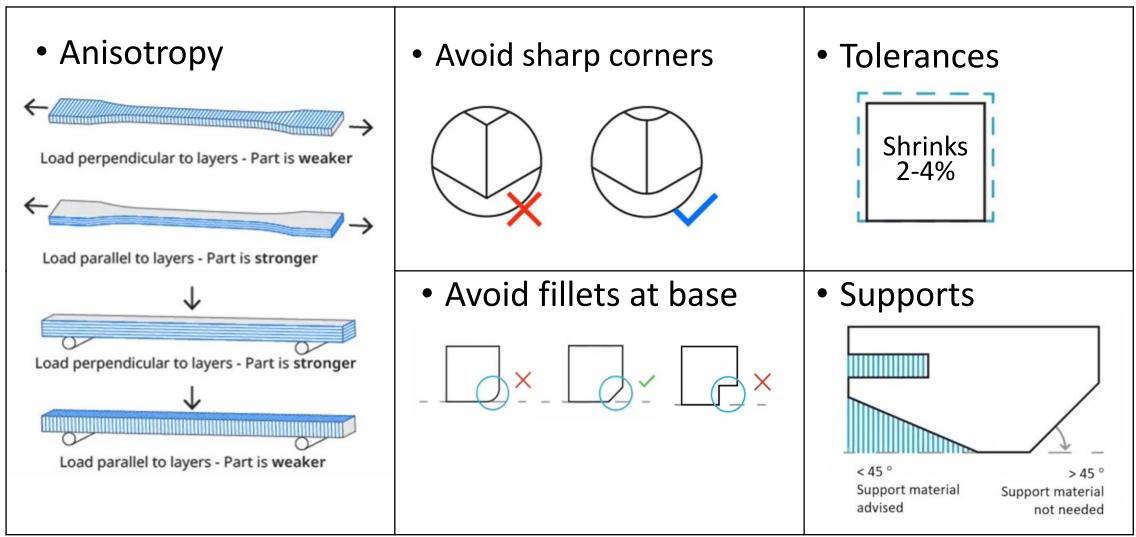


3D HUBS

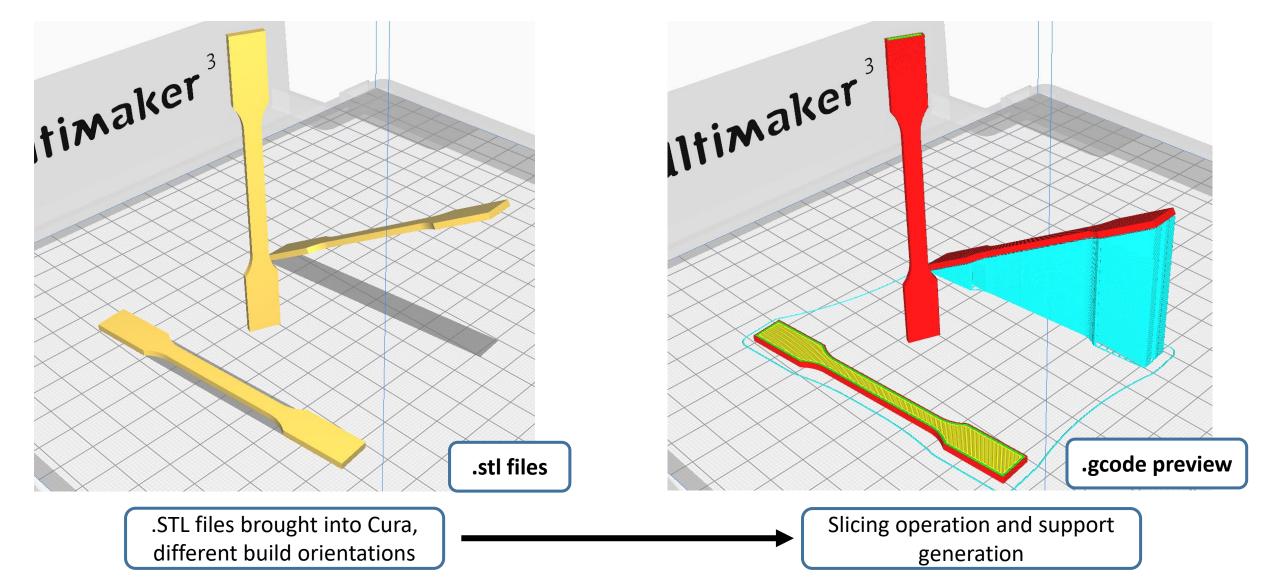
DESIGN RULES FOR 3D PRINTING

	Supported Walls	Unsupported Walls	Support & Overhangs	Embossed & Engraved Details	Horizontal Bridges	Holes	Connecting /Moving Parts	Escape Holes	Minimum Features	Pin Diameter	Tolerance
	Walls that one connected to the rest of the print on at least two sides.	Unsupported walls are connected to the rest of the print on less than two sides.	The maximum angle a wall can be printed at without requiring support.		The span a technology can print without the need for support.	The minimum diameter a technol- ogy can successfully print a hole.	The recommended clearance between two moving or connecting parts.	The minimum diameter of escape holes to allow for the removal of build material.	The recommended minimum size of a feature to ensure it will not fail to print.	The minimum diameter a pin can be printed at.	The expected tolerance (dimensional accuracy) of a specific technology.
Fused Deposition Modeling	0.8 mm	0.8 mm	45°	0.6 mm wide & 2 mm high	10 mm	Ø2 mm	0.5 mm		2 mm	3 mm	±0.5% (lower limit ±0.5 mm)
Stereo- lithography	0.5 mm	1 mm	support always required	0.4 mm wide & high		Ø0.5 mm	0.5 mm	4 mm	0.2 mm	0.5 mm	±0.5% (lower limit ±0.15 mm)
Selective Laser Sintering	0.7 mm			1 mm wide & high		Ø1.5 mm	0.3 mm for moving parts & 0.1 mm for connections	5 mm	0.8 mm	0.8 mm	±0.3% (lower limit ±0.3 mm)
Material Jetting	1 mm	1 mm	support always required	0.5 mm wide & high		Ø0.5 mm	0.2 mm		0.5 mm	0.5 mm	±0.1 mm
Binder Jetting	2 mm	3 mm		0.5 mm wide & high		Ø1.5 mm		5 mm	2 mm	2 mm	±0.2 mm for metal & ±0.3 mm for sand
Direct Metal Laser Sintering	0.4 mm	0.5 mm	support always required	0.1 mm wide & high	2 mm	Ø1.5 mm		5 mm	0.6 mm	1 mm	±0.1 mm

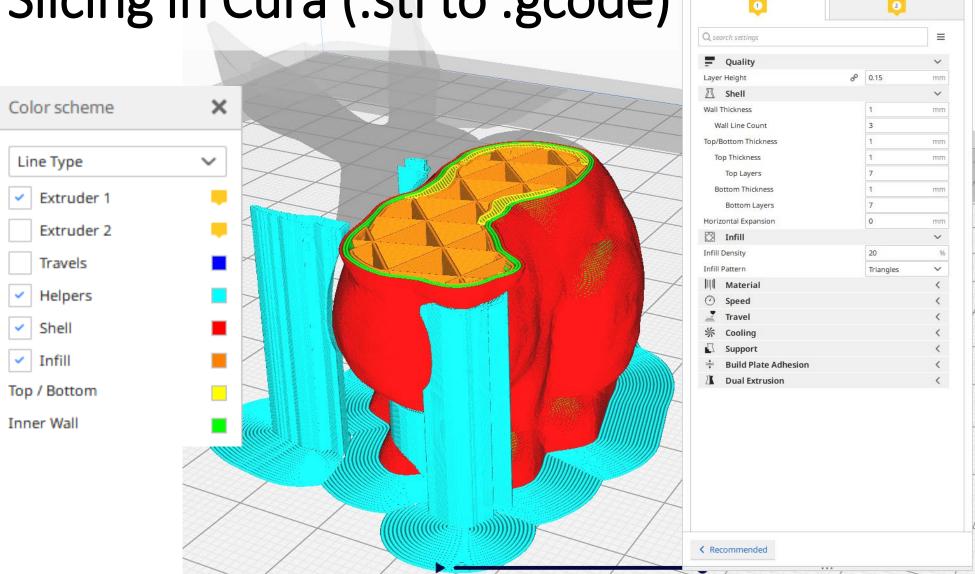
DFAM



Build orientation, overhangs, support structure



Slicing in Cura (.stl to .gcode)



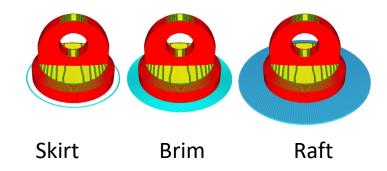
Print settings

Normal 0.15mm

*~

1 hour 52 minutes |||| 15g · 1.88m

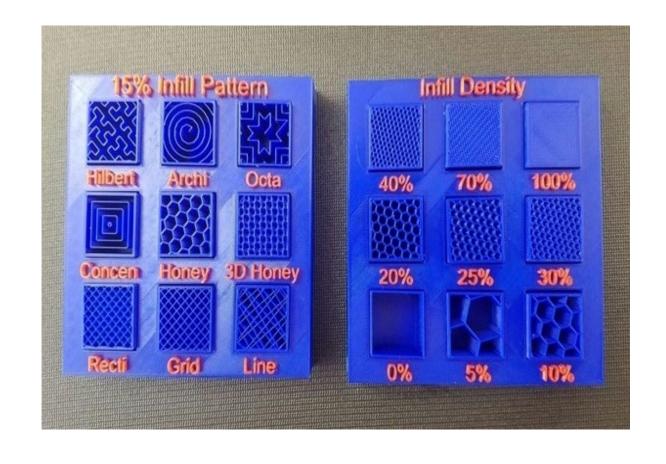
Adhesion, Layers and Infill



Quality (layer-height difference)



Layer height: Approx print time 0.06mm 30mins 0.1mm 18mins 0.2mm 9mins





Software Overview & preparing an .STL file for printing

• https://ultimaker.com/software/ultimaker-cura

"Just press play and pick the finished part later" aka 3D Printing Troubleshooting:

Nozzle Height & Build Plate Adhesion

Too High



Too much distance will cause the filament to extrude into the air.

This is wil not stick to the bed.

Perfect



The tip of the nozzle is adding slight pressure to the top of the filament, greatly increasing how much filament is securely sticking to the bed and subsequent layers.

Too Low



The filament is not flowing properly, which can cause retrograde extrusion. Layers are predominantly choppy and short. Continued printing in this manner will likely cause a jam.

Under- / over extrusion

Not enough / too much material flow

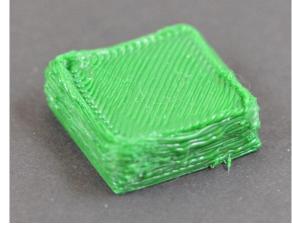
Good material flow is a balance between nozzle diameter, print speed, temperature, and material flow rate

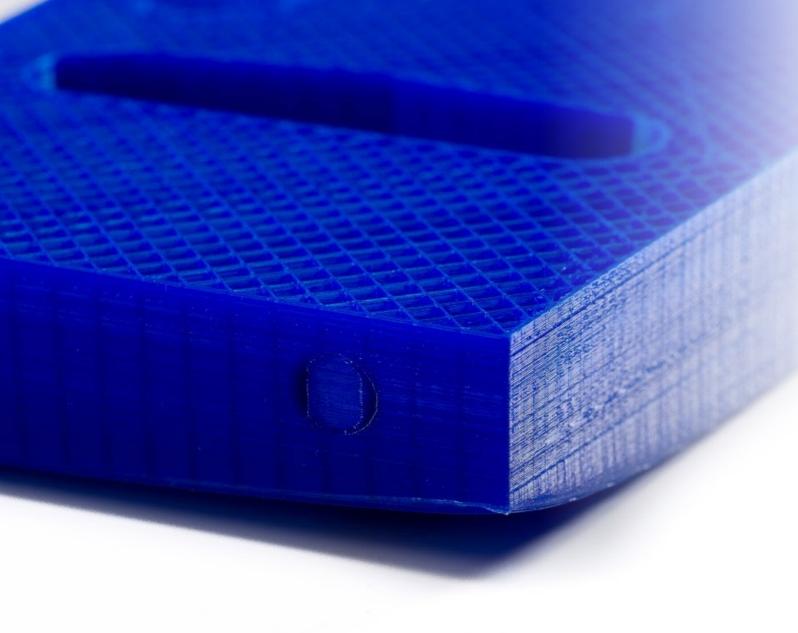
> double-check the Cura settings

Might be caused by feeder issues, or a clogged hot-end

> Use another Ultimaker and report a problem to the ADDLAB staff







Warping

- Caused by material shrinkage
- Avoidable with good build plate leveling, adhesion to the plate (first layers), and proper but not excessive cooling.
- A 'brim' or a 'raft' can help (See Cura settings)
- Large, flat 3D designs will warp more likely!

Filament skipping or grinding

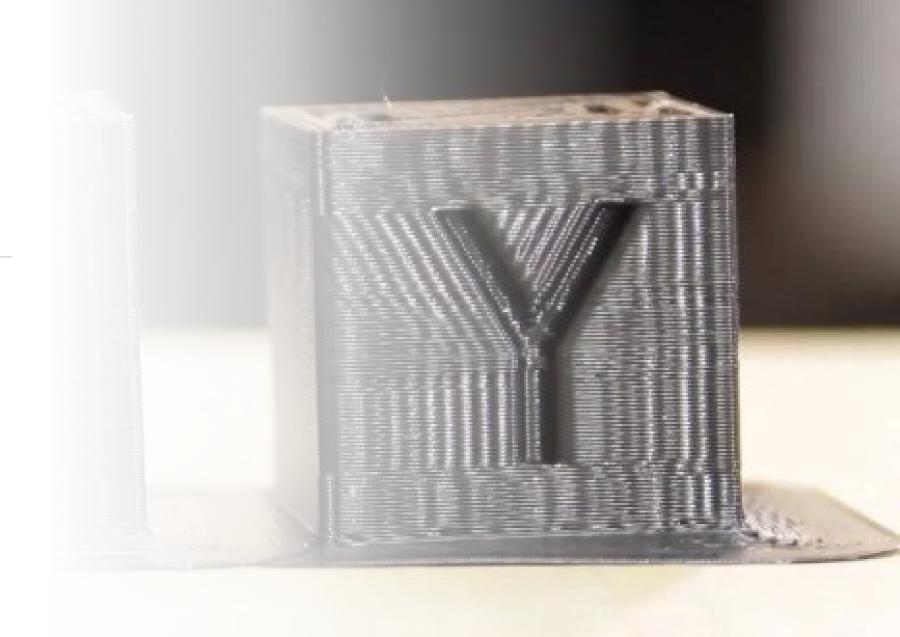
Feeder spring tension either too low or too high

Too many retraction moves (in a complex print) can cause grinding

Too low nozzle temperature: material is not properly melted, and more pressure is required to push the filament => grinding

Ghosting/Ringing

- visual waves or rippling on the print surface
- Problem Vibrations and speed
- Reduce the speed
- And oil the bearings





Stringing

- Caused by material leaking during print head travel movements
- Affected by printing temperature (more strings with higher temperature), print speed (+ travel speed) and 'retraction' settings
- 'Retraction' means a small recoil, or counter movement. The extruder will drive filament back to prevent leaking.

Cracking

- layer will not stick to the previous layer
- happens when the top layers begin to cool faster and there is less adhesion between the individual layers
- Change material
- Reduce layer height

Online help

https://community.ultimaker.com/

https://rigid.ink/pages/ultimate-troubleshooting-guide

YouTube tutorials

ADDLAB and 3D Printers

Booking the Ultimakers

After the workshop, you could get access to "ADD DMF Google Calendar", check which printers are available, and make reservations.

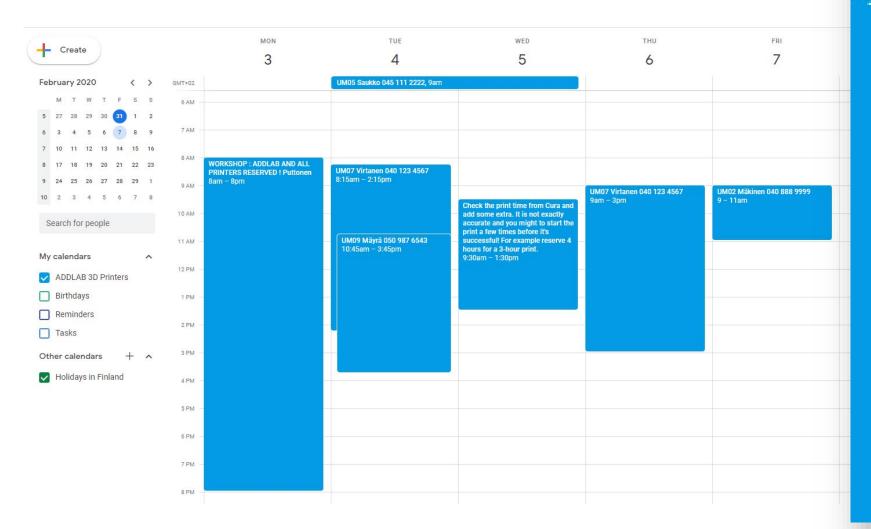
Write (clearly) your email in the participation list, we will send a link to join the calendar.

To reserve a printer for a time slot, simply add an entry in the "ADD DMF Google Calendar" (not in your personal Google Calendar) with:

The printer number, your name, your phone number:

Example: UM22_Bond_James_040xxxxxxx

Booking the Ultimakers



UM07 Virtanen 040 123 4567 9am – 3pm

ADDLAB - code of conduct



https://www.picpedia.org/post-it-note/c/code-of-conduct.html

- Treat everyone and everything respectfully:)
- Don't make a mess. Clean your workspace before you leave
- Return all tools to their own places
- Report broken things
- Ask and give help
- Minimize the amount of new plastic waste to the world

Learn more about 3D Printing

- Go to ADDLAB, 3D print more, and learn by doing
- MEC-7006 Advanced Manufacturing course (5 credits), organized every Spring
- MEC-E7009 Design for Additive Manufacturing L (5 ECTS), organized every Spring
- https://ultimaker.com/en/resources/education/getting-started-with-an-ultimaker
- https://www.youtube.com/user/Ultimaker3D/videos and numerous other info / tutorial videos on YouTube
- **Redwood, B., Schffer, F., & Garret, B. (2017).** The 3D printing handbook: technologies, design and applications. 3D Hubs.

Scientific sources:

- Gibson, I., Rosen, D. W., & Stucker, B., Khorasani, M. (2021). Additive manufacturing technologies. New York: Springer.
- Ngo, T. D., Kashani, A., Imbalzano, G., Nguyen, K. T., & Hui, D. (2018). Additive manufacturing (3D printing): A review of materials, methods, applications and challenges. *Composites Part B: Engineering*, 143, 172-196.12-224.
- DebRoy, T., Wei, H. L., Zuback, J. S., Mukherjee, T., Elmer, J. W., Milewski, J. O., ... & Zhang, W. (2018). Additive manufacturing of metallic components—process, structure and properties. *Progress in Materials Science*, 92, 1
- https://scholar.google.com/ and search 'additive manufacturing'

Assignment

Assignment (1 credit)

Please note:

The part that needs to be printed for the assignment **must be different** from what you print for the workshop session.

Reserve an ADDLab 3D printer with the "ADD DMF Google Calendar", 3D print a part of your selection, and prepare a short report (max 1-2 pages) including:

- A screenshot of the part from the Cura slicer software (in the Cura *Preview mode*) with the print orientation and main print parameters visible + a picture of the finished 3D-printed part
- 1. Description of the part and its function
- 2. What difficulties or problems did you face while 3D printing? How did you solve them?
- 3. How could you reduce the printing time of your part (e.g., via adjusting Cura parameters, print orientation, or modifying the 3D design of the part)?
- 4. How could you maximize the quality and surface finish of your part (e.g., via adjusting Cura parameters, print orientation, or modifying the 3D design of the part)?
- Add the report to the Assignment submission tab on MyCourses, title: "ENG-A1009 Assignment your name" deadline Fri 24.05.2024.
- For any queries, write to kirsi.kukko@aalto.fi.

See you at ADDLab!

K4 building seafront

Access from Sähkömiehentie 4 J Corridor to the end and U-turn – voilà!

https://www.aalto.fi/en/locations/addlabhourslocation?check_logged_in=1

